

# Užití sildenafilu k léčbě plicní hypertenze u dětí

Tomáš Juřenčák

P. Vít, J. Navrátil

Dětská kardiologie, Pediatrická klinika, FN Brno

**12.** SYMPOZIUM  
PRACOVNÍ SKUPINY  
PLICNÍ CÍRKULACE  
Galant, Lednice | 12. - 13. října  
**2018**



# Updated Clinical Classification of Pulmonary Hypertension

**Table 1** Updated Classification of Pulmonary Hypertension\*

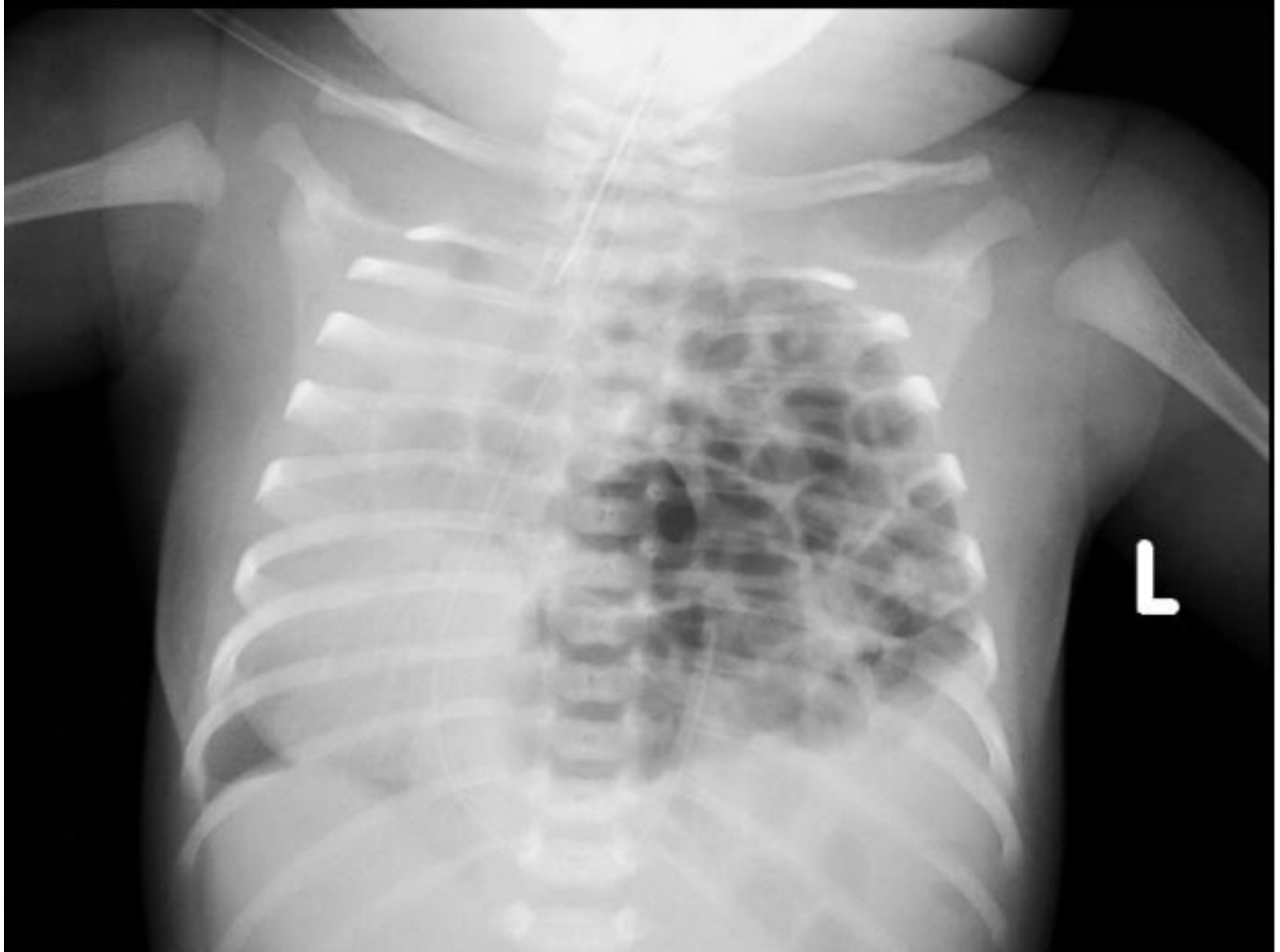
1. Pulmonary arterial hypertension <ul style="list-style-type: none"><li>1.1 Idiopathic PAH</li><li>1.2 Heritable PAH<ul style="list-style-type: none"><li>1.2.1 BMPR2</li><li>1.2.2 ALK-1, ENG, <b>SMAD9, CAV1, KCNK3</b></li><li>1.2.3 Unknown</li></ul></li><li>1.3 Drug and toxin induced</li><li>1.4 Associated with:<ul style="list-style-type: none"><li>1.4.1 Connective tissue disease</li><li>1.4.2 HIV infection</li><li>1.4.3 Portal hypertension</li><li>1.4.4 Congenital heart diseases</li><li>1.4.5 Schistosomiasis</li></ul></li></ul>	3. Pulmonary hypertension due to lung diseases and/or hypoxia <ul style="list-style-type: none"><li>3.1 Chronic obstructive pulmonary disease</li><li>3.2 Interstitial lung disease</li><li>3.3 Other pulmonary diseases with mixed restrictive and obstructive pattern</li><li>3.4 Sleep-disordered breathing</li><li>3.5 Alveolar hypoventilation disorders</li><li>3.6 Chronic exposure to high altitude</li><li>3.7 Developmental lung diseases</li></ul>
1' Pulmonary veno-occlusive disease and/or pulmonary capillary hemangiomatosis	4. Chronic thromboembolic pulmonary hypertension (CTEPH)
1''. <b>Persistent pulmonary hypertension of the newborn (PPHN)</b>	5. Pulmonary hypertension with unclear multifactorial mechanisms <ul style="list-style-type: none"><li>5.1 Hematologic disorders: <b>chronic hemolytic anemia</b>, myeloproliferative disorders, splenectomy</li><li>5.2 Systemic disorders: sarcoidosis, pulmonary histiocytosis, lymphangioleiomyomatosis</li><li>5.3 Metabolic disorders: glycogen storage disease, Gaucher disease, thyroid disorders</li><li>5.4 Others: tumoral obstruction, fibrosing mediastinitis, chronic renal failure, <b>segmental PH</b></li></ul>
2. Pulmonary hypertension due to left heart disease <ul style="list-style-type: none"><li>2.1 Left ventricular systolic dysfunction</li><li>2.2 Left ventricular diastolic dysfunction</li><li>2.3 Valvular disease</li><li>2.4 <b>Congenital/acquired left heart inflow/outflow tract obstruction and congenital cardiomyopathies</b></li></ul>	

