



**VŠEOBECNÁ FAKULTNÍ  
NEMOCNICE V PRAZE**



**1. LÉKAŘSKÁ  
FAKULTA**  
Univerzita Karlova

# **ABLACE MIMO PLICNÍ ŽÍLY S VYUŽITÍM PFA**

**Štěpán Havránek**

**II. interní klinika – klinika kardiologie a angiologie  
1. LF UK a VFN v Praze**



# Proč ablovat mimo plicní žíly?

Izolace plicních žil je základní krok při ablaci AF

Rekurence AF, zejména u perzistentních AF

Existence extra PV zdrojů a substrátu

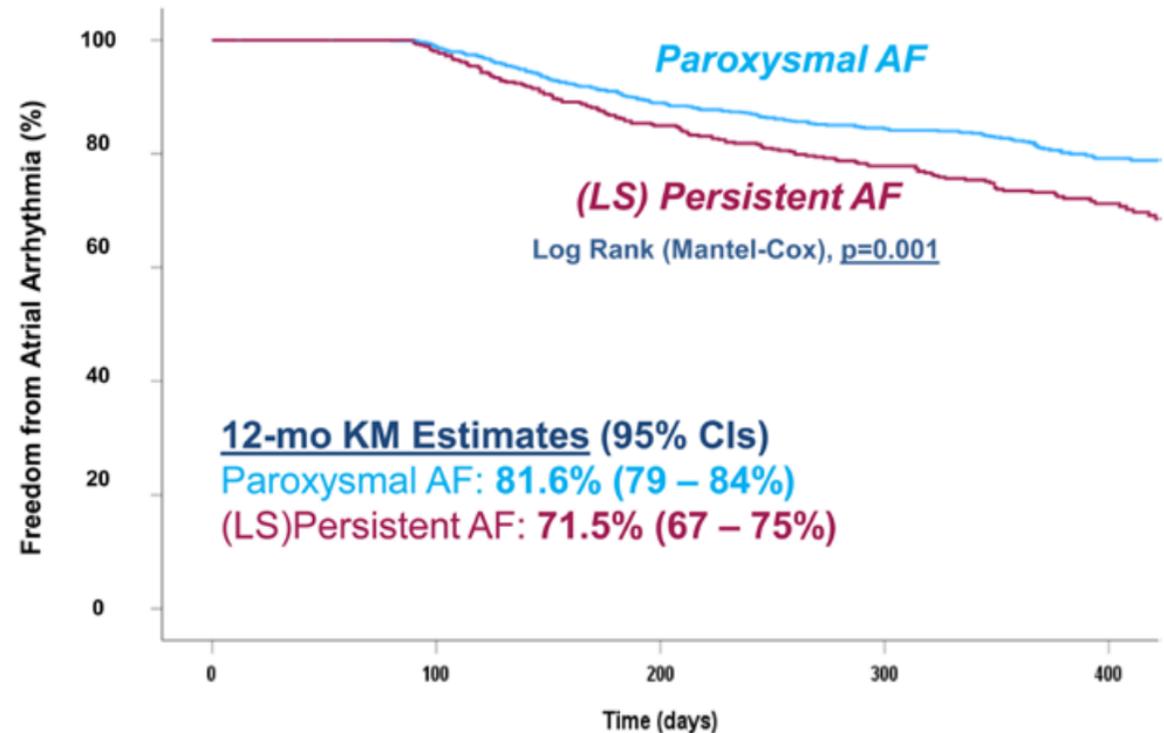
Nové technologie a nové přístupy

## Místa pro ablaci mimo PVI:

- EGMs
- Zadní stěna
- Mitrální linie
- Koronární sinus
- LAA
- Pravá síň (včetně CTI)

## MANIFEST PF Registry

- Paroxysmální / perzistentní FS
  - 54 center
  - 1568 pacientů



# ZADNÍ STĚNA

# Proč zadní stěna?

Embryonální vývoj souvisí s plicními žilami

Zdroje na zadní stěně + role v udržení AF

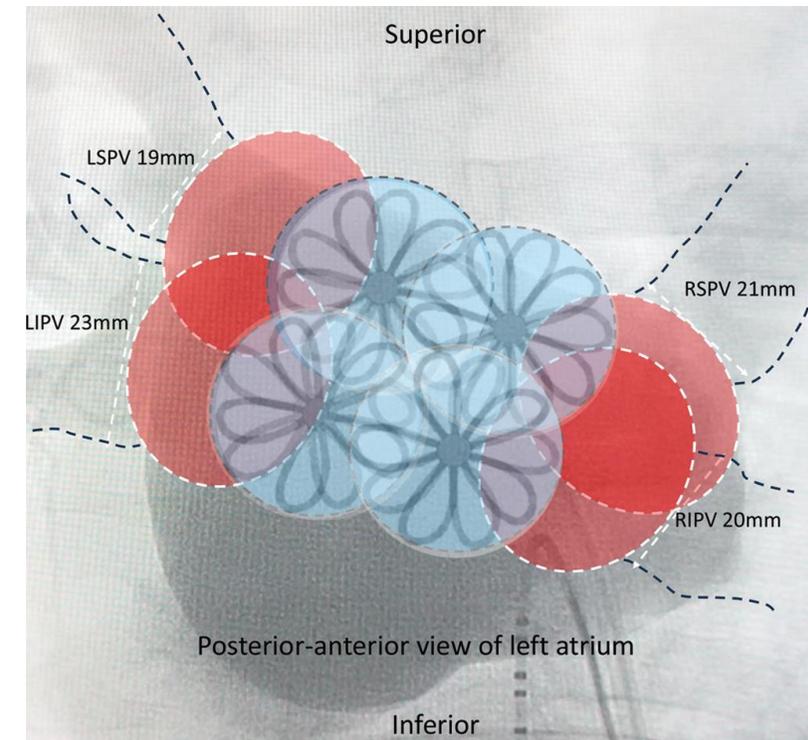
Přítomnost významné remodelace

Ablace na zadní stěně - eliminace zdrojů a mechanismy udržení AF

Široce aplikovaný přístup

Konkrétní strategie – překryvy, dublování aplikací, ověření....

Data o klinickém přínosu?



# Benefit PVI + PWI u perzistentní FS

26 studií  
3287 pacientů

Paroxysmální AF 23%

Průměrný věk 61 let, mužů 73%

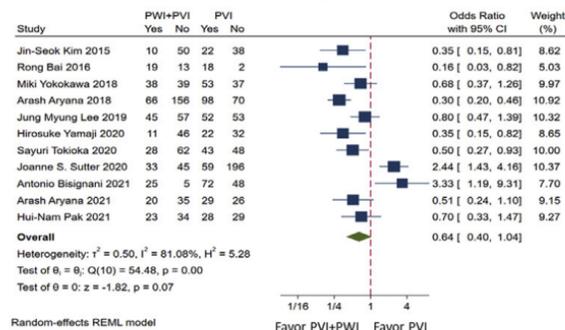
LAD v průměru 44 ± 7 mm

Follow-up 15 ± 8 měsíců

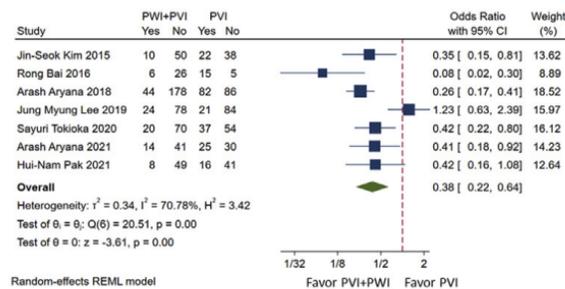
Efekt PWI jen u non-parox AF

## A Including comparative studies

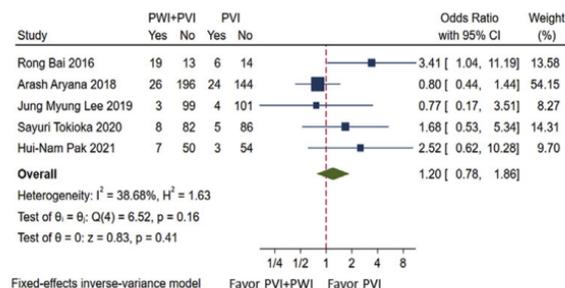
### Recurrence of all atrial arrhythmias



### Recurrence of AF

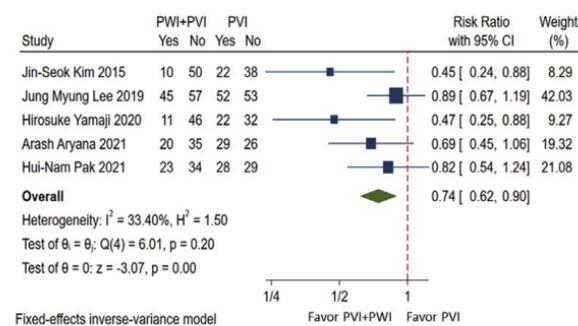


### Recurrence of AT/AFL

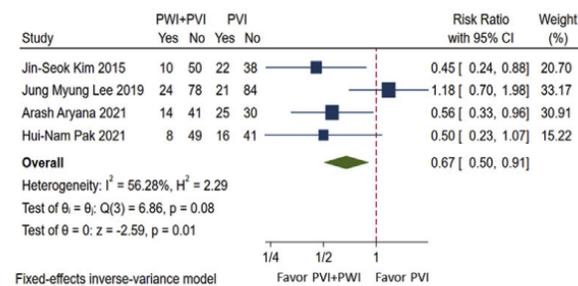


## B Only including RCTs

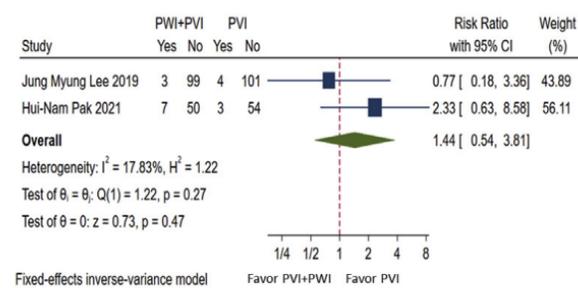
### Recurrence of all atrial arrhythmias



### Recurrence of AF



### Recurrence of AT/AFL

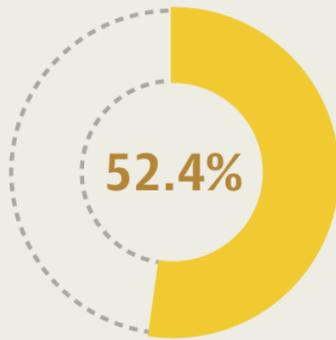


# CAPLA

## FINDINGS

Free from atrial arrhythmia at 12 months

**PVI with PWI**  
89 of 170 patients



**PVI alone**  
90 of 168 patients

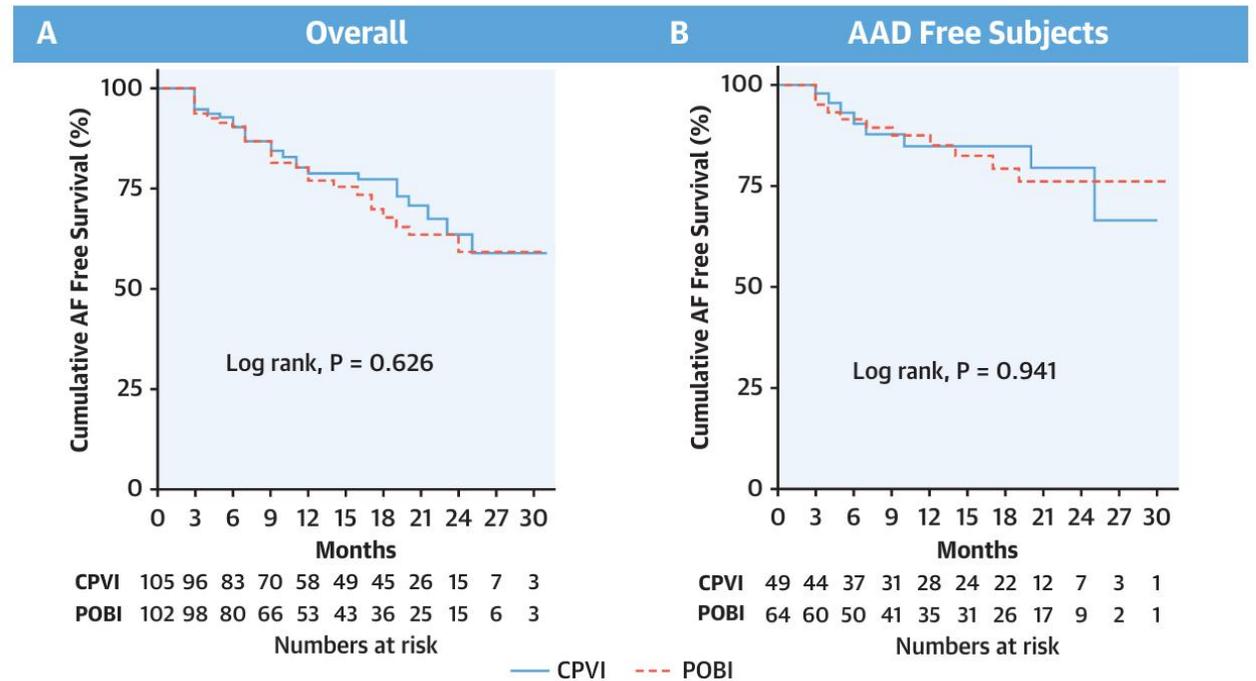
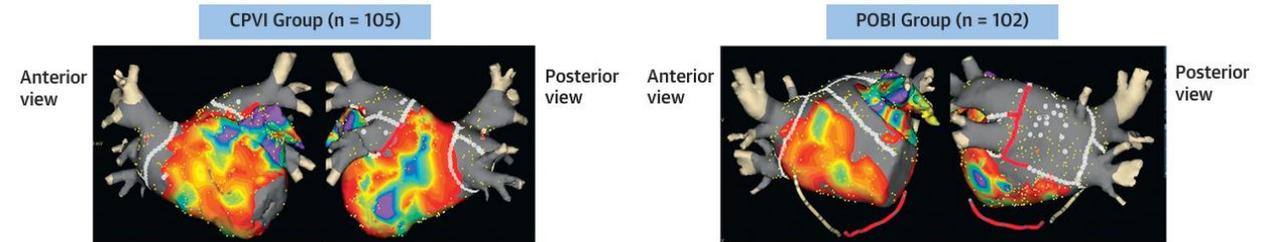


