

|                                                         | Nemám<br>konflikt<br>zájmů | Mám konflikt<br>zájmů | Specifikace konfliktu (vyjmenujte subjekty,<br>firmy či instituce, se kterými Vaše spolupráce<br>může vést ke konfliktu zájmů) |
|---------------------------------------------------------|----------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Zaměstnanecký poměr                                     | X                          | X                     | Xxxxx                                                                                                                          |
| Vlastník / akcionář                                     | X                          |                       |                                                                                                                                |
| Konzultant                                              | X                          |                       |                                                                                                                                |
| Přednášková činnost                                     | X                          |                       |                                                                                                                                |
| Člen poradních sborů<br>(advisory boards)               | X                          |                       |                                                                                                                                |
| Podpora výzkumu / granty                                | X                          |                       |                                                                                                                                |
| Jiné honoráře (např. za<br>klinické studie či registry) | X                          |                       |                                                                                                                                |



1. LÉKAŘSKÁ  
FAKULTA  
Univerzita Karlova



BIOCEV

IKE  
+E  
M

# Biomarkers of Right Ventricular Dysfunction in HFrEF Identified by Direct Myocardial Proteomics

**Matěj Běhounek**

BIOCEV / IKEM / Charles University  
Prague, Czech Republic

# Why does RV dysfunction matter?

- Frequently observed in advanced HF
- Powerful indicator of mortality risk
- Essential for:
  - Assessing LVAD eligibility
  - Determining timing for heart transplantation
  - Monitoring progression of advanced HF
  - Currently, there is no specific circulating biomarker available

**RV assessment still relies mainly on imaging and hemodynamics.**

# Study Hypothesis

## **RV dysfunction induces:**

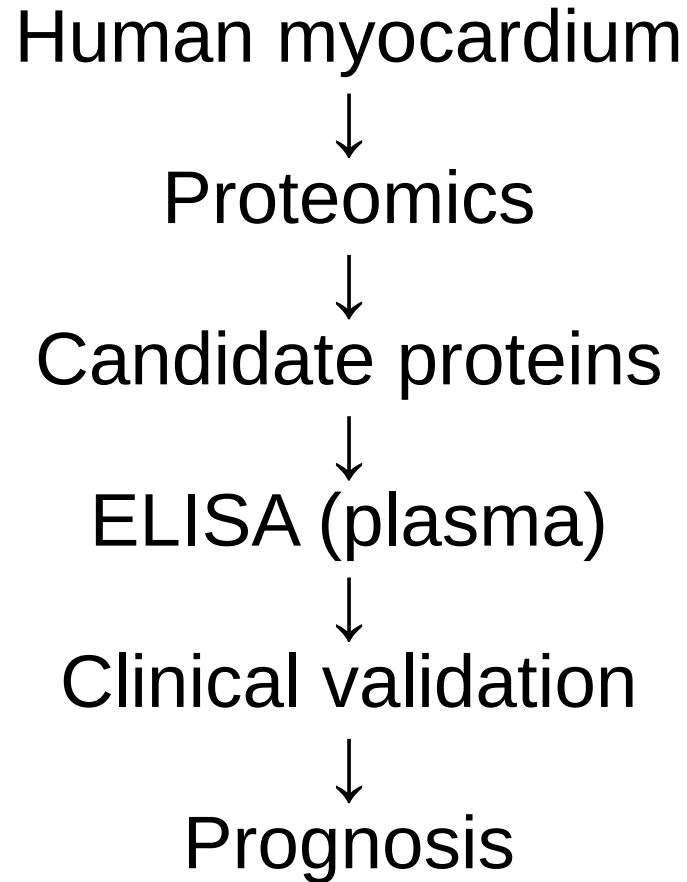
- myocardial remodeling
- extracellular matrix remodeling
- altered myocardial proteome