\*5th WSPH Nice 2013. Main modifications to the previous Dana Point classification are in **bold**.  
BMPR = bone morphogenic protein receptor type II; CAV1 = caveolin-1; ENG = endoglin;  
HIV = human immunodeficiency virus; PAH = pulmonary arterial hypertension.

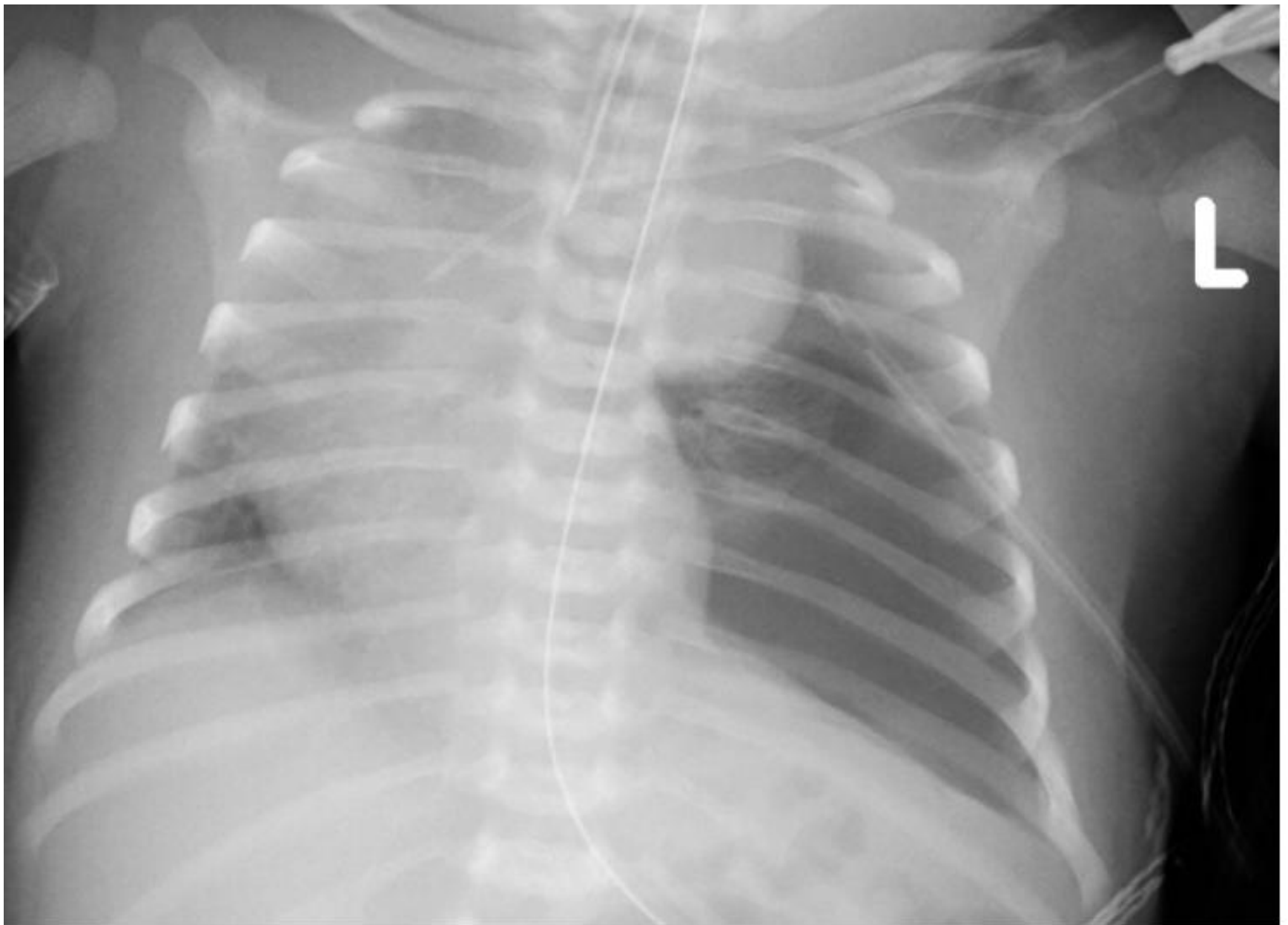
## 3.7 Developmental lung diseases

### Plicní hypertenze následkem vrozené brániční kýly

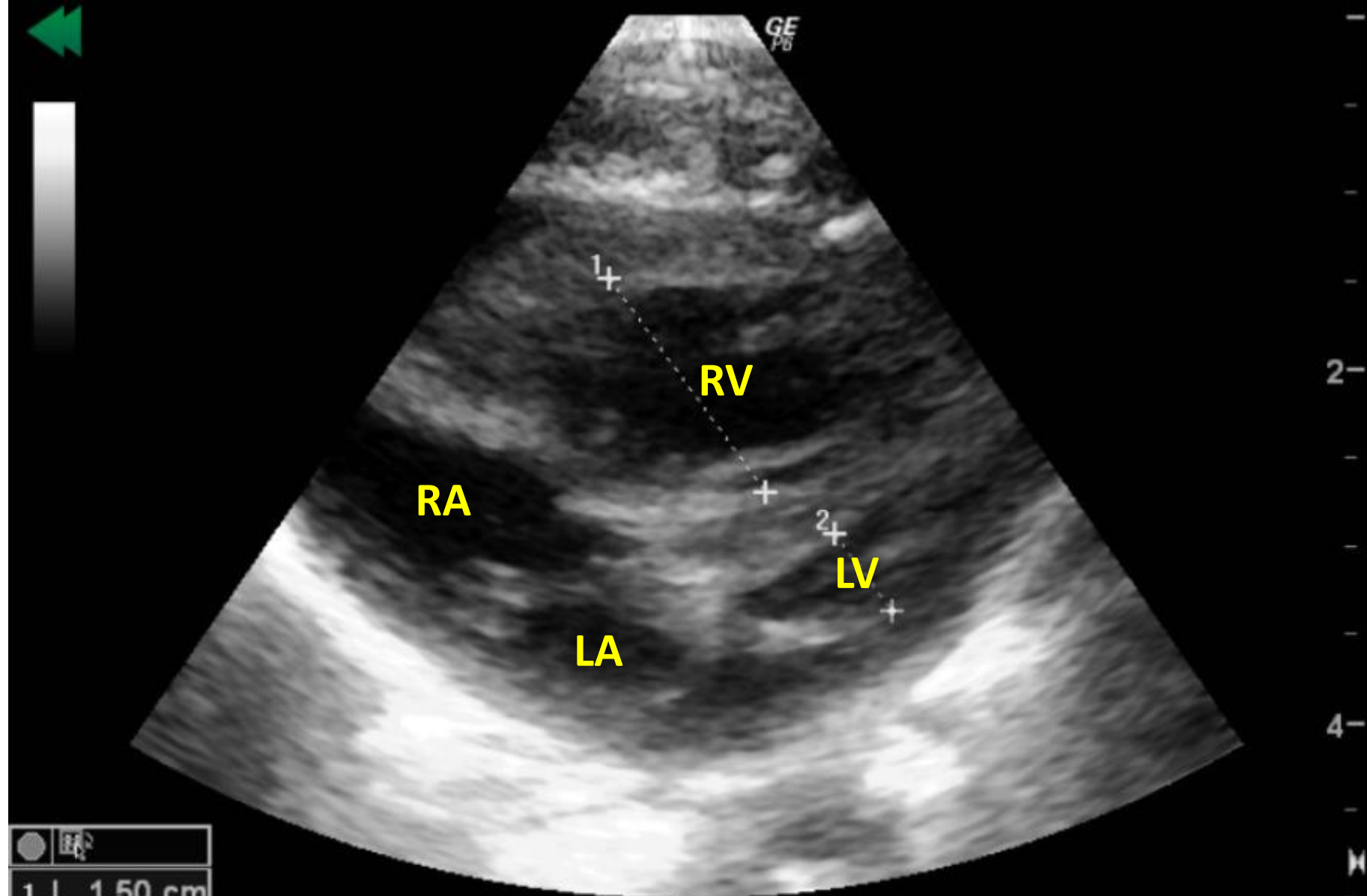
- prenatální nález levostranné brániční kýly
- 39. týden gravidity, plánovaný porod S.C.
- 4300 g, 50 cm