Addition of PWI to PVI alone did not significantly improve freedom from atrial arrhythmia at 12 months compared with PVI alone:

Between-group difference, **-1.2%**

Hazard ratio, **0.99** (95% CI, 0.73 to 1.36);  $P = .98$

# POBI-AF



**Box inkompletní u 13,5%**  
**Redo: trvalá PWI jen u 32 a 50% pacientů**

# Trvanlivost lézí – pentaspline katétr

Primary feasibility endpoint (n = 25)

Acute PV isolation 96/96 (100)

Secondary feasibility endpoints (n = 25)

Chronic PV isolation (n = 22) 82/85 (96)

Chronic LAPW isolation (n = 22)

Full cohort (n = 22) 21/22 (95)\*

Treated using pentaspline catheter only (n = 21) 21/21 (100)\*

Acute CTI block (n = 13) 13/13 (100)

Chronic CTI block (n = 12) 9/12 (75)

Primary safety endpoints

Early onset (within 30 days of index procedure)

Death 0/25 (0)

Myocardial infarction 0/25 (0)

Diaphragmatic paralysis 0/25 (0)

Stroke or TIA 0/25 (0)

Peripheral or organ thromboembolism 0/25 (0)

Cardiac tamponade/perforation 1/25 (4)†

Vascular access complications 0/25 (0)

Hospitalization (initial or prolonged) 0/25 (0)

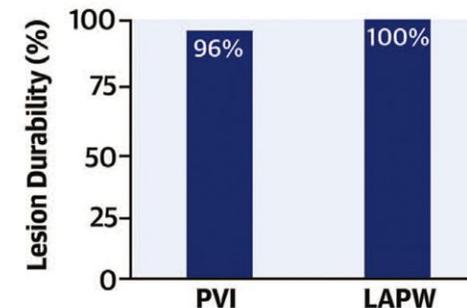
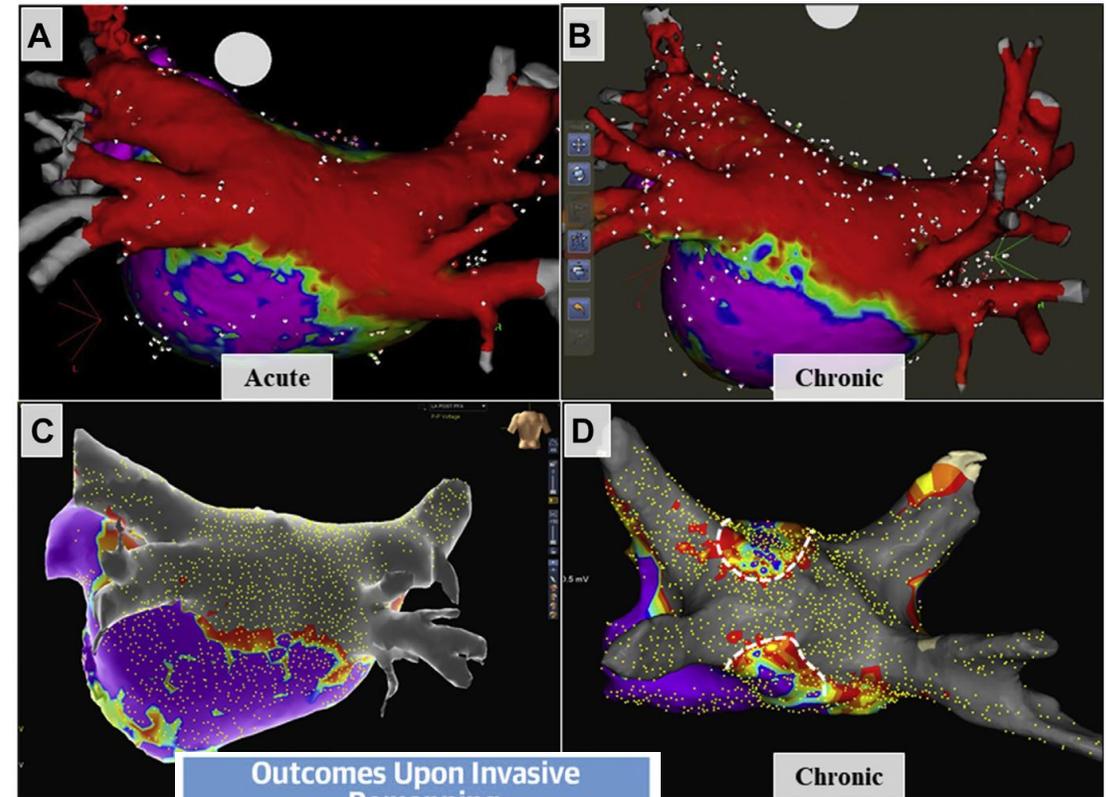
Heart block 0/25 (0)

Pericarditis 0/25 (0)

Late onset (any time during follow-up)

PV stenosis (>70% from baseline) 0/25 (0)

Atrioesophageal fistula 0/25 (0)



# Prospektivní sledování pacientů s perzist-AF

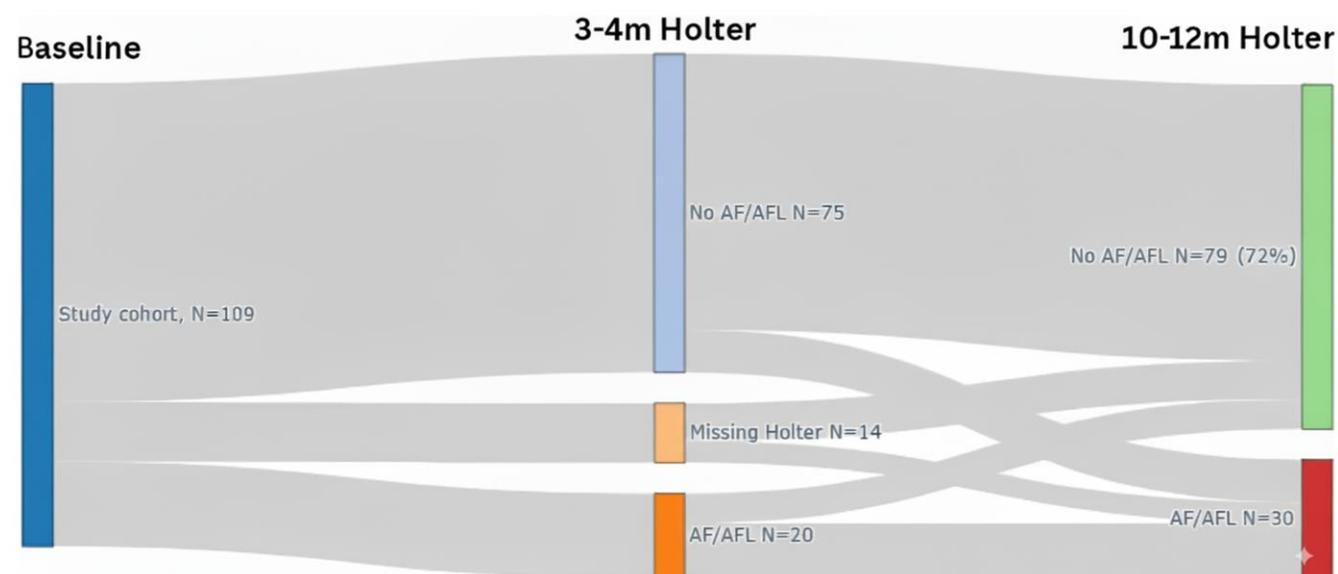
Variable Study cohort, n = 109 (%)

Age (IQR)	70 (63–75)
Female sex	33 (30)
Hypertension	59 (54)
Diabetes	26 (24)
Coronary artery disease	25 (23)
Congestive heart failure	25 (23)
Previous stroke	11 (10)
Ejection fraction, median (IQR)	60 (49–60)
LA diameter (mm), median (IQR)	51 (47–58)
LA volume, median (IQR)	162 (136–198)
Procedure-related variables:	
Catheter size	
31 mm	65 (60)
35 mm	44 (40)

Přidatné léze u 10% nemocných

- Perimitrální flutter 8
- Lok. reentry na přední stěně 2
- CTI 1

Akutní izolace 100%  
Čas výkonu cca 80 min  
Počet aplikací cca 60



# Faktory spojené se selháním léčby

Variable	Univariate		Multivariate	
	OR (95% CI)	P value	adjusted OR (95% CI)	P value
Age	1.21 (0.97–1.07)	.40	0.99 (0.94–1.05)	.25
Female sex	1.07 (0.44–2.61)	.89	1.13 (0.40–3.21)	.24
Hypertension	0.94 (0.41–2.16)	.89	—	—
Coronary artery disease	2.32 (0.91–5.89)	.08	1.39 (0.47–4.16)	.40
Congestive heart failure	0.92 (0.34–2.47)	.87	—	—
Preprocedure AAD	0.20 (0.05–0.72)	.01	0.12 (0.02–0.67)	.016
Ejection fraction	1.03 (0.98–1.08)	.29	—	—
LA diameter	1.04 (1.01–1.13)	.04	1.05 (0.99–1.11)	.07
LA volume	1.00 (0.99–1.01)	.36	—	—
35 vs 31 mm catheter	1.07 (0.45–2.55)	.88	—	—
Use of mapping	1.14 (0.37–3.49)	.81	—	—

# Klinický efekt PVI a PWI

## ADVANTAGE AF

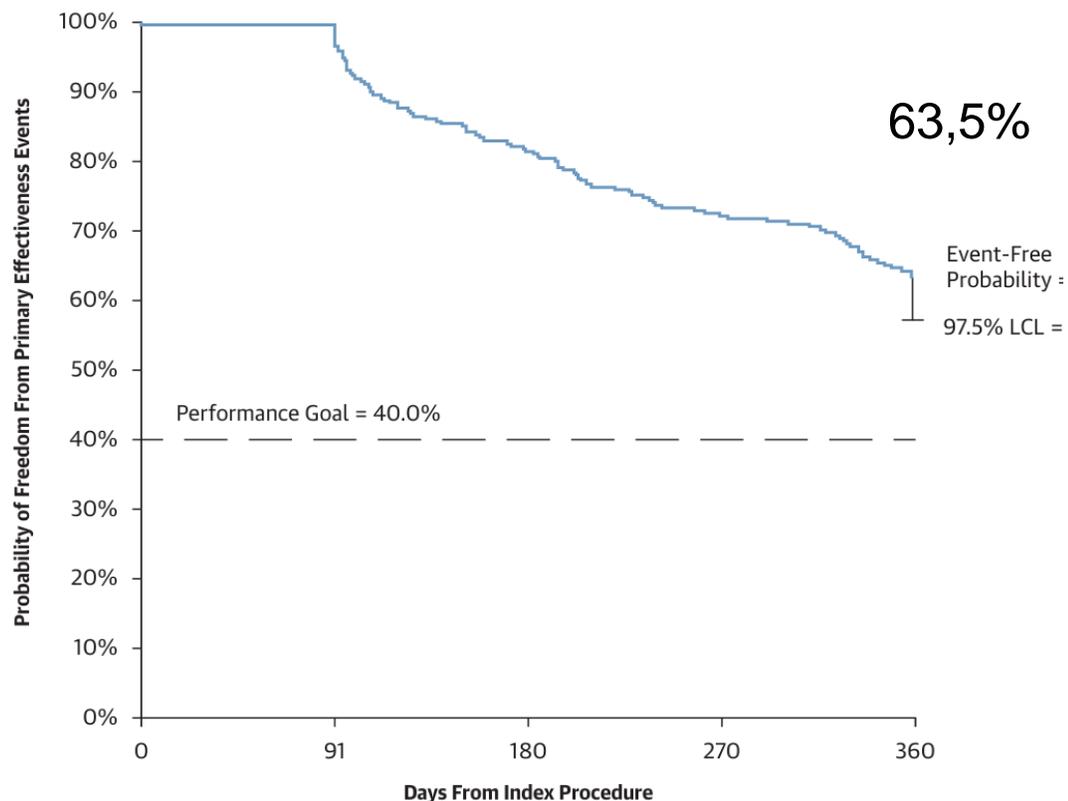
- Prospective
- Single-arm
- Multicentre