## **Some proteins may:**

- enter circulation
- be measurable in plasma
- serve as biomarkers

# Simple workflow diagram.



# Discovery Cohort

## Direct myocardial proteomics

### Cohort 1

- **122 HFrEF hearts** screened

### Selected:

- 10 non-failing donor hearts
- 10 preserved RV function
- 10 severe RVD

### Matched for:

- age
- body size
- HF etiology
- comorbidities

### Analyzed separately:

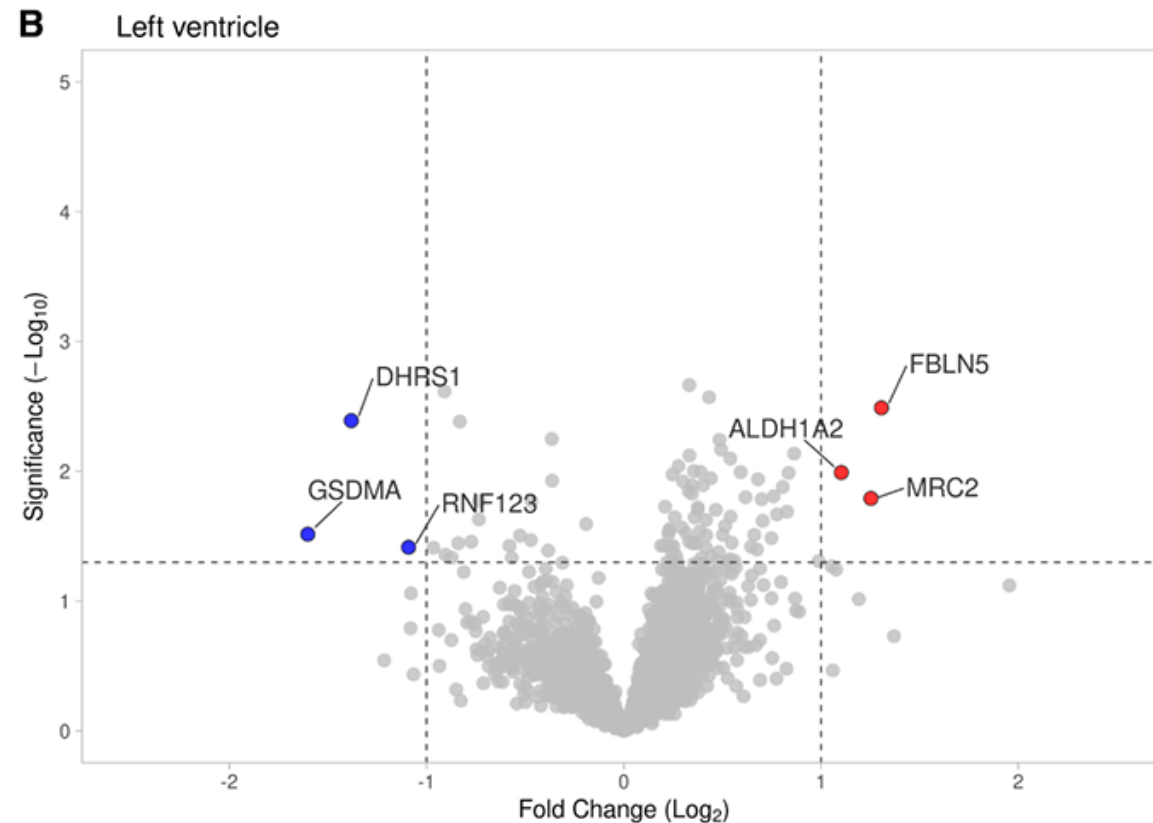
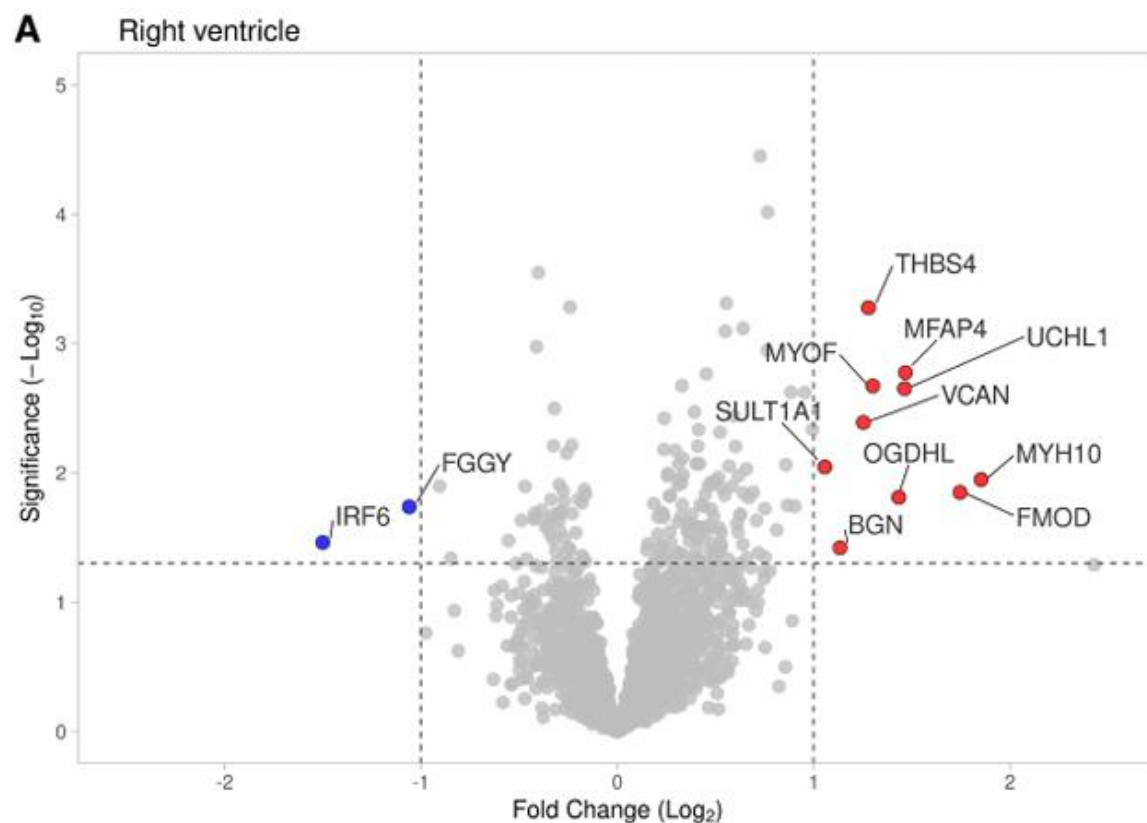
- RV myocardium
- LV myocardium