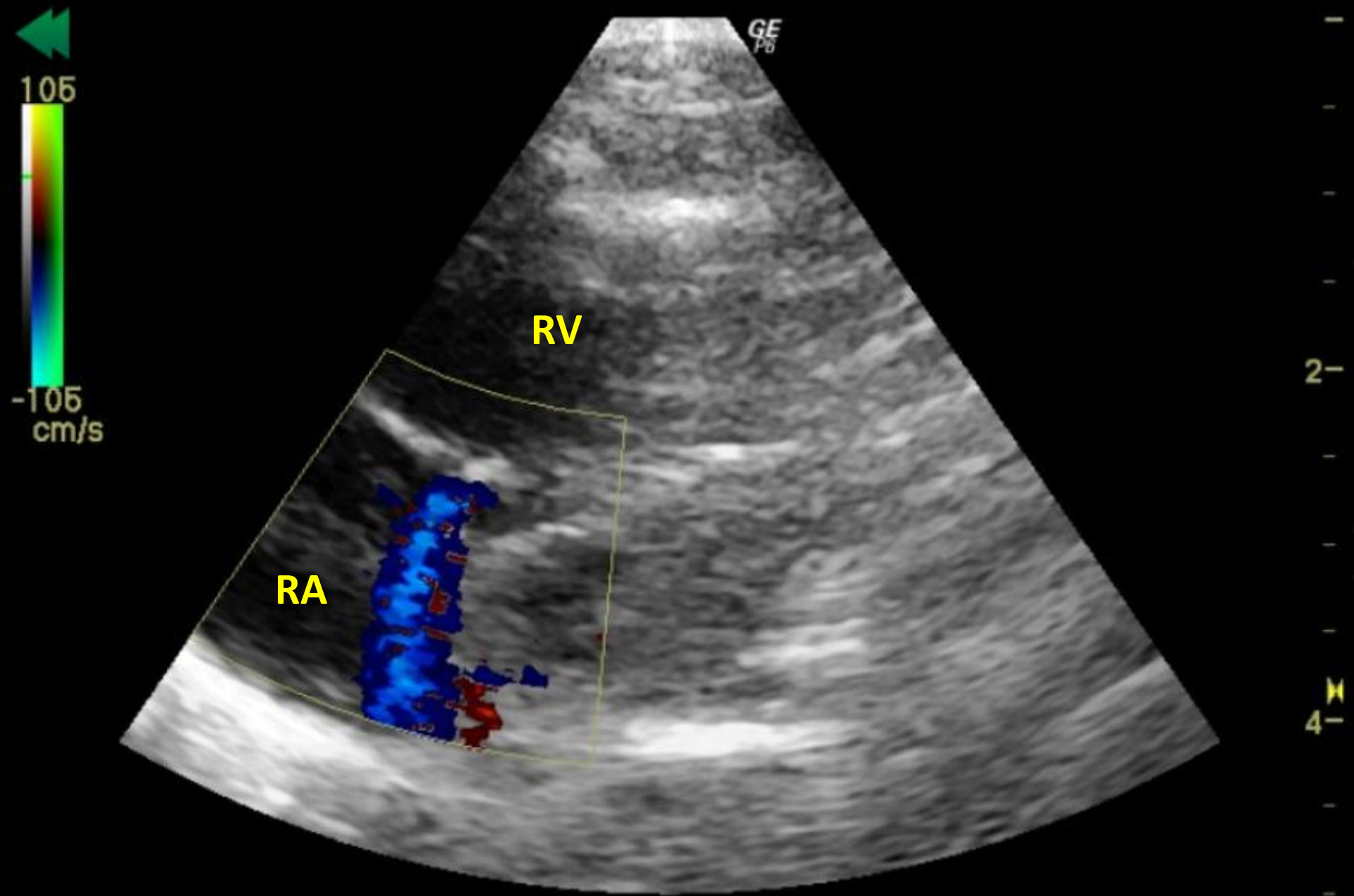
střevní kličky v levé hemithoraxu  
přesun středočárových struktur doprava  
plicní parenchym patrný jen vpravo bazálně laterálně