Pentaspine katétr

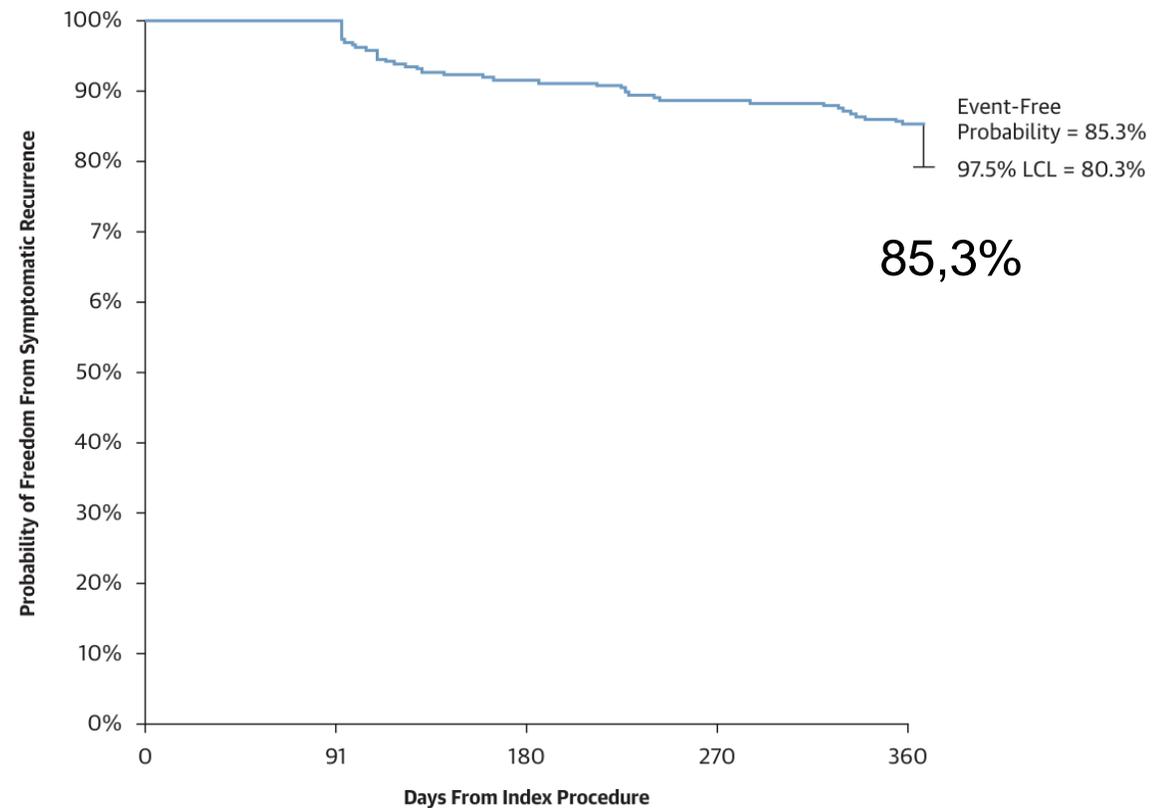
Acute success	99.6
Procedure time, min	
Total procedure time	103 ± 34.8
Dwell time	58.5 ± 19.9
Fluoroscopy time	19.5 ± 13.1
PVI time	26.8 ± 15.0
PWI time	18.4 ± 15.0
PFA application	
PVI	45.1 ± 9.3
PWI	32.0 ± 12.7
Electroanatomic mapping system usage (for PW)	195 (75)
Cavotricuspid isthmus ablation	50 (19.2)

# Klinický efekt PVI a PWI

## Absence AF / AT



## Absence symptomatické AF / AT

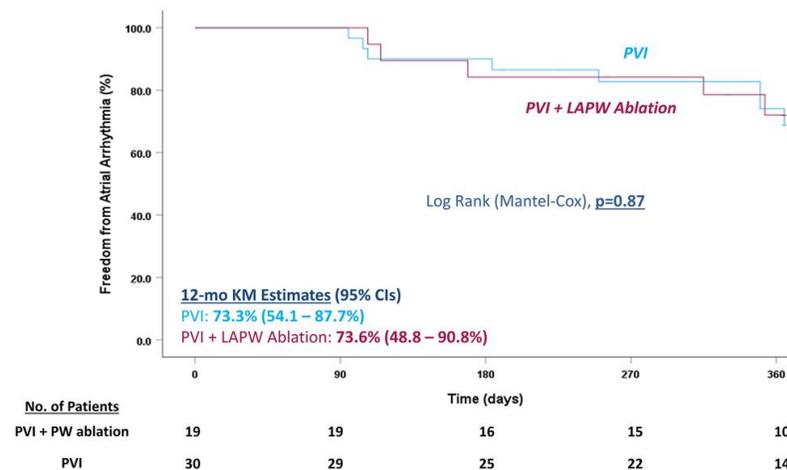


# Podanalýza MANIFEST-PF

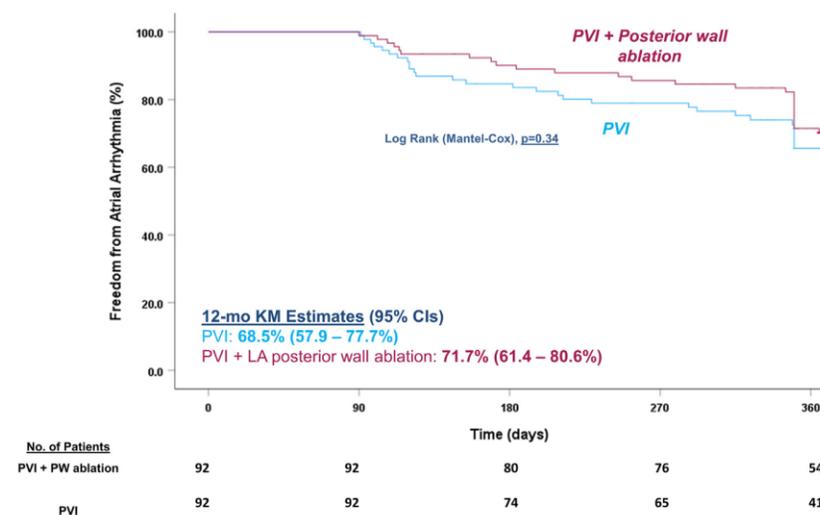
	Entire Cohort (N = 547)	PVI + LAPW Ablation (n = 131)	PVI (n = 416)	P Value
Age, y	66.3 ± 2.6	64.8 ± 10.4	66.7 ± 10.8	0.08
Female	165 (30.2)	36 (27.5)	129 (31.0)	0.51
CHA <sub>2</sub> DS <sub>2</sub> -VASc score	2.5 ± 1.6	2.3 ± 1.6	2.6 ± 1.6	0.08
Mean body mass index, kg/m <sup>2</sup>	28.9 ± 5.2 (n = 544)	28.9 ± 4.5	28.9 ± 5.4	0.96
Past medical history				
Atrial flutter	66 (15.5) (n = 427)	22 (17.2)	44 (14.7)	0.56
Coronary artery disease	77 (18.0) (n = 427)	16 (12.5)	61 (20.4)	0.055
Diabetes	97 (17.7)	29 (22.1)	68 (16.3)	0.15
Hypertension	377 (68.9)	90 (68.7)	287 (69.0)	1.00
Heart failure	139 (25.4)	35 (26.7)	104 (25.0)	0.73
Sleep apnea	48 (11.6) (n = 413)	13 (11.0)	35 (11.9)	0.86
Prior stroke/TIA	38 (7.0)	7 (5.4)	31 (7.5)	0.55
COPD	29 (7.9) (n = 365)	10 (9.4)	19 (7.3)	0.52
Echocardiographic parameters				
LVEF, %	57 (50-60) (n = 486)	60 (50-60)	55 (50-60)	0.31
LA diameter, mm	44 (40-48) (n = 429)	45 (42-48)	44 (40-48)	0.04
Antiarrhythmic medications				
Class I AADs	74 (13.6) (n = 545)	24 (18.3)	50 (12.1)	0.08
Class III AADs	137 (25.1) (n = 546)	30 (22.9)	107 (25.8)	0.56