# Proteomic Analysis

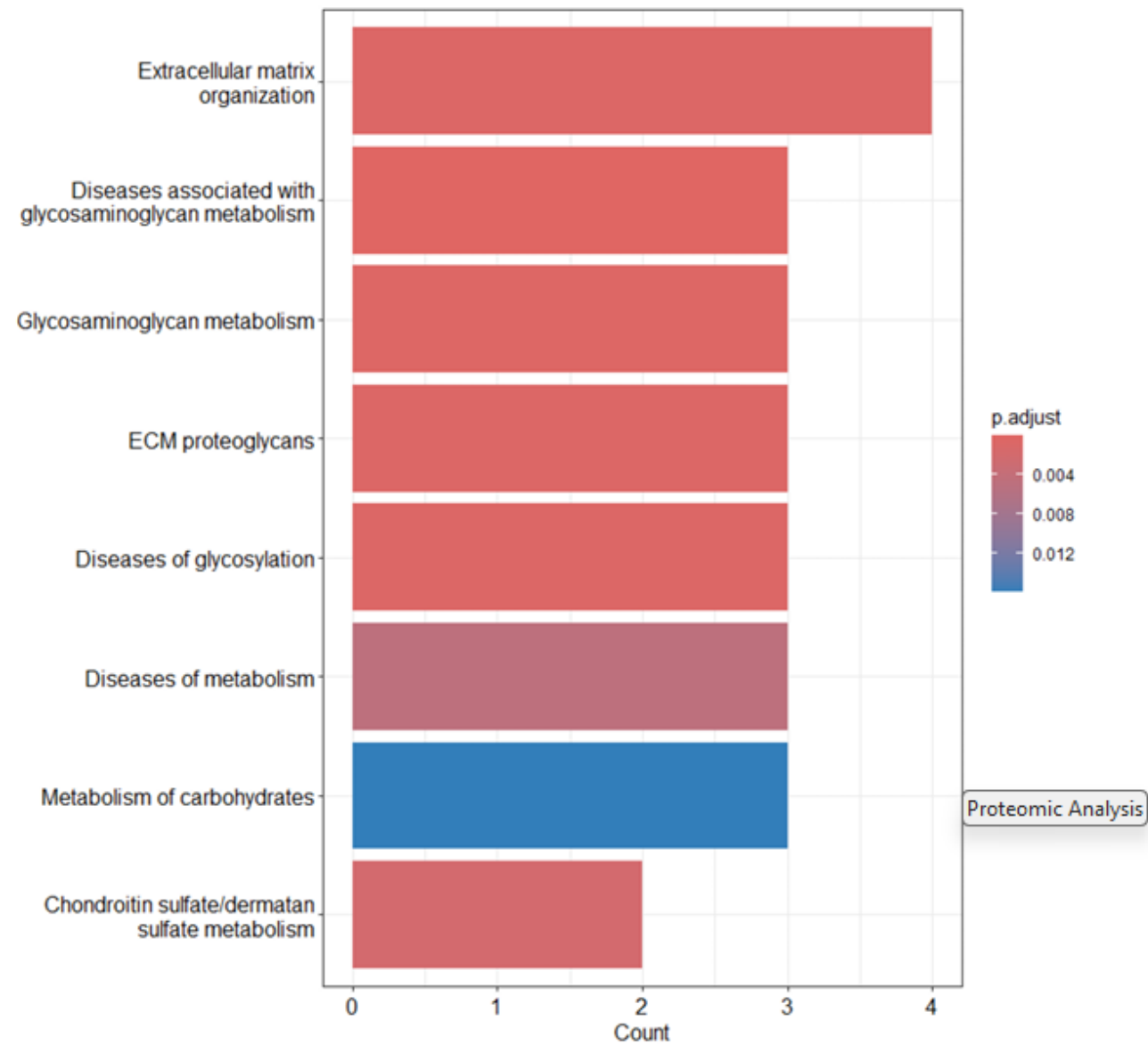
## Label-free quantitative proteomics

RV: 3477 protein groups

LV: 3633 protein groups



Label-free quantification proteomic analyses of ventricular myocardium of patients with heart failure with reduced ejection fraction **with right ventricular dysfunction (RVD) and without RVD (noRVD).**



**Figure S1. Gene Ontology (GO) enrichment analysis of proteins upregulated in right ventricles of HFrEF patients with RVD.**