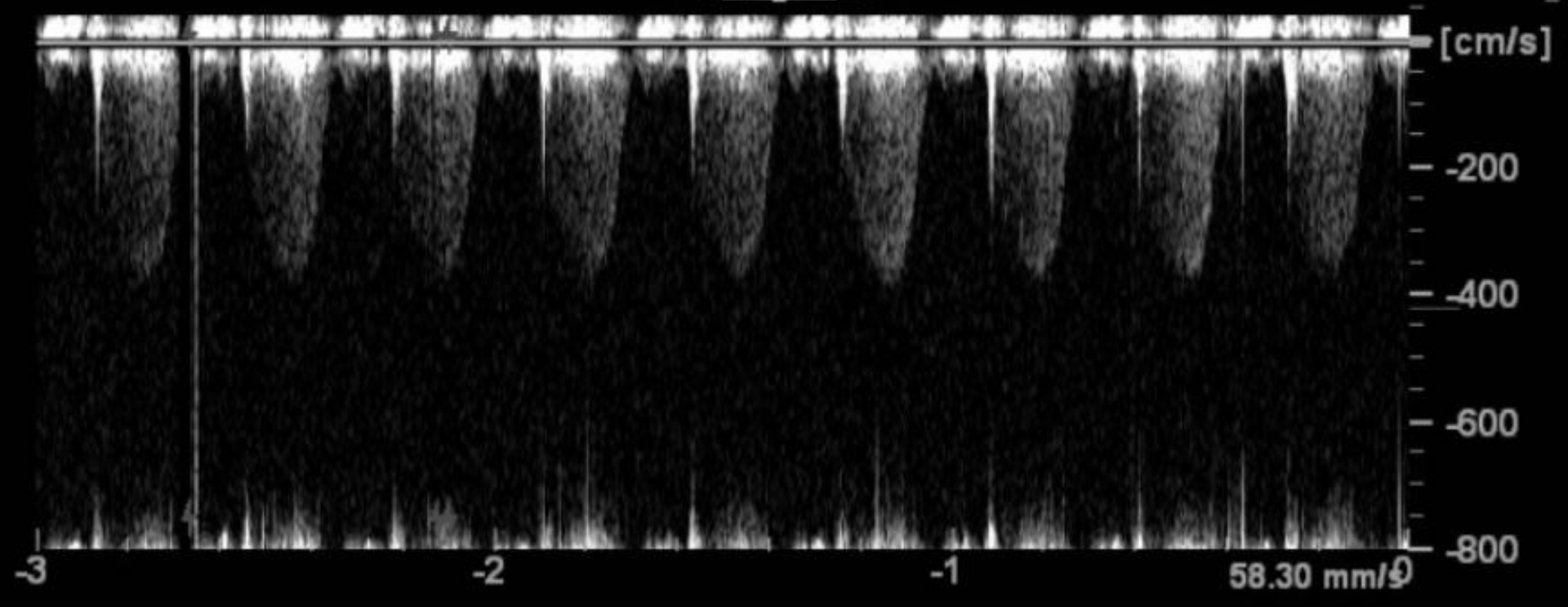
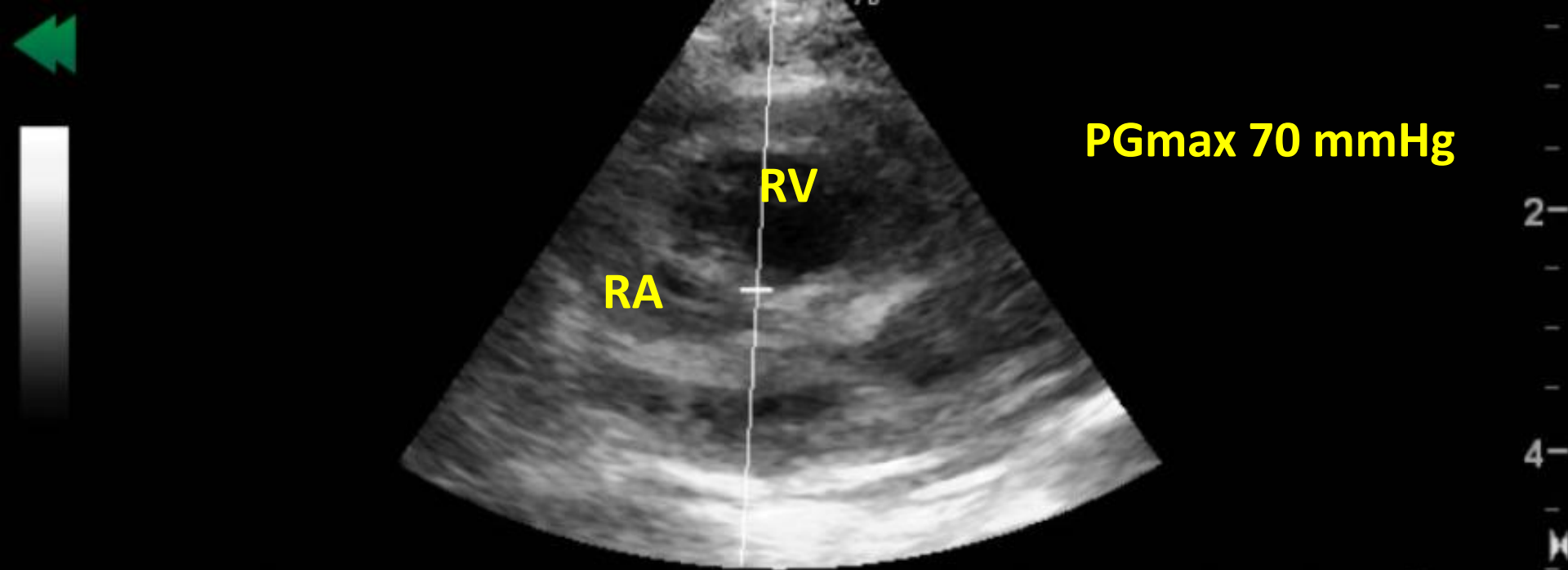


pooperační snímek, pneumothorax vlevo,  
levá plíce hypoplastická/zkolabovaná centrálně,  
posun struktur doprava