12% PVI + LAPW pacientů mělo i mitrální isthmus

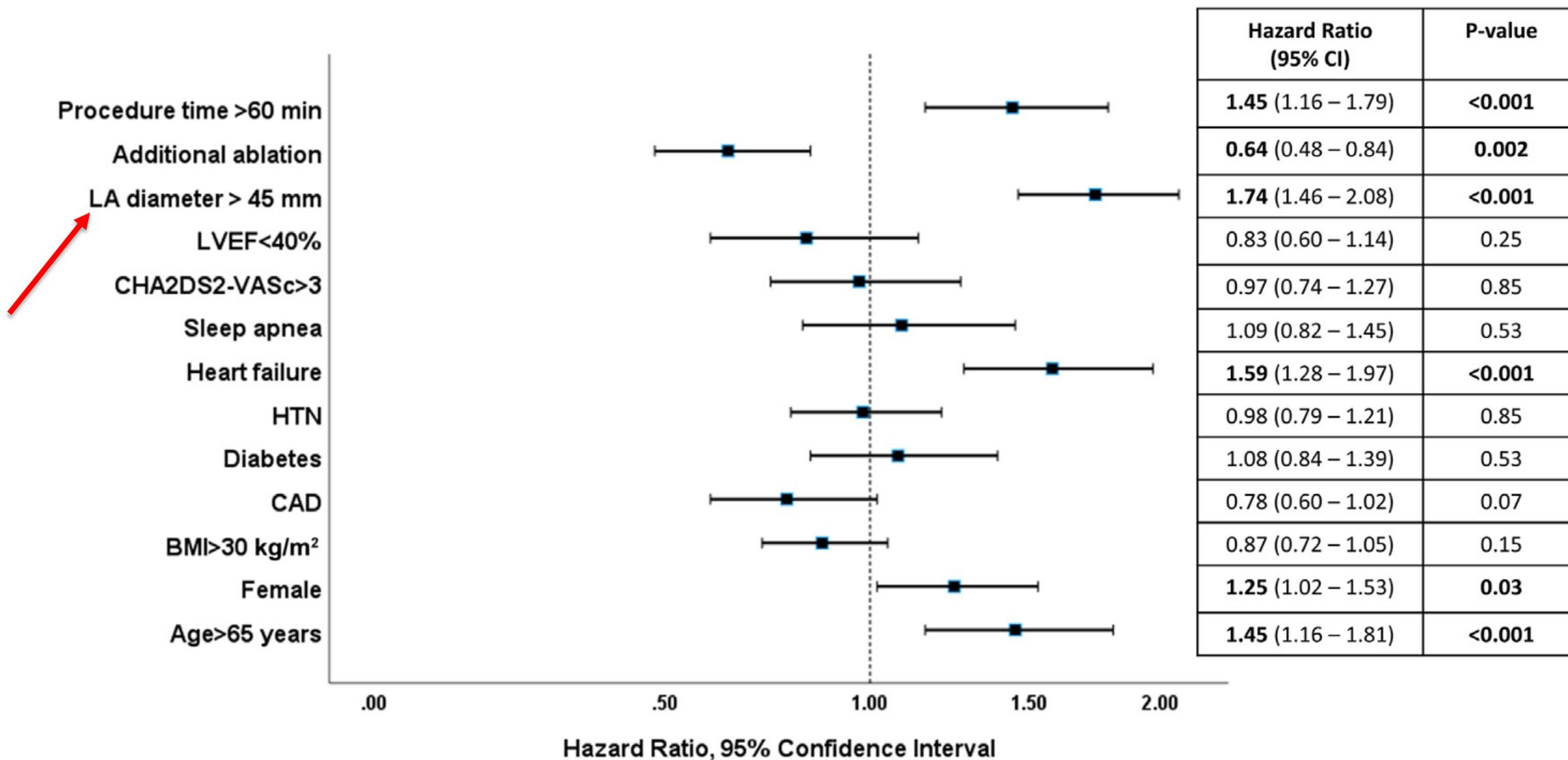
## Primární endpoint



## Propensity matched cohort

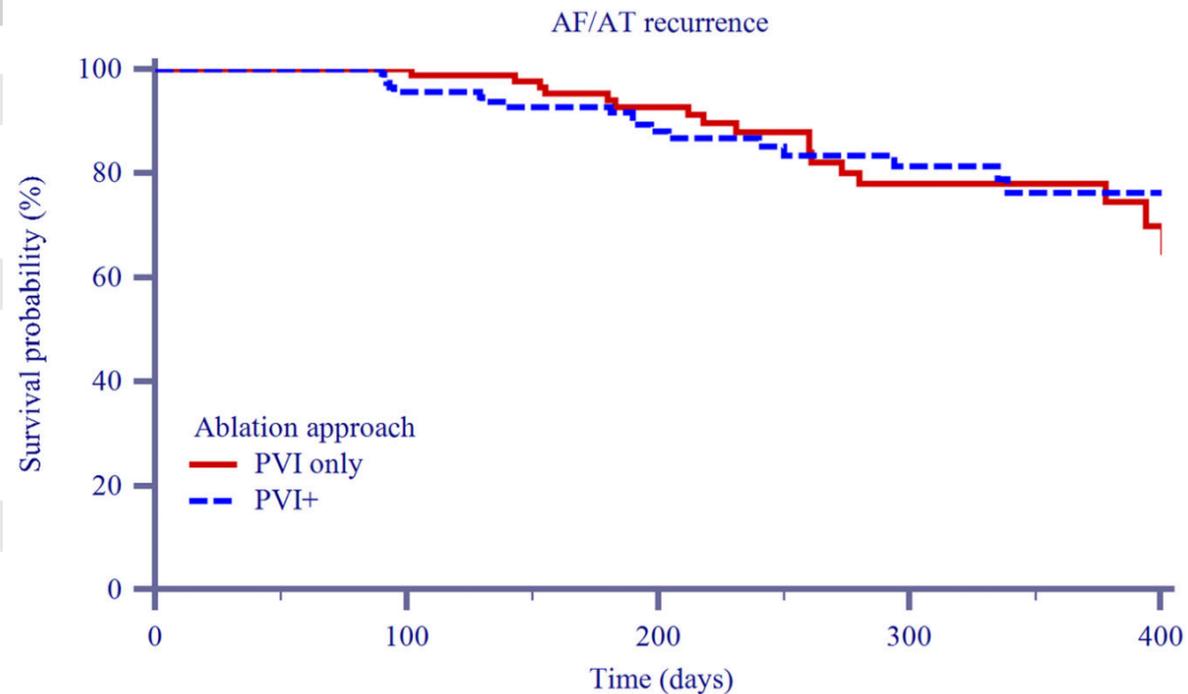
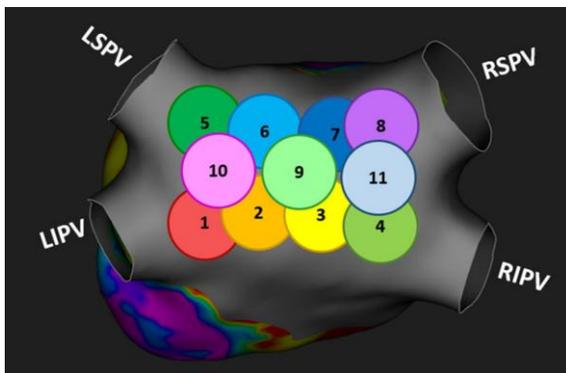


# Faktory spojené se selháním výkonu



# Nerandomizované srovnání

Parameter	Overall population (n = 249)	Redo procedures (n = 38)	De novo PVI only (n = 93)	De novo PVI plus additional lesion set (n = 118)
Age, years	63.4 ± 9	62.4 ± 7	63.4 ± 9	64.4 ± 8
Female Gender, n (%)	51 (20.5)	3 (7.9)	22 (23.7)	26 (22)
Indication for ablation:				
• Persistent AF, n (%)	• 195 (78.3)	• 26 (68.4)	• 77 (82.8)	• 92 (78.0)
• Long-standing persistent AF, n (%)	• 54 (21.7)	• 12 (31.6)	• 16 (17.2)	• 26 (22.0)
Symptomatic patient, n (%)	228 (91.6)	36 (94.7)	82 (88.2)	110 (93.2)
History of AT/AFL:				
• AT only, n (%)	13 (5.2)	5 (13.2)	3 (3.2)	5 (4.2)
• AFL only, n (%)	• 3 (1.2)	• 1 (2.6)	• 1 (1.1)	• 1 (0.8)
• Both AT and AFL, n (%)	• 9 (3.6)	• 3 (7.9)	• 2 (2.2)	• 4 (3.4)
	• 1 (0.4)	• 1 (2.6)	• 0 (0.0)	• 0 (0.0)
LVEF, %	53.7 ± 10	50.6 ± 11	55.2 ± 10	53.4 ± 9
Left atrial volume, mL	42.6 ± 13	47.8 ± 13	42.3 ± 14	42.0 ± 13

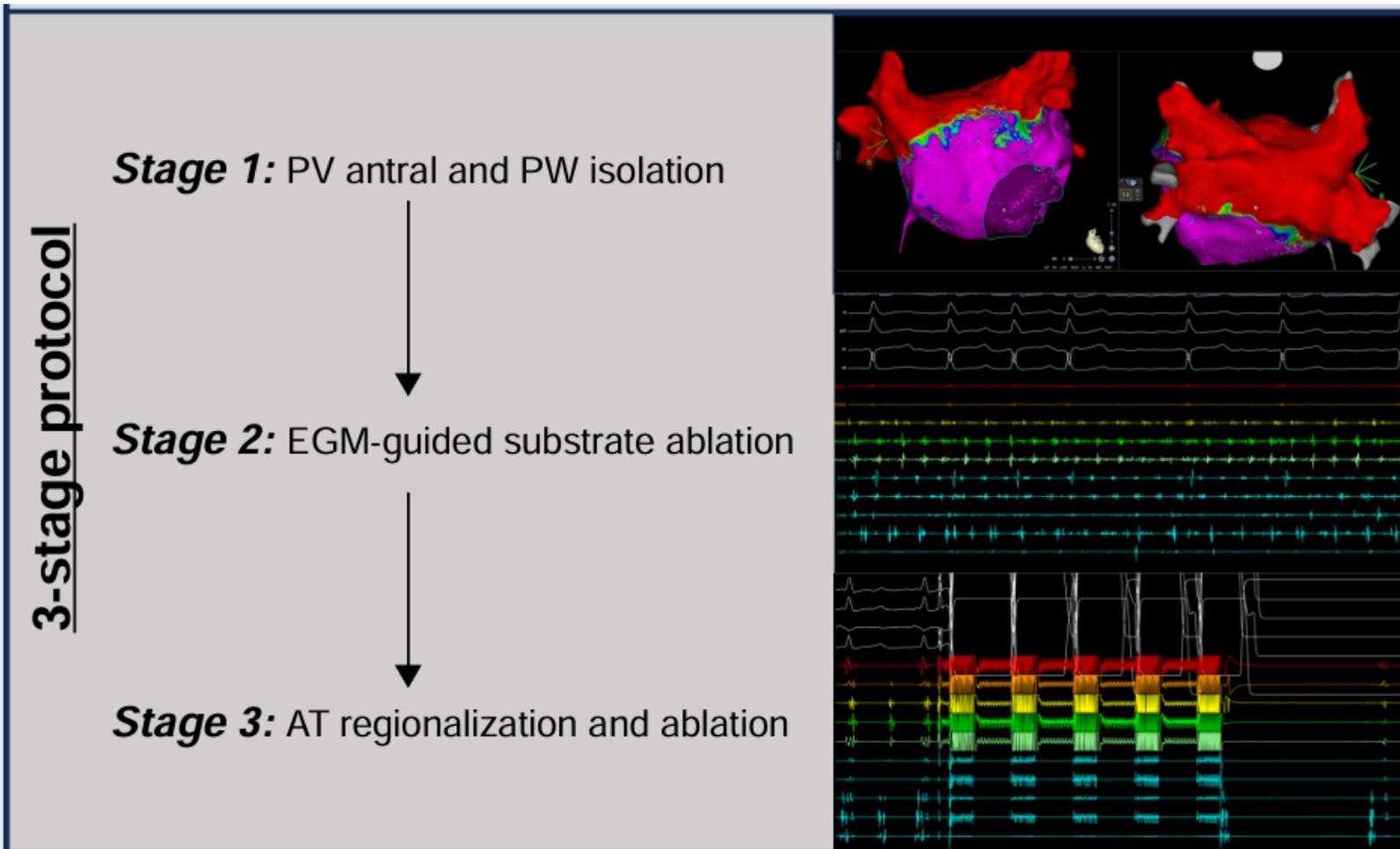


Number at risk

Group	0	100	200	300	400
Group: PVI only	93	91	62	36	14
Group: PVI+	118	108	64	40	17

# Klinická data: PFA u perzistentní a LS perzistentní AF

PerAF>6mo and LSPAF patients ( $n = 72$ )

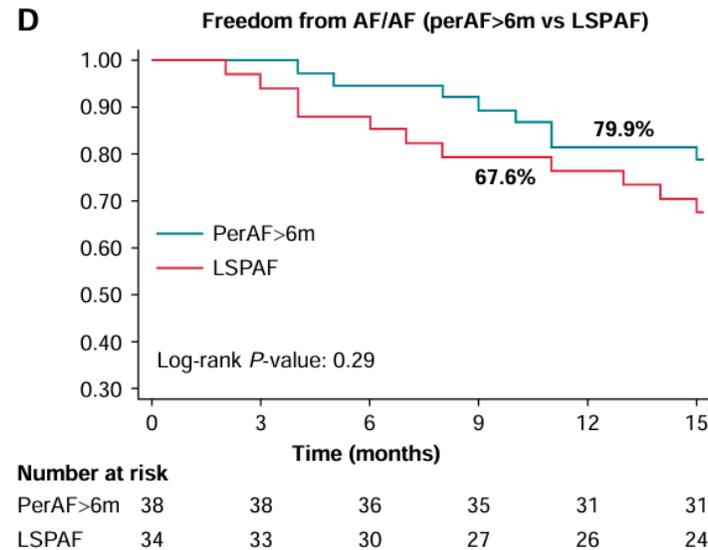
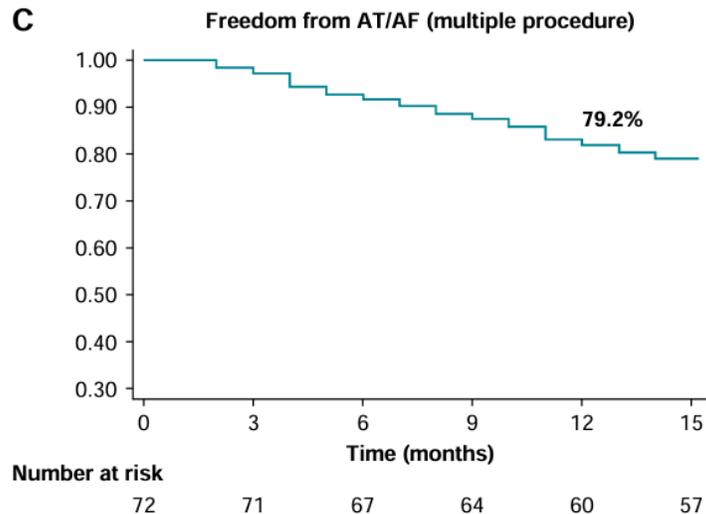
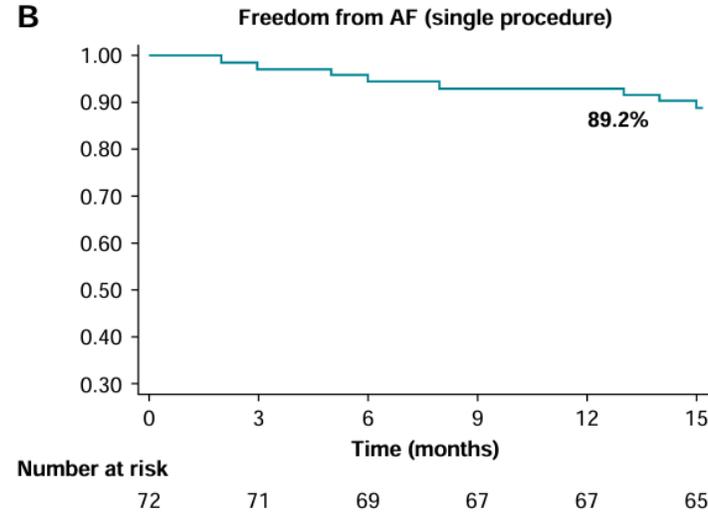
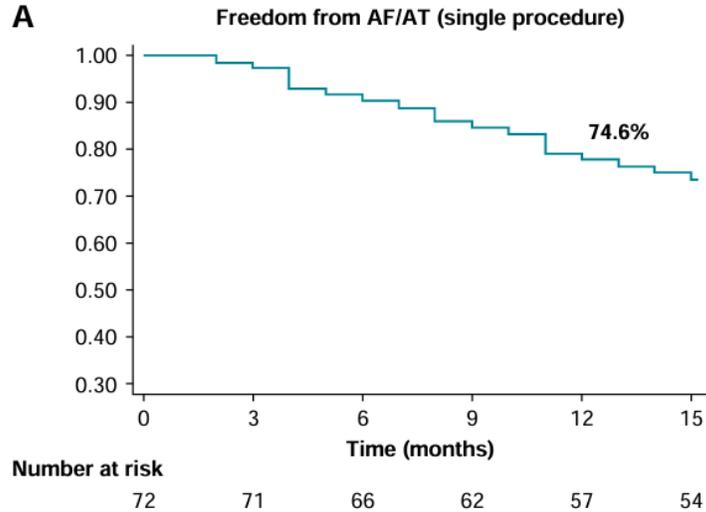