# Key Differentially Expressed Proteins

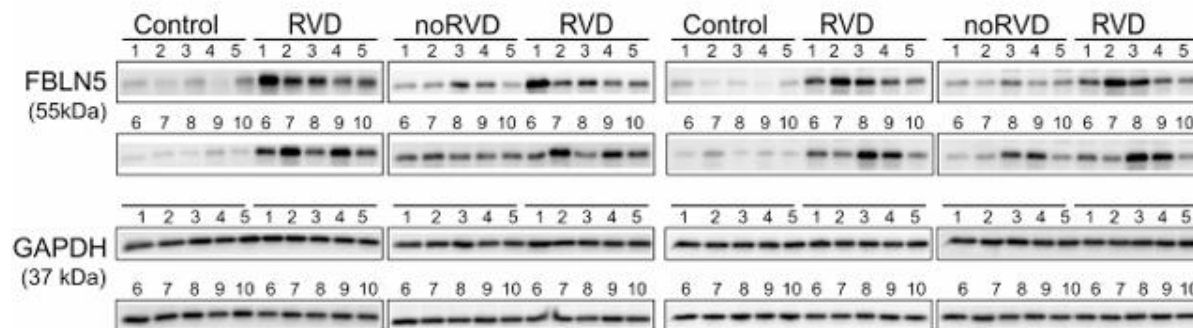
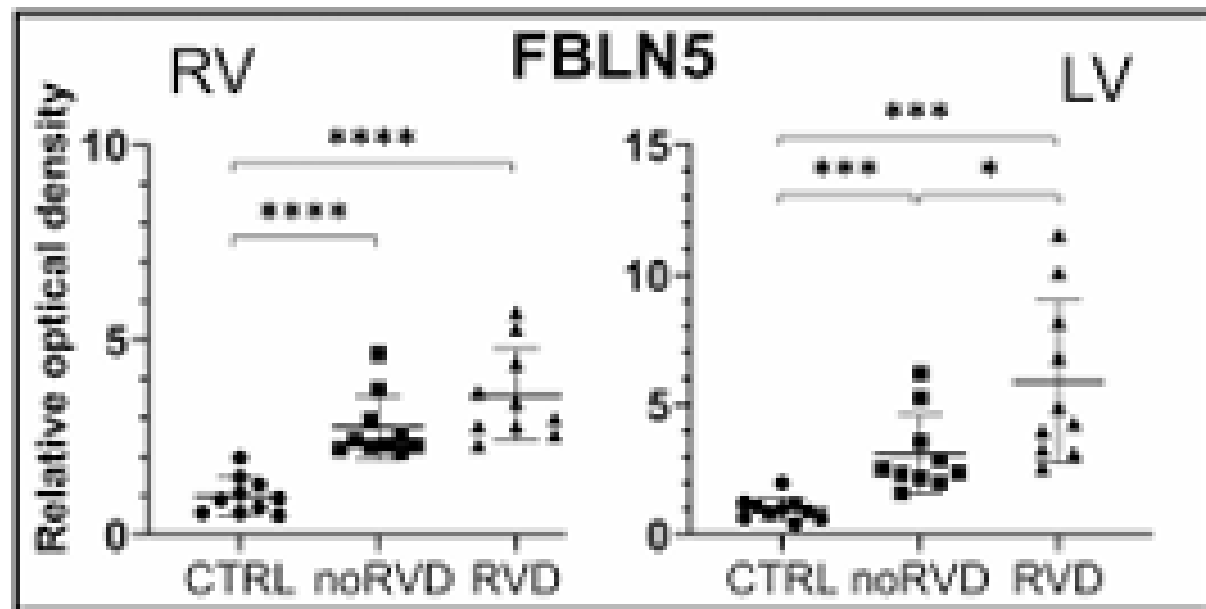