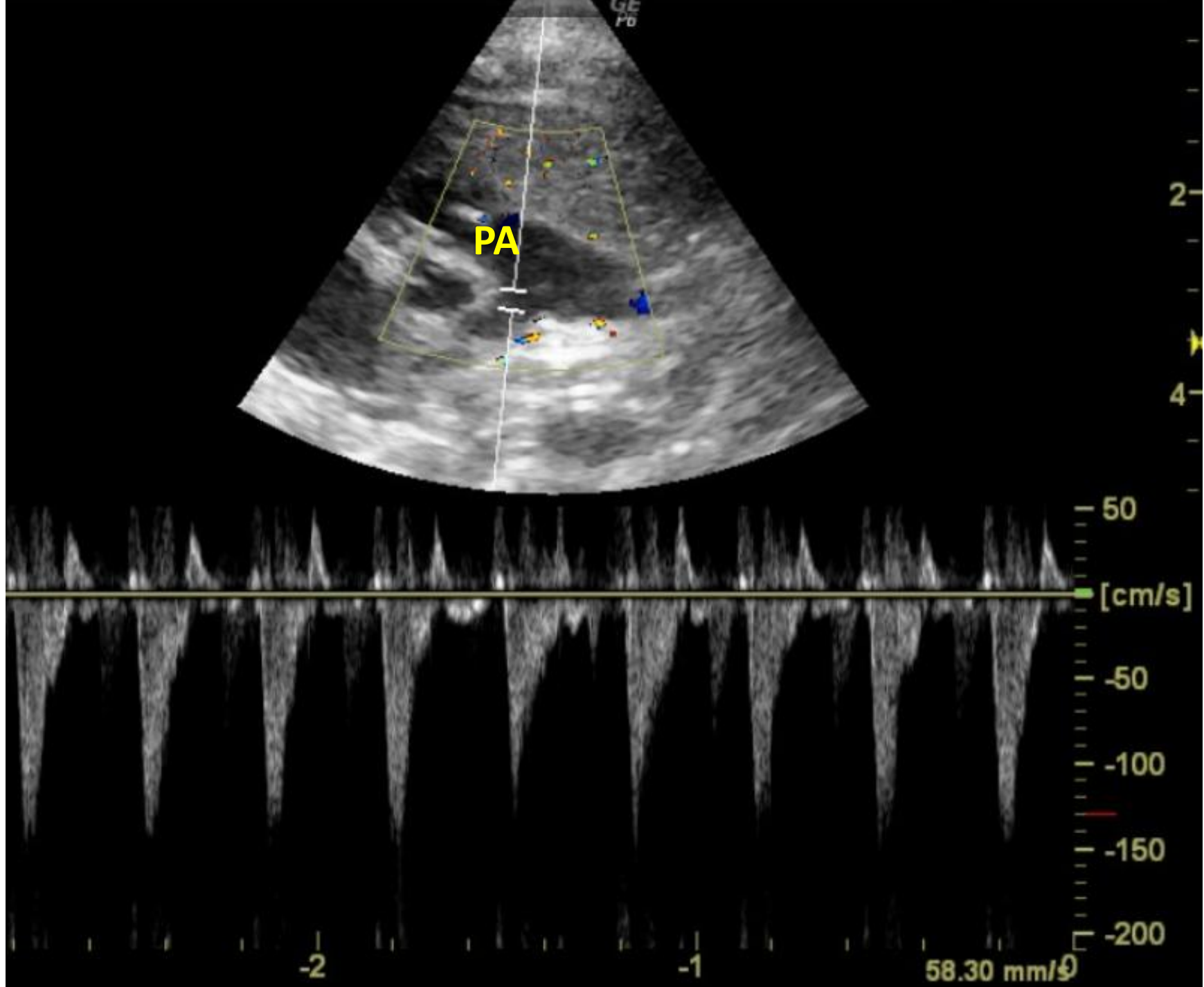


●	1	L	1.50 cm
●	2	L	0.54 cm
+	d		3.37 cm
	L		0.00 cm