Kontinuální EGM,  $<0,25$  mV

„burst of fractionated EGMs“

Rychlé, nefrakcionované EGMs (CL  $<120$  ms)

# Klinická data: PFA u perzistentní a dlouhodobě perzistentní AF



- Procedural time: 112 ± 25 min
- AF termination: 95.8%
- 12-mo arrhythmia-free survival >80%

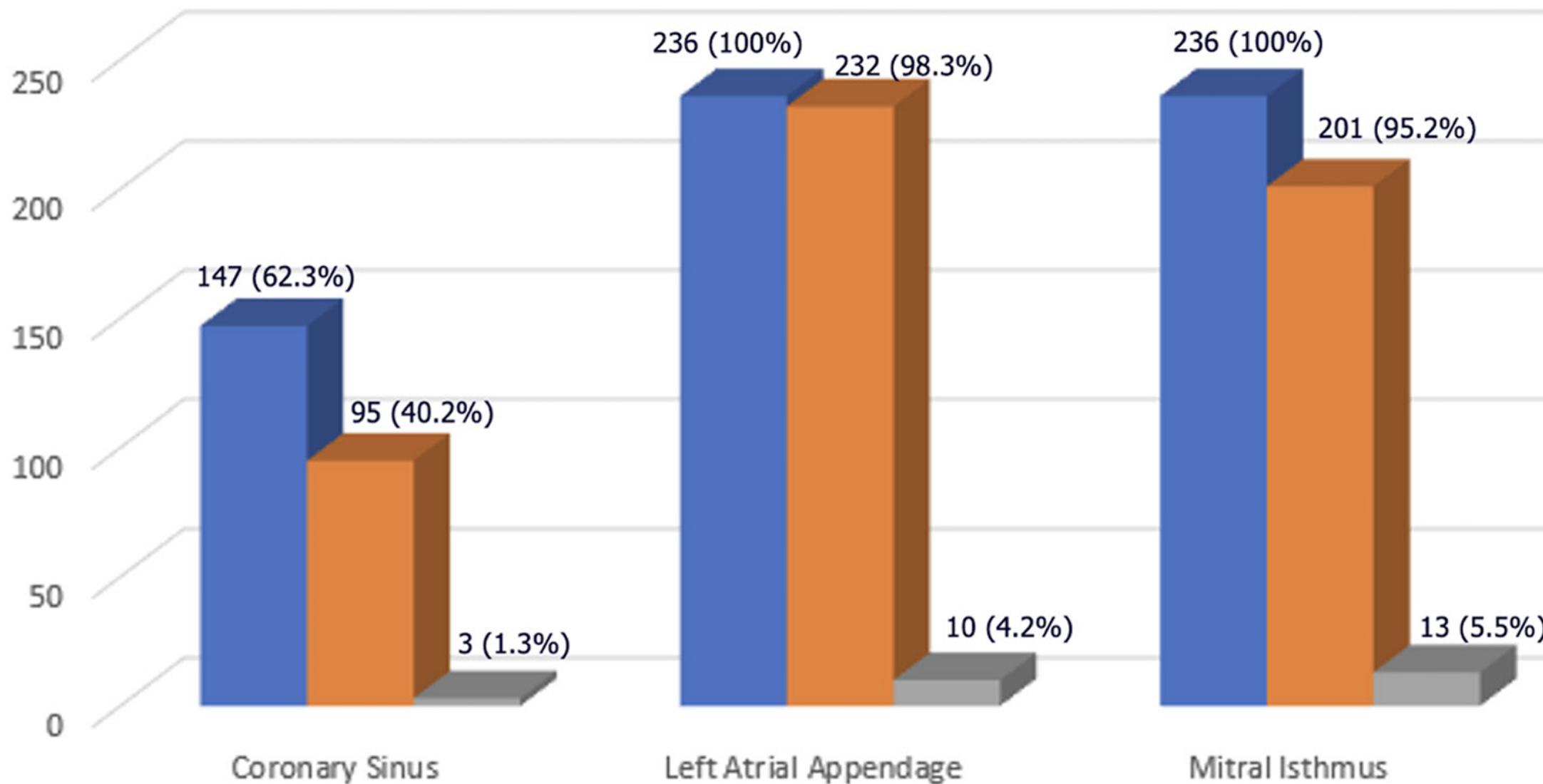
# LATERÁLNÍ MITRÁLNÍ ISTMUS

# Akutní a dlouhodobá durabilita lézí mimo PV a PW

N=236	
Age, y; mean±SD	68.3±9.81
BMI, kg/m <sup>2</sup> ; mean±SD	29.4±5.1
Sex (female), n (%)	73 (30.9%)
Hypertension, n (%)	144 (61%)
Diabetes, n (%)	51 (21.6%)
History of Stroke/TIA, n (%)	23 (9.7%)
Coronary artery disease, n (%)	112 (47.5%)
Congestive heart failure, n (%)	72 (30.5%)
LVEF, mean±SD	53.7±9.3
CHA2DS2-VASc, mean ± SD	2.62±1.48
HAS-BLED, mean±SD	1.98±0.71

N=236			
General anesthesia, n (%)		236 (100%)	
Farawave catheter device size, n (%)		31 mm	198 (83.9%)
		35 mm	38 (16.1%)
Total procedural time, mean±SD		55.8±15.7	
Fluoroscopy time, mean±SD		24.6±9.6	
Coronary sinus	PF application, mean±SD	22±8	
	Acute reconnection, n (%)	52 (26.4%)	
Left atrial appendage	PF application, mean±SD	16±4	
	Acute reconnection, n (%)	4 (1.56%)	
Mitral isthmus	PF application, mean±SD	28±6	
	Acute reconnection, n (%)	52 (26.4%)	

# Akutní a dlouhodobá durabilita lézí mimo PV a PW

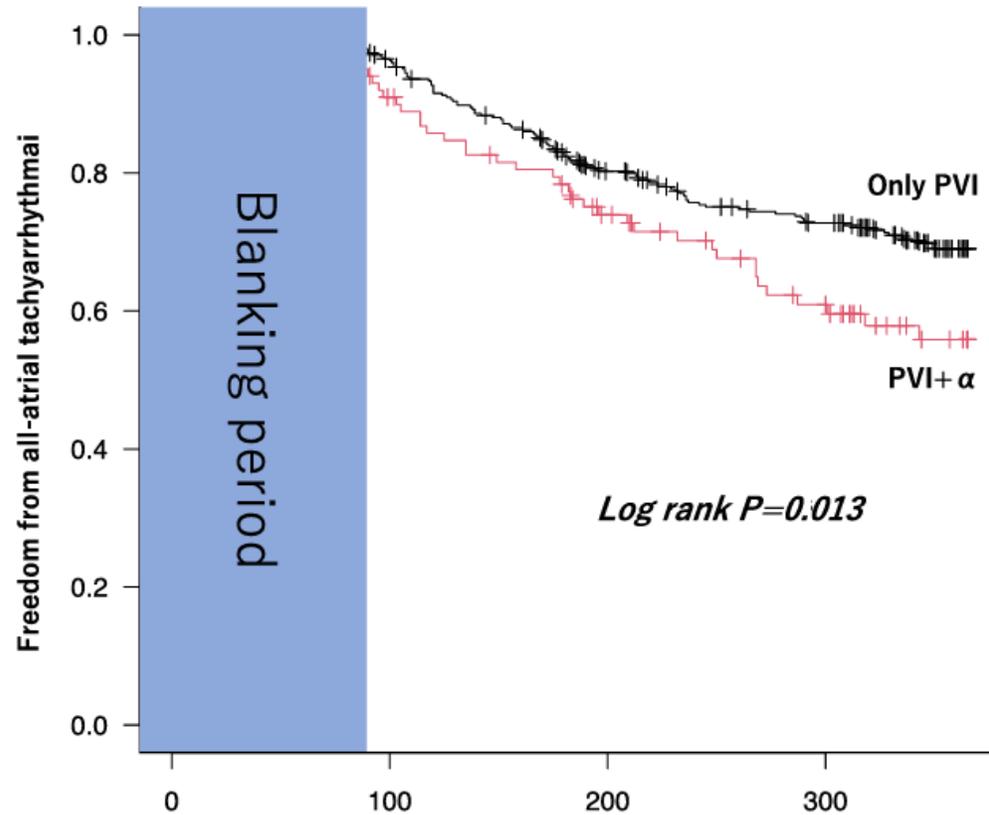


# Analýza registru EU-PORIA

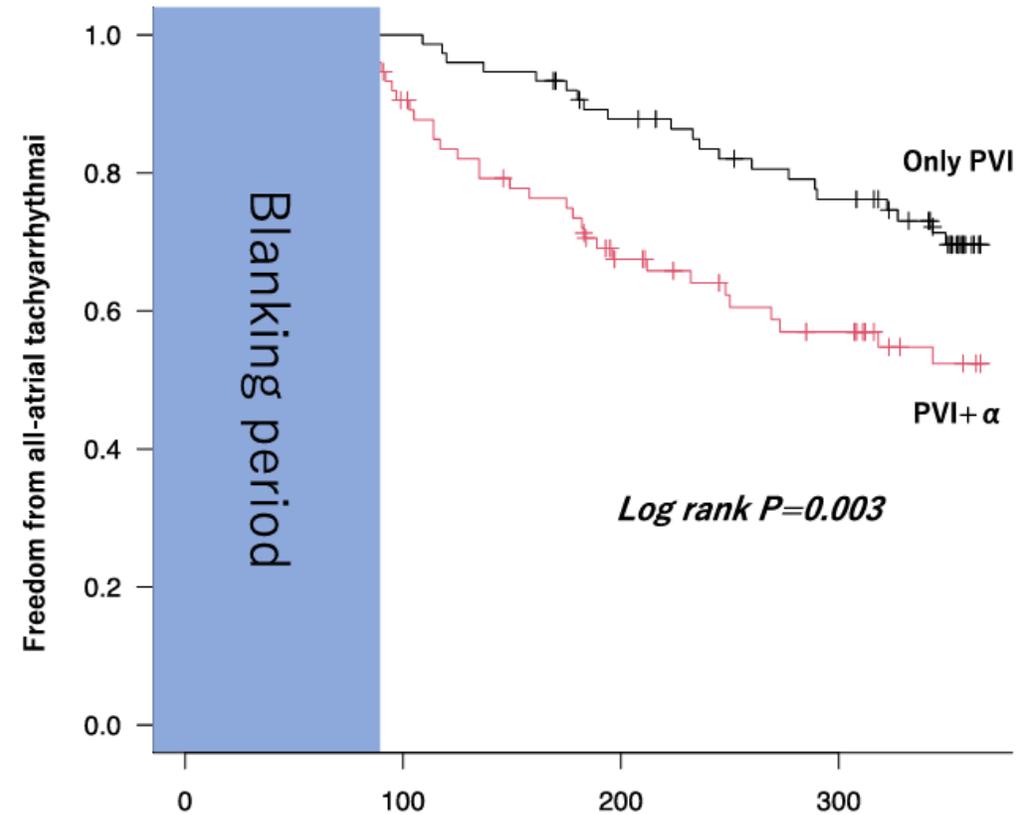
	Entire cohort			Propensity score matched		
	only PVI <i>n</i> = 347	PVI + $\alpha$ <i>n</i> = 101	<i>p</i> value	only PVI <i>n</i> = 75	PVI + $\alpha$ <i>n</i> = 75	<i>p</i> value
Sedation technique						
General anaesthesia, <i>n</i> (%)	46 (13)	49 (49)	< 0.001	13 (17)	37 (49)	< 0.001
Deep sedation, <i>n</i> (%)	301 (87)	54 (51)		62 (83)	38 (51)	
Use of 3D mapping, <i>n</i> (%)	130 (38)	60 (59)	< 0.001	25 (33)	46 (61)	0.001
Skin-to-skin procedure time (min)	67 ± 37	102 ± 44	< 0.001	63 ± 34	100 ± 40	< 0.001
Fluoroscopy time (min)	16 ± 9	24 ± 10	< 0.001	16 ± 9	24 ± 10	< 0.001
Ablation device used						
31 mm, <i>n</i> (%)	258 (74)	50 (49)	< 0.001	60 (80)	41 (54)	0.001
35 mm, <i>n</i> (%)	89 (26)	51 (51)		15 (20)	34 (46)	
Extra-PV ablation						
Posterior wall isolation, <i>n</i> (%)	0 (0)	88 (87)	NA	0 (0)	67 (89)	NA
Mitral isthmus ablation, <i>n</i> (%)	0 (0)	37 (37)	NA	0 (0)	28 (37)	NA
Cavo-tricuspid isthmus ablation, <i>n</i> (%)	0 (0)	3 (3)	NA	0 (0)	3 (4)	NA
Type of recurrence						
AF	89 (26)	23 (23)	0.603	18 (24)	20 (27)	0.851
AT/AFL	24 (7)	19 (19)	0.001	5 (7)	15 (20)	0.029