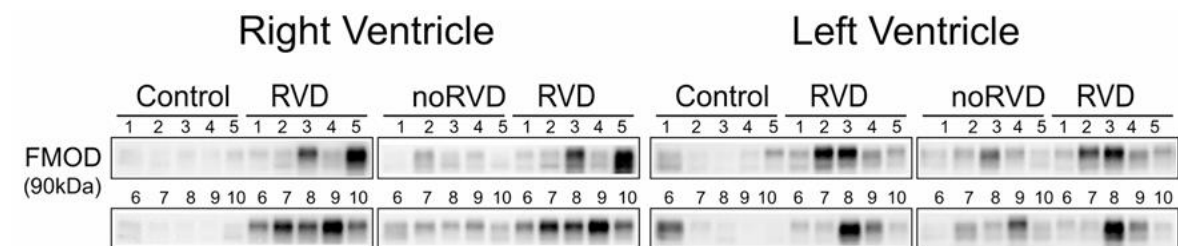
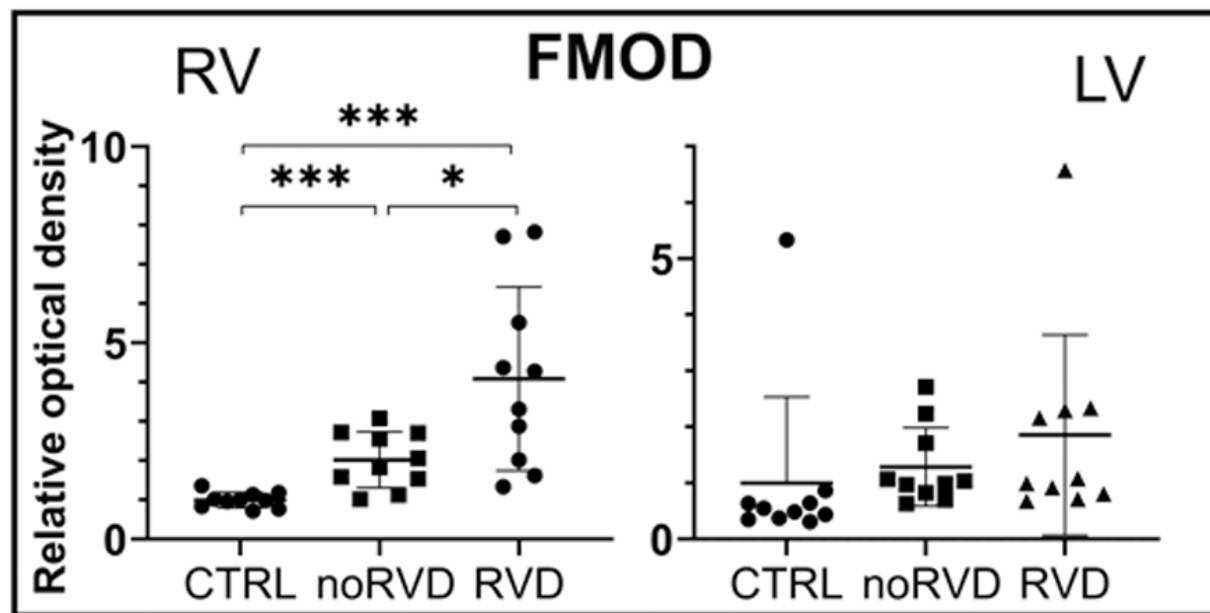
## RV upregulated proteins