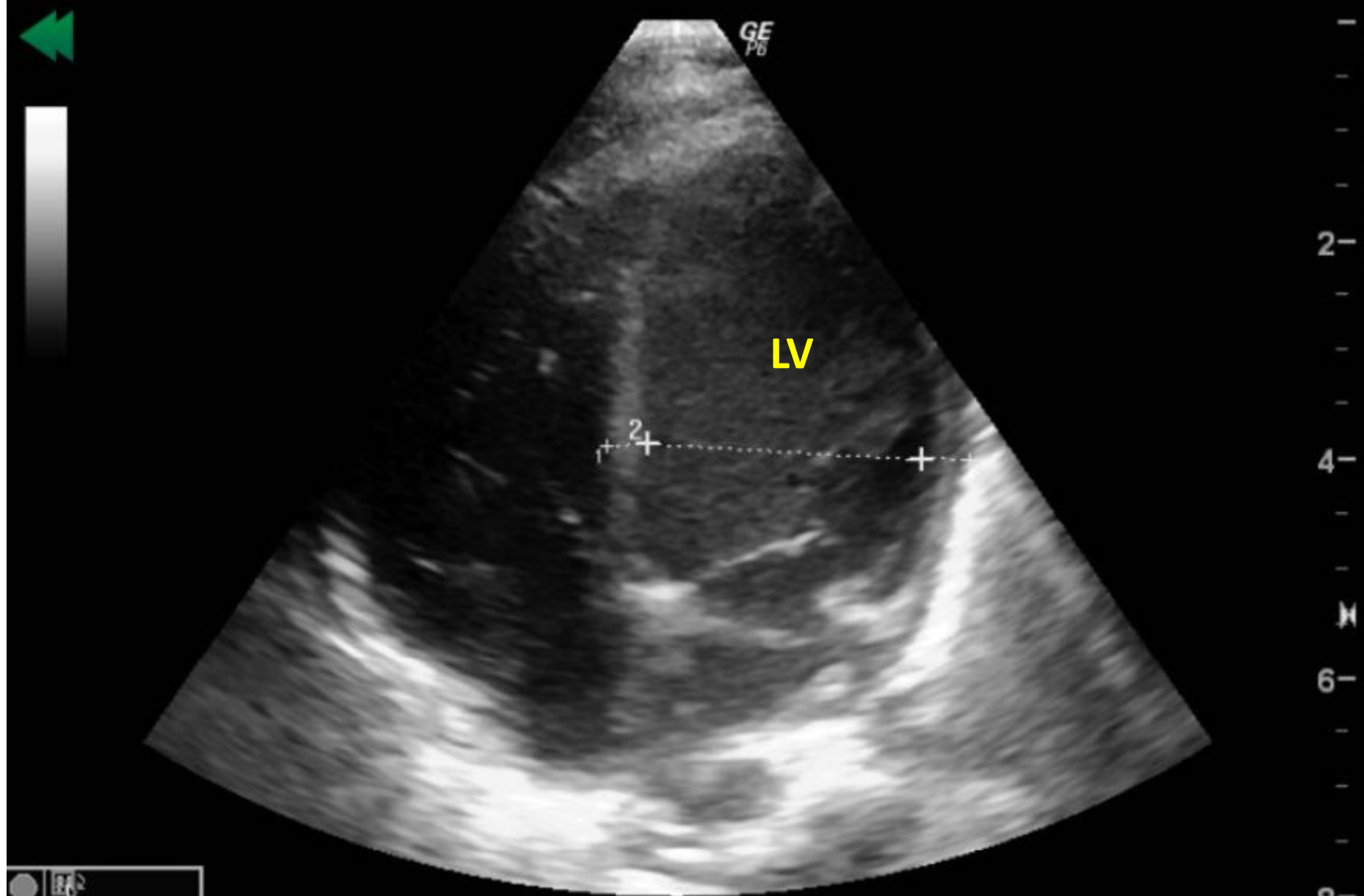




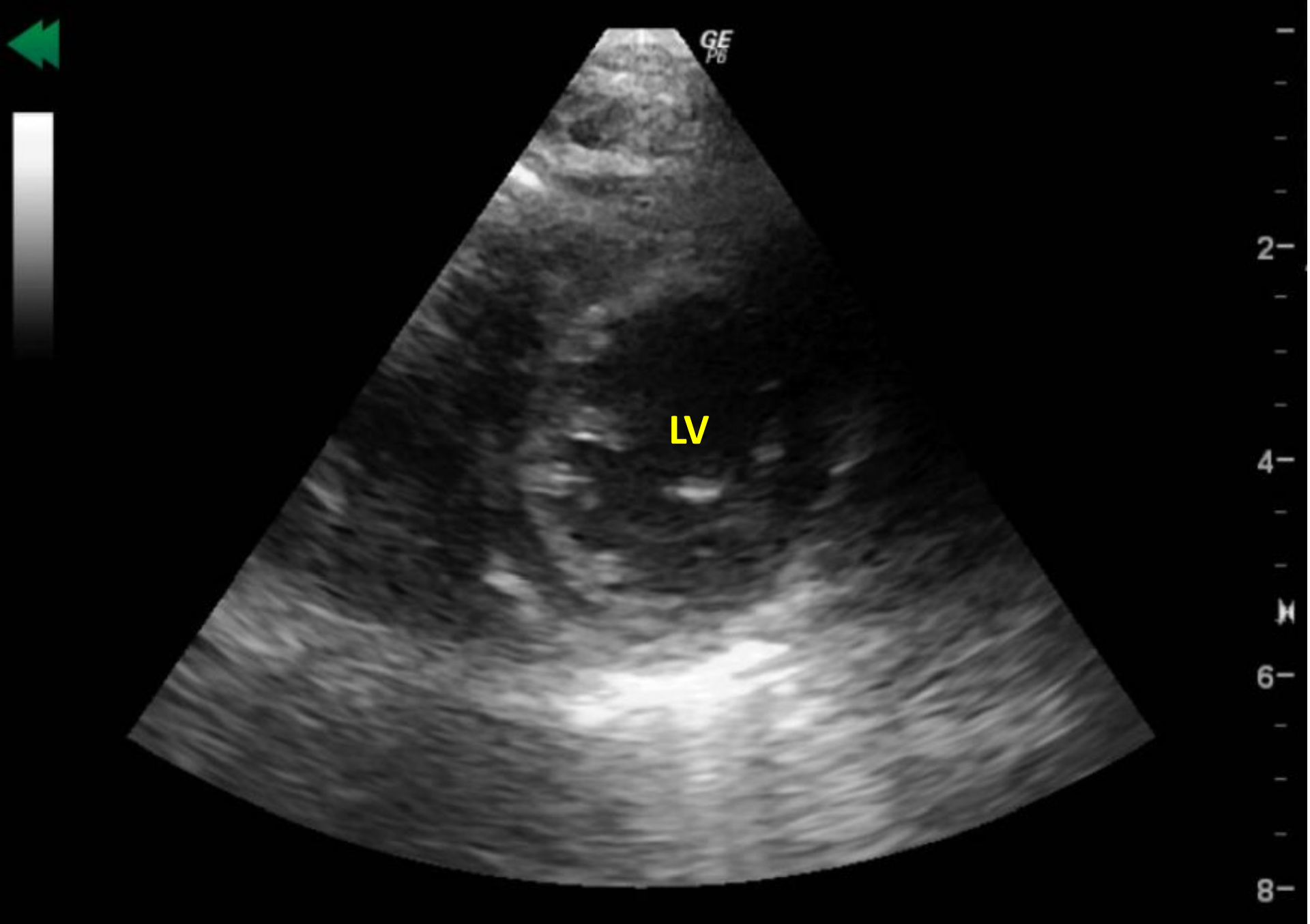
## 3.7 Developmental lung diseases

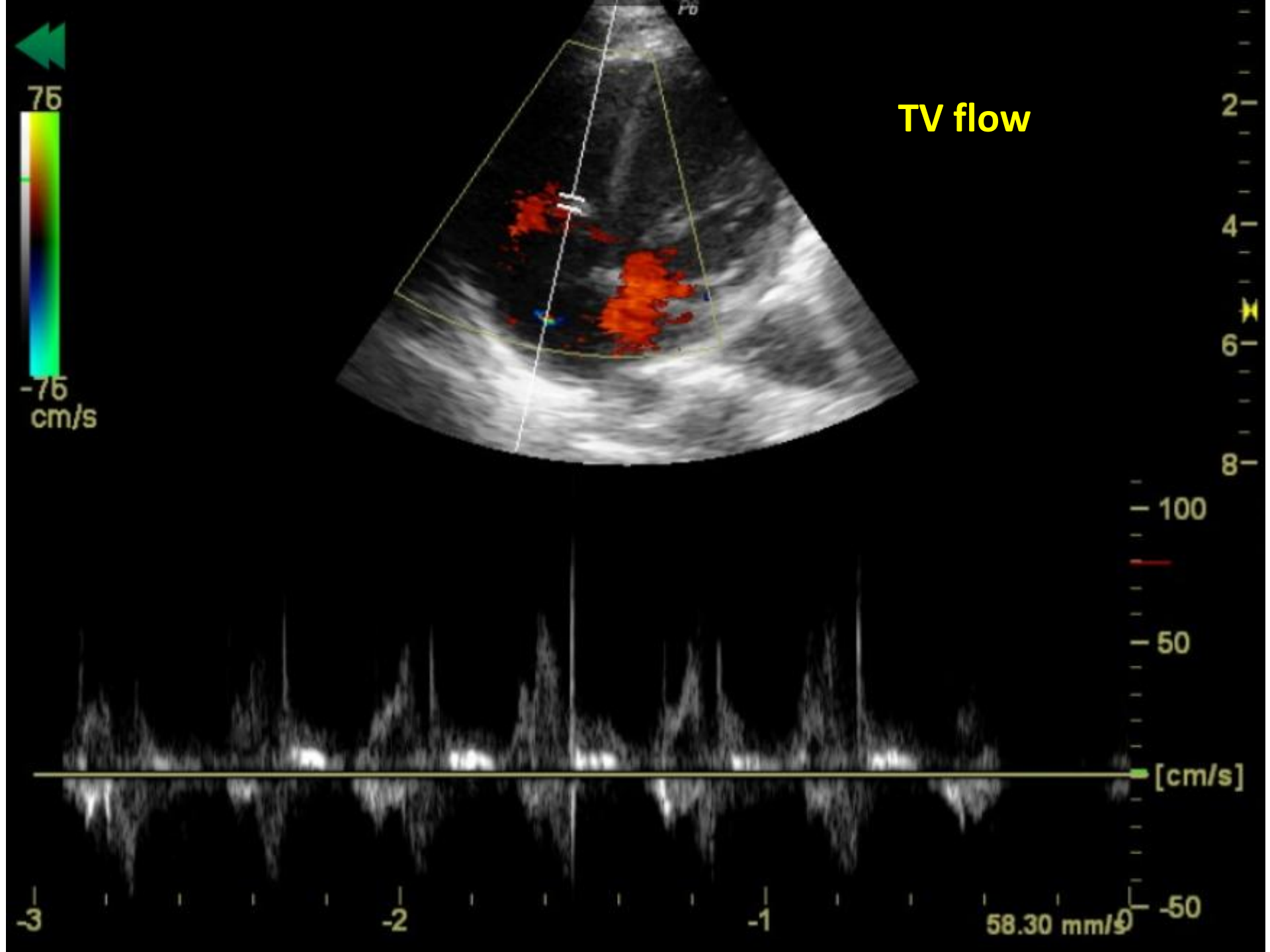
### Plicní hypertenze následkem vrozené brániční kýly