# Analýza registru EU-PORIA

Absence AF / AT celá populace



Absence AF / AT – matched cohort



Type of recurrence

AF	89 (26)	23 (23)	0.603	18 (24)	20 (27)	0.851
AT/AFL	24 (7)	19 (19)	0.001	5 (7)	15 (20)	0.029

# PŘEDNÍ LINIE

# Srovnání PFA vs RFA

Study population: PVI + anterior MIL



70 years

♀ 40%



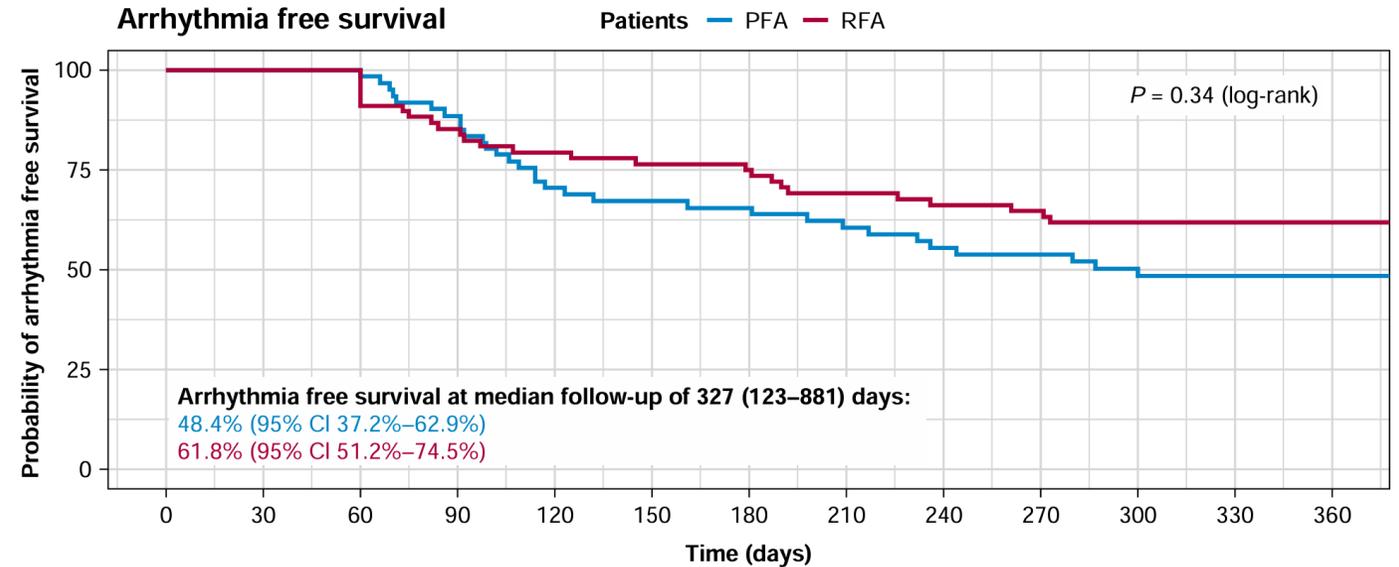
36% paroxysmal

64% persistent AF



## Procedural characteristics

	PFA	RFA
Procedure duration (min)	71 (60–94)	108 (87–153)
LA Dwell time (min)	53 (43–71)	80 (69–125)
Fluoroscopy time (min)	9 (7–13)	8 (5–13)
PV duration (sec)	15 (0–80)	245 (0–928)
Anterior MIL duration (sec)	35 (25–57.5)	473 (253–733)
Complications	1	2



Number at risk		0	30	60	90	120	150	180	210	240	270	300	330	360
PFA	61	61	61	54	43	40	39	36	33	32	27	23	22	
RFA	68	68	68	58	54	52	51	47	45	44	42	41	41	

Prospektivní, monocentrické srovnání SWISS-AF-PVI registru

# Lokalizace gapů

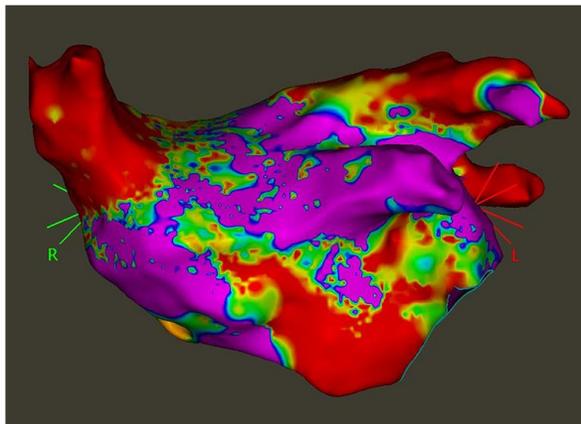
34 pacientů redo

- 12 PFA
- 22 RFA

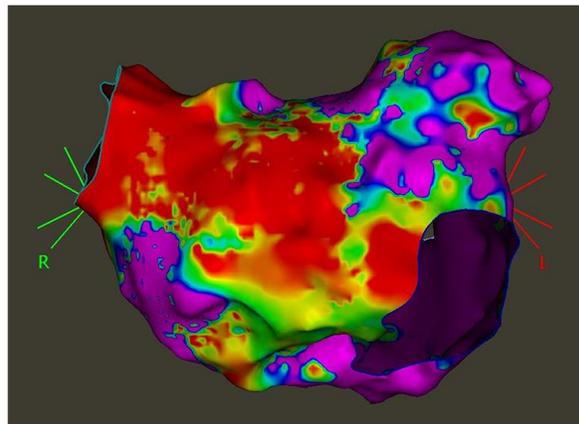
18 (53%) nekompletní  
linii

- RSPV 33%
- Anulus 20%
- Anterior wall 27%
- Nebyl rozdíl mezi  
PFA a RFA

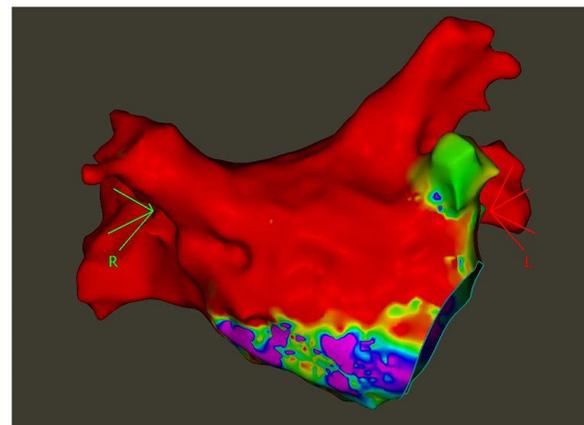
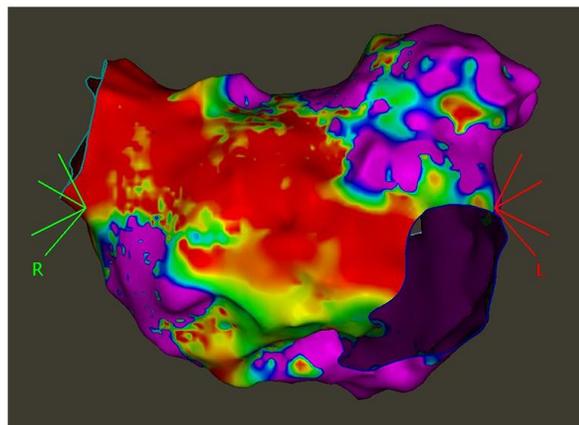
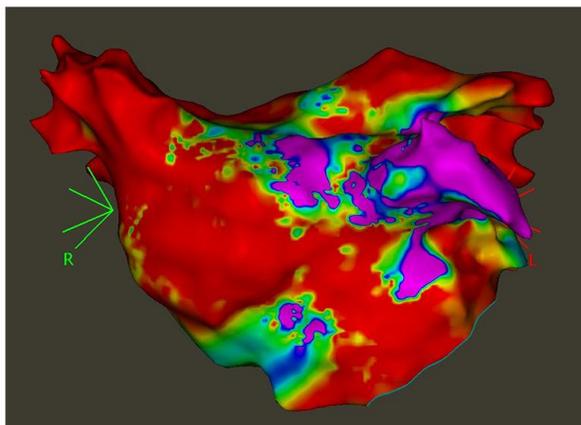
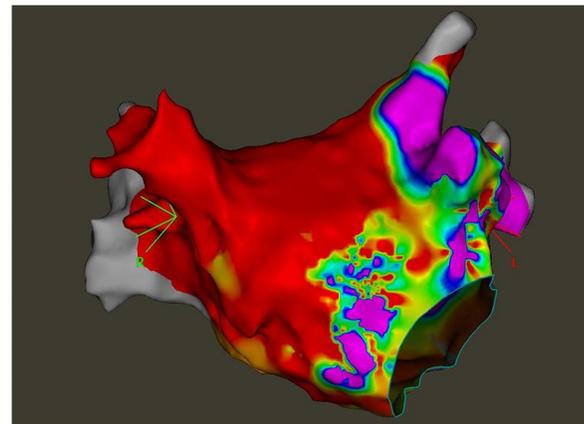
RFA



PFA



PFA



# CTI

# Trvanlivost lézí u PFA

Primary feasibility endpoint (n = 25)

Acute PV isolation 96/96 (100)

Secondary feasibility endpoints (n = 25)

Chronic PV isolation (n = 22) 82/85 (96)

Chronic LAPW isolation (n = 22)

Full cohort (n = 22) 21/22 (95)\*

Treated using pentaspline catheter only (n = 21) 21/21 (100)\*

Acute CTI block (n = 13) 13/13 (100)

Chronic CTI block (n = 12) 9/12 (75)

Primary safety endpoints

Early onset (within 30 days of index procedure)

Death 0/25 (0)

Myocardial infarction 0/25 (0)

Diaphragmatic paralysis 0/25 (0)

Stroke or TIA 0/25 (0)

Peripheral or organ thromboembolism 0/25 (0)

Cardiac tamponade/perforation 1/25 (4)†

Vascular access complications 0/25 (0)

Hospitalization (initial or prolonged) 0/25 (0)