| Protein     | Fold change  |
|-------------|--------------|
| <b>FMOD</b> | <b>3.35×</b> |
| MFAP4       | 2.76×        |
| THBS4       | 2.43×        |
| VCAN        | 2.38×        |

## LV upregulated proteins

| Protein      | Fold change  |
|--------------|--------------|
| <b>FBLN5</b> | <b>2.47×</b> |

**ECM remodeling emerged as the dominant molecular signature.**



# Tissue → Plasma Translation

**Can myocardial remodeling be detected in plasma?**

- Multiple candidate proteins were tested by ELISA using plasma from:
  - **the SAME patients** whose myocardium underwent **proteomics**

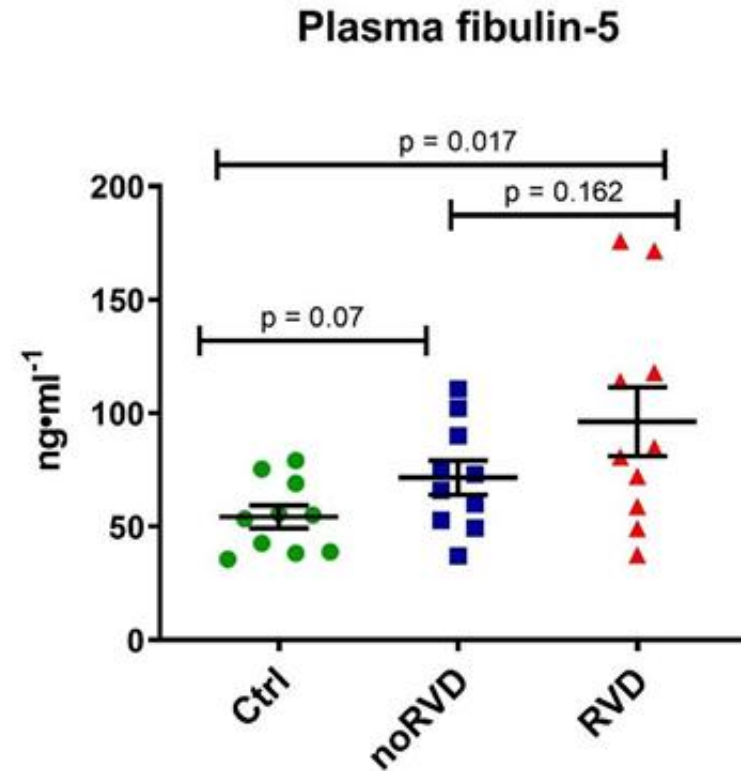
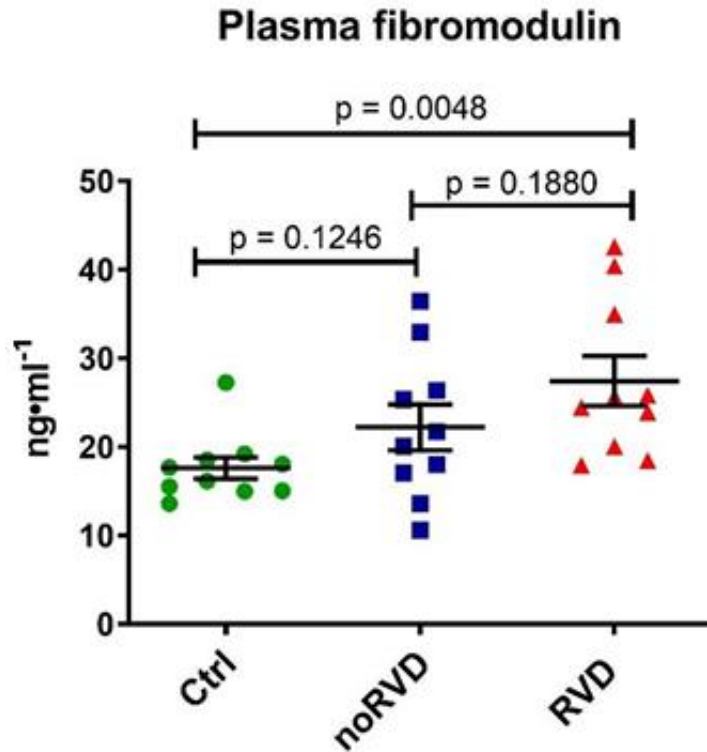
However:

- **Only FMOD and FBLN5 showed meaningful plasma differences.**



- Selected for large-scale clinical validation.

# Initial Plasma Results



## Group

Controls

HFrEF noRVD

HFrEF + RVD

## FMOD

17.6 ng/mL

22.2 ng/mL

27.1 ng/mL

## FBLN5

54.3 ng/mL

71.6 ng/mL

96.3 ng/mL

# Biological Interpretation

**What do FMOD and FBLN5 biologically represent?**

## **FMOD**

- collagen fibrillogenesis
- collagen cross-linking
- fibrosis remodeling

## **FBLN5**

- elastic fiber assembly
- tissue stiffness
- TGF- $\beta$ -related remodeling

**RV dysfunction appears strongly linked to extracellular matrix remodeling.**

# Validation Cohort

## **Advanced HF population:**

- mean LVEF: 21%
- NYHA III–IV: 86%
- moderate/severe RVD: 62%

## **Large clinical validation cohort**

**65 controls**

**232 HFrEF patients**

- HFrEF, preserved RV function (n=47)
- HFrEF, mild RVD (n=43)
- HFrEF, moderate RVD (n=96)
- HFrEF, severe RVD (n=46)

# RV Function Parameters

**FMOD and FBLN5 correlate with RV dysfunction**

**Significant association with:**

| Parameter            | FBLN5                  | FMOD                  |
|----------------------|------------------------|-----------------------|
| RV dysfunction grade | $\beta = 0.17^*$       | $\beta = 0.36\dagger$ |
| TAPSE                | $\beta = 1.92\ddagger$ | $\beta = 0.27\dagger$ |
| Sm-TDI               | $\beta = 0.14^*$       | $\beta = 0.27\dagger$ |
| PAPi                 | $\beta = 0.25\dagger$  | $\beta = 0.35\dagger$ |
| CVP/PCWP ratio       | $\beta = 0.19§$        | $\beta = 0.30\dagger$ |

- FMOD:  $p < 0.0001$
- FBLN5:  $p < 0.0001$

# Multivariable Analysis

- Association with RV dysfunction is independent of major confounders

## Adjusted for:

- LVEF
- age
- BMI
- diabetes
- eGFR
- cardiac index
- pulmonary vascular resistance

## Findings:

### **FMOD:**

highly RV-specific

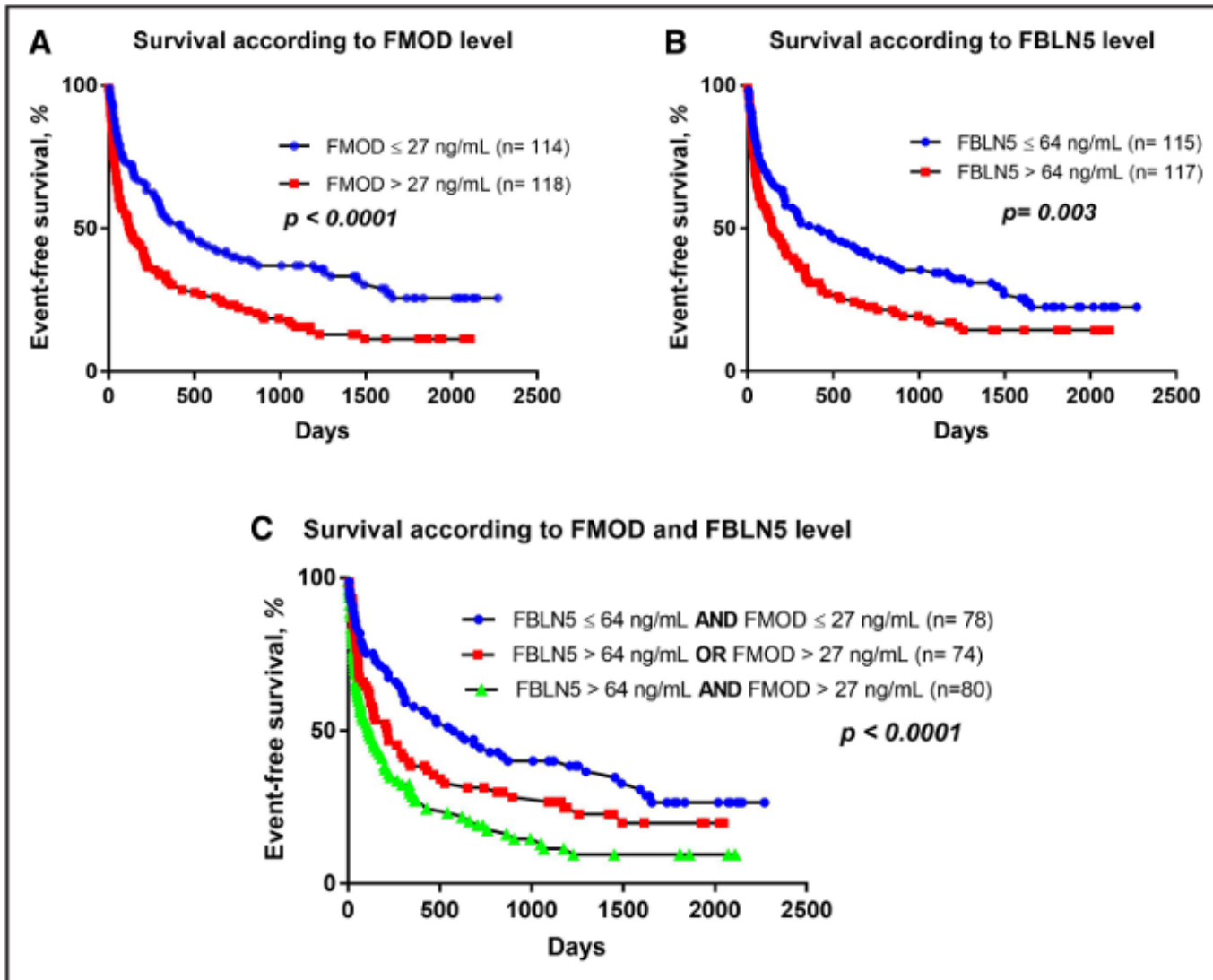
### **FBLN5:**

associated with RV dysfunction  
and RV afterload



# Prognostic Value

Both biomarkers predict adverse outcomes



**Higher FMOD and FBLN5 levels were associated with:**

- significantly worse **event-free survival**

- higher risk of death, urgent HTx, or MCS implantation

- progressive risk stratification when **both biomarkers were elevated**

**Median follow-up: 4.4 years**

# Prognostic Value

## Incremental prognostic value

### Cox regression

#### **FMOD**

HR 1.20 per SD  
p = 0.005

#### **FBLN5**

HR 1.30 per SD  
p = 0.0004

### AUC improvement

MAGGIC + RV dysfunction grade  
**0.57**

MAGGIC + FMOD + FBLN5:  
**0.669**  
p = 0.02

**Biomarkers improved prognostic stratification beyond standard RV assessment.**

# Conclusions

- **RV dysfunction was associated** with a distinct **extracellular matrix remodeling signature**.
- **FMOD and FBLN5** emerged as the most **clinically relevant candidate biomarkers**.
- **Both proteins progressively increased with worsening RV dysfunction** and remained significant after multivariable adjustment.
- **Elevated FMOD and FBLN5 levels** were associated with significantly worse long-term outcomes.
- **Combined biomarker assessment** improved **prognostic stratification** beyond standard RV assessment.