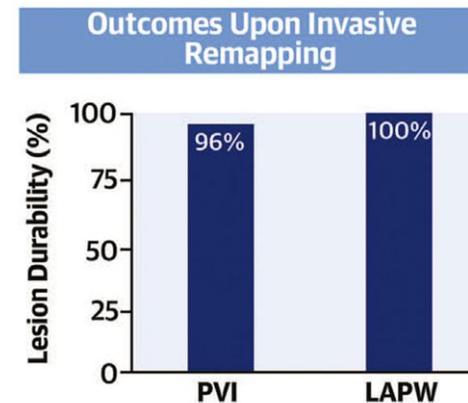
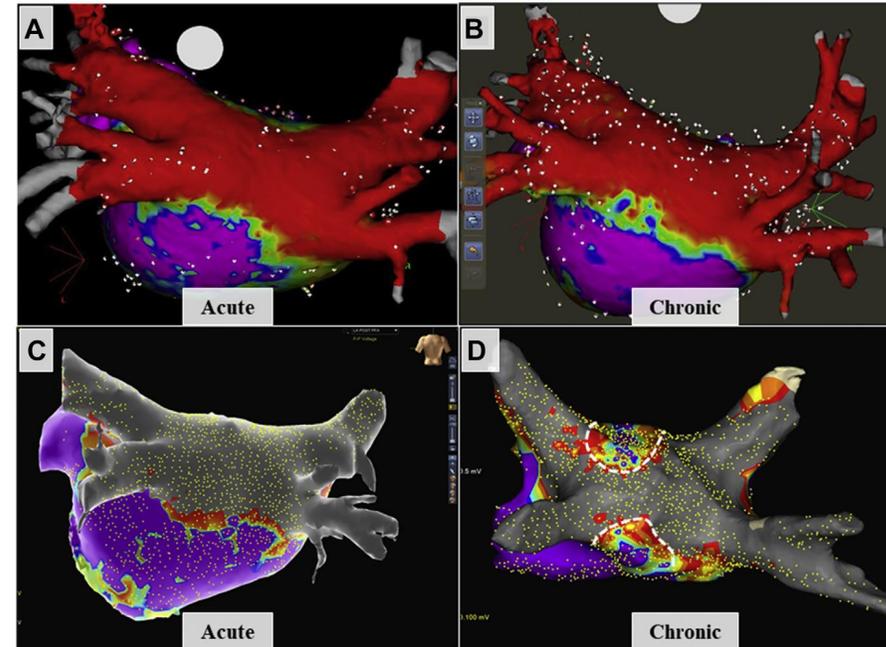
Heart block 0/25 (0)

Pericarditis 0/25 (0)

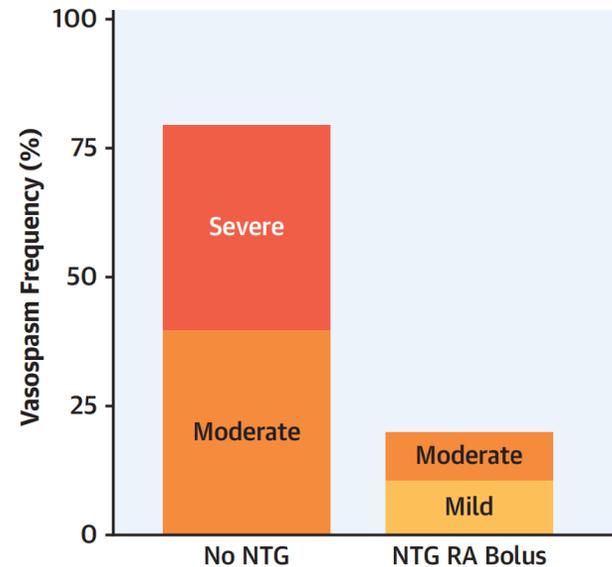
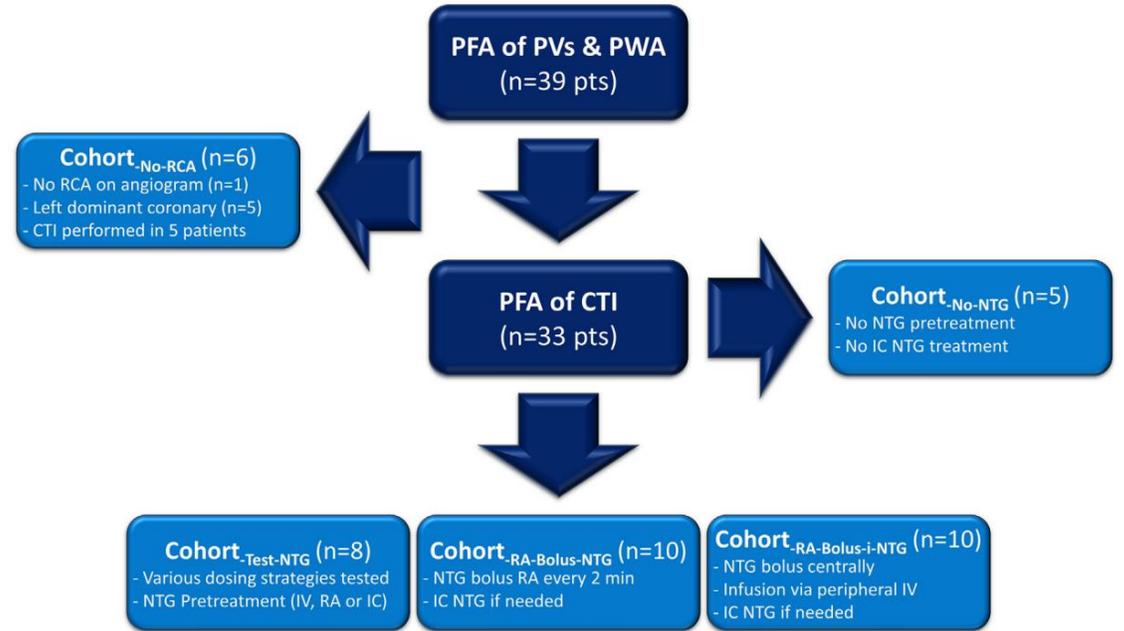
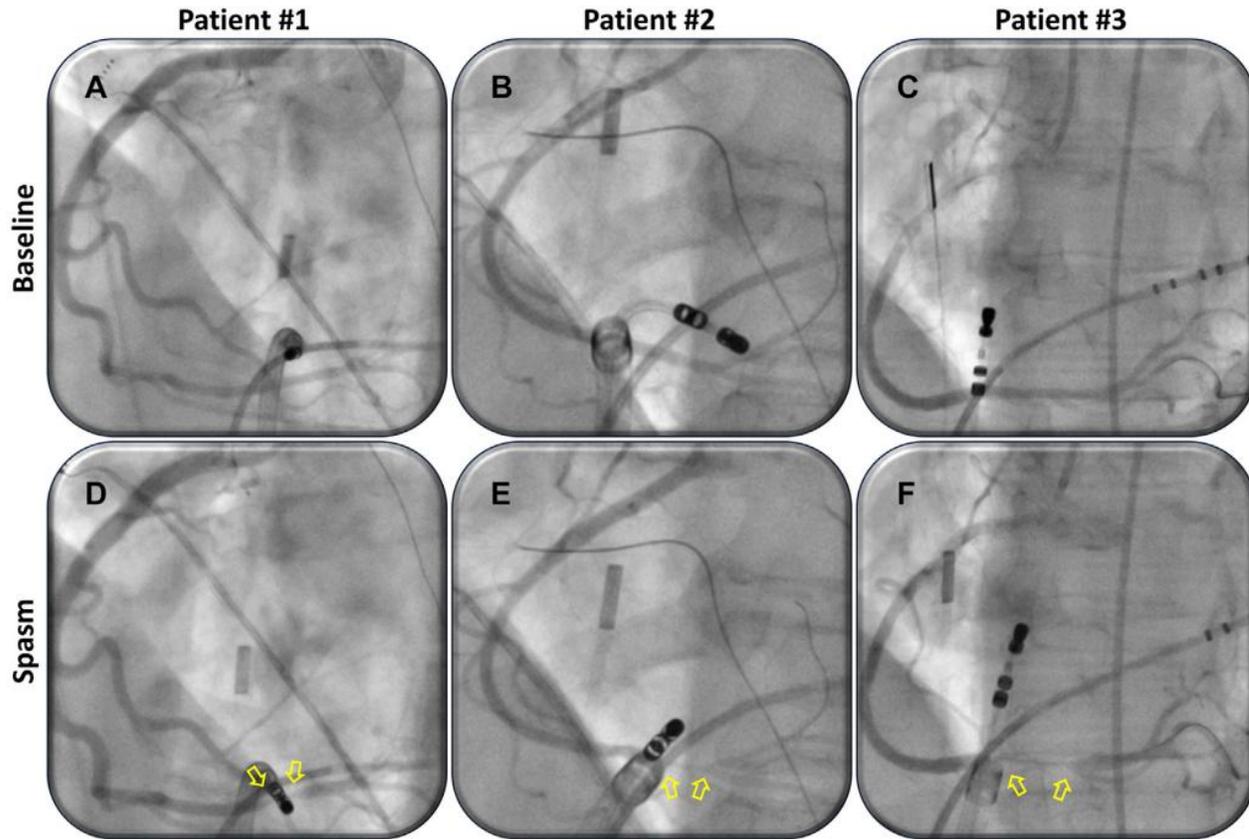
Late onset (any time during follow-up)

PV stenosis (>70% from baseline) 0/25 (0)

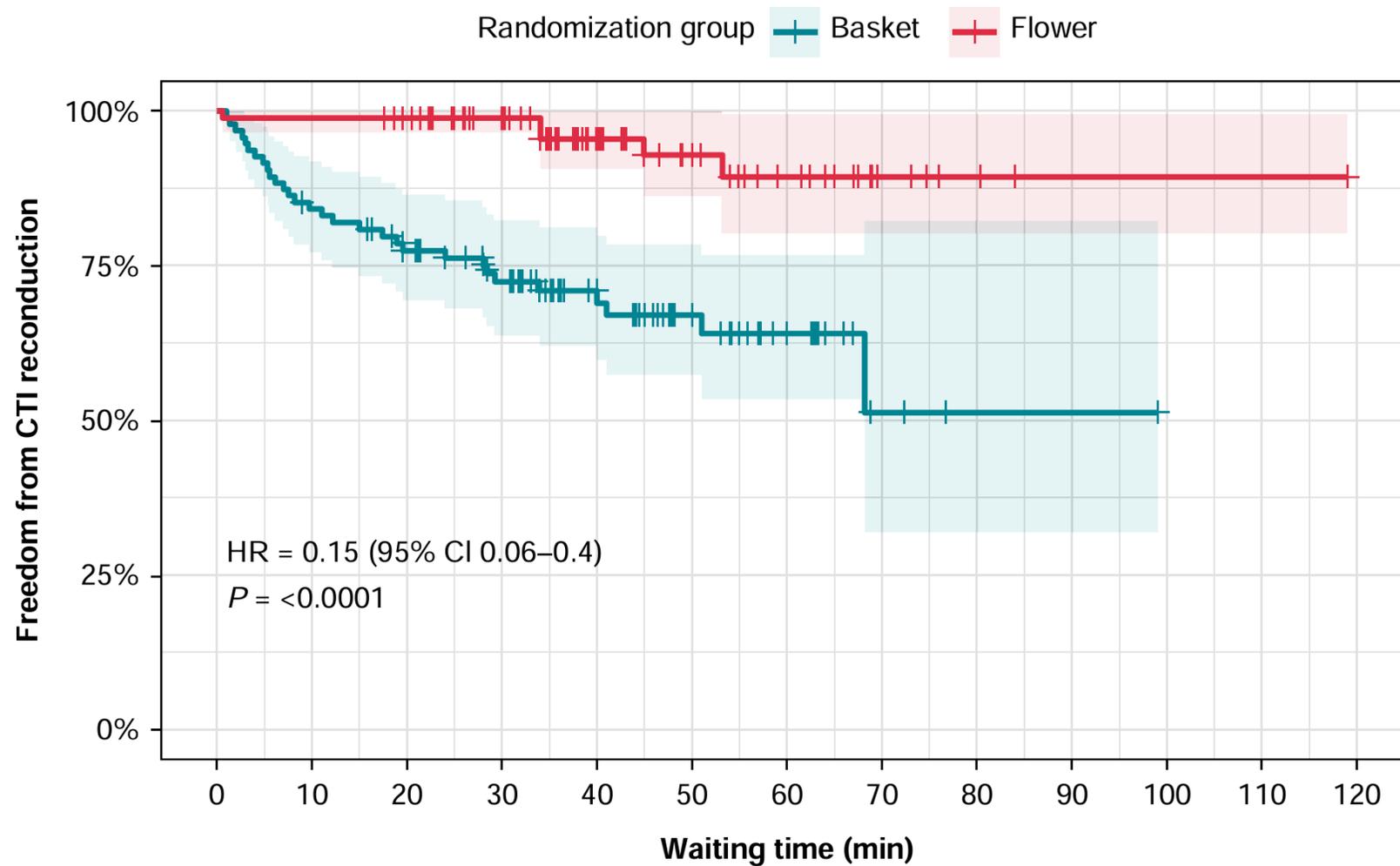
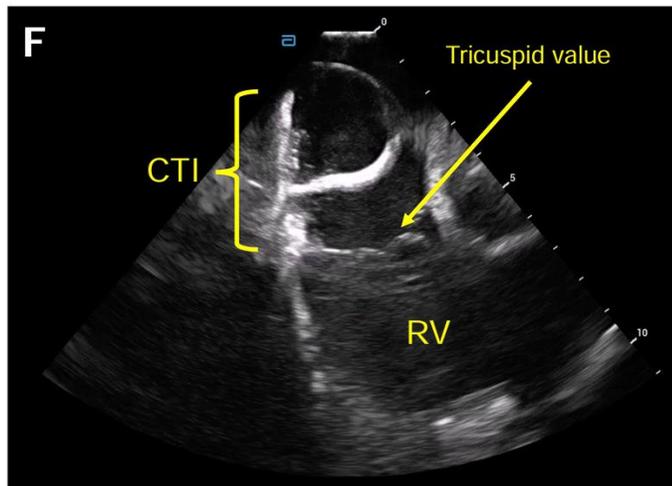
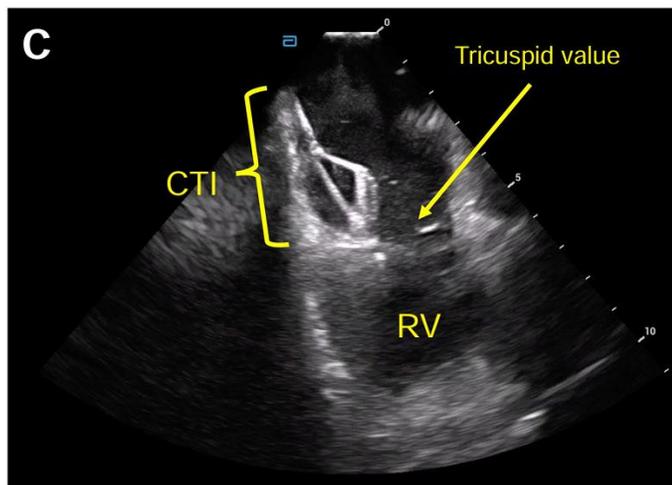
Atrioesophageal fistula 0/25 (0)



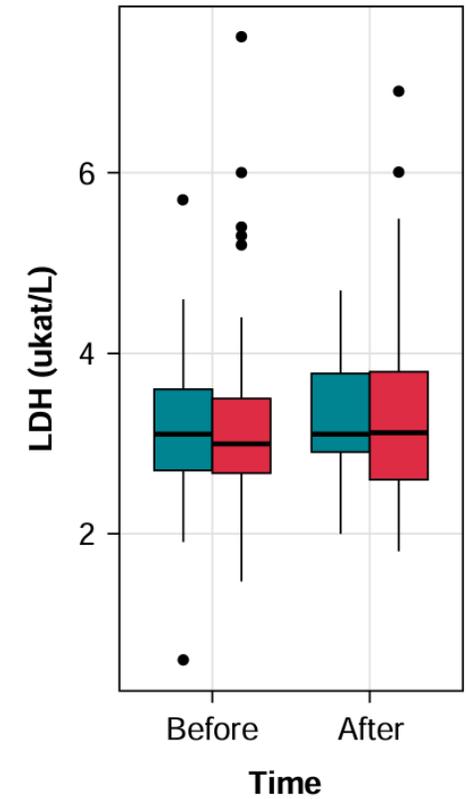
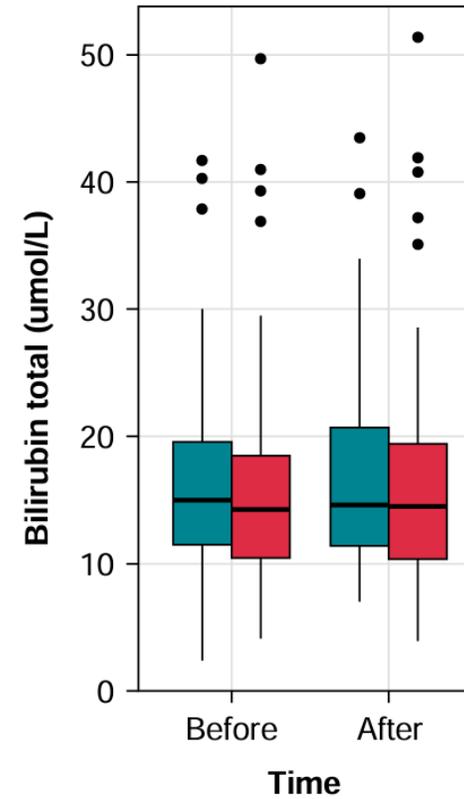
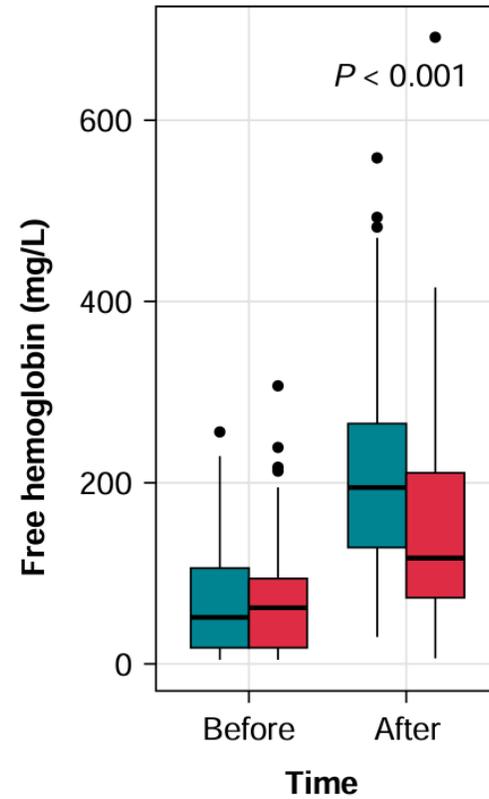
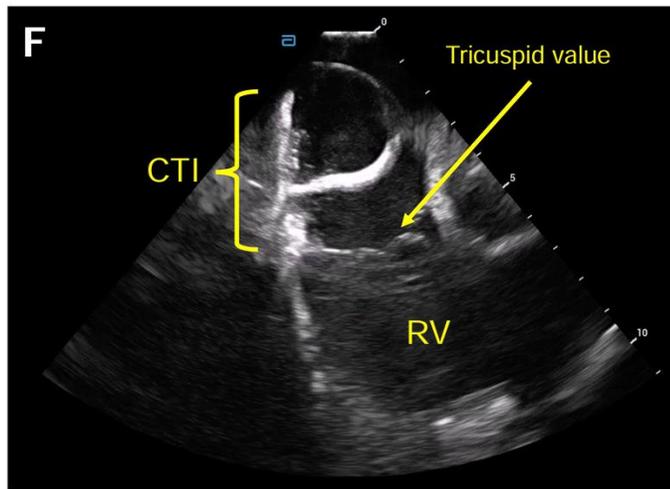
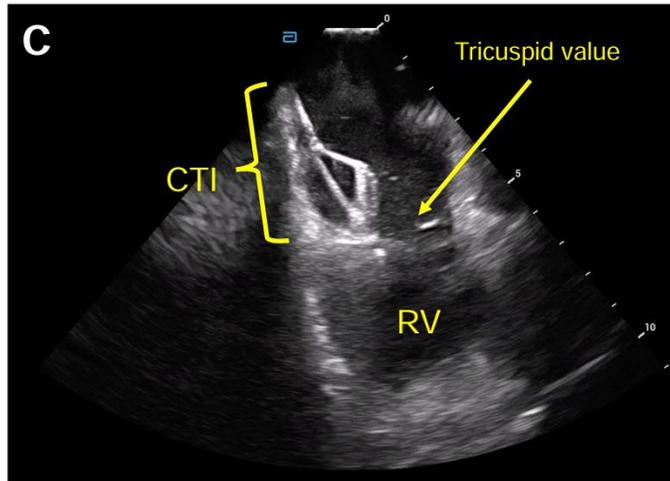
# Prevence vasospasmů u PFA CTI



# Pentaspine catheter



# Pentaspine catheter

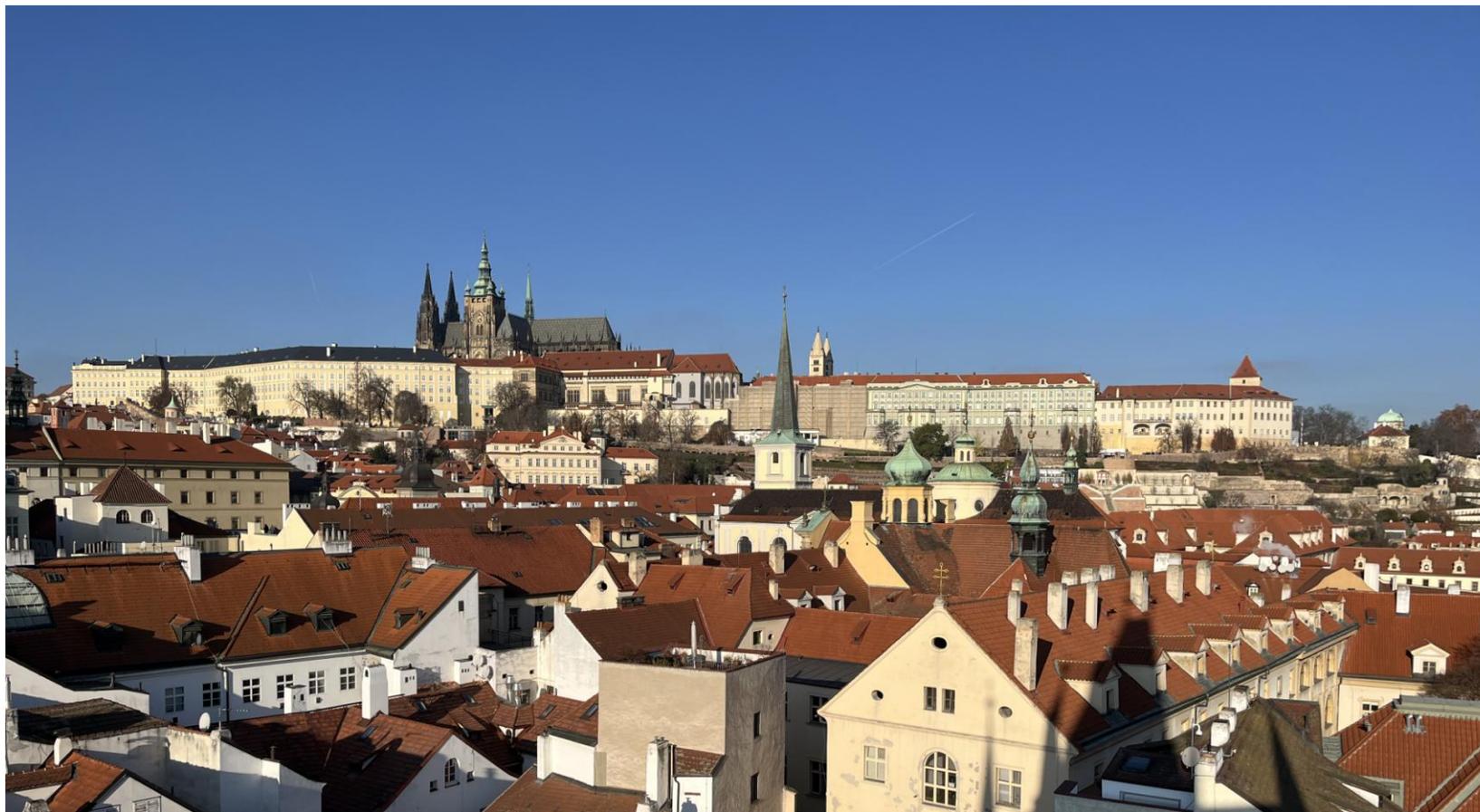


**Group**  
Basket  
Flower

# ZÁVĚRY

# PFA po provedení PVI

- Prováděna jak u paroxysmálních i non-paroxysmálních AF
- Snadnost, rychlost a bezpečnost
- Data převážně pro pentaspline katétr (designovaný pro PVI)
- PWI – technicky snadný výkon, rychlý a nejspíše trvalý. Klinický přínos je otazný.
- Blok na liniích v LA (pentaspline katétrem) často pouze přechodný
- Kavo-trikuspidální isthmus – je možné dosáhnout trvalého bloku vyšší efektivita „flower“
- Řada protokolů s předpokládaně odlišnými výsledky



**Děkuji za pozornost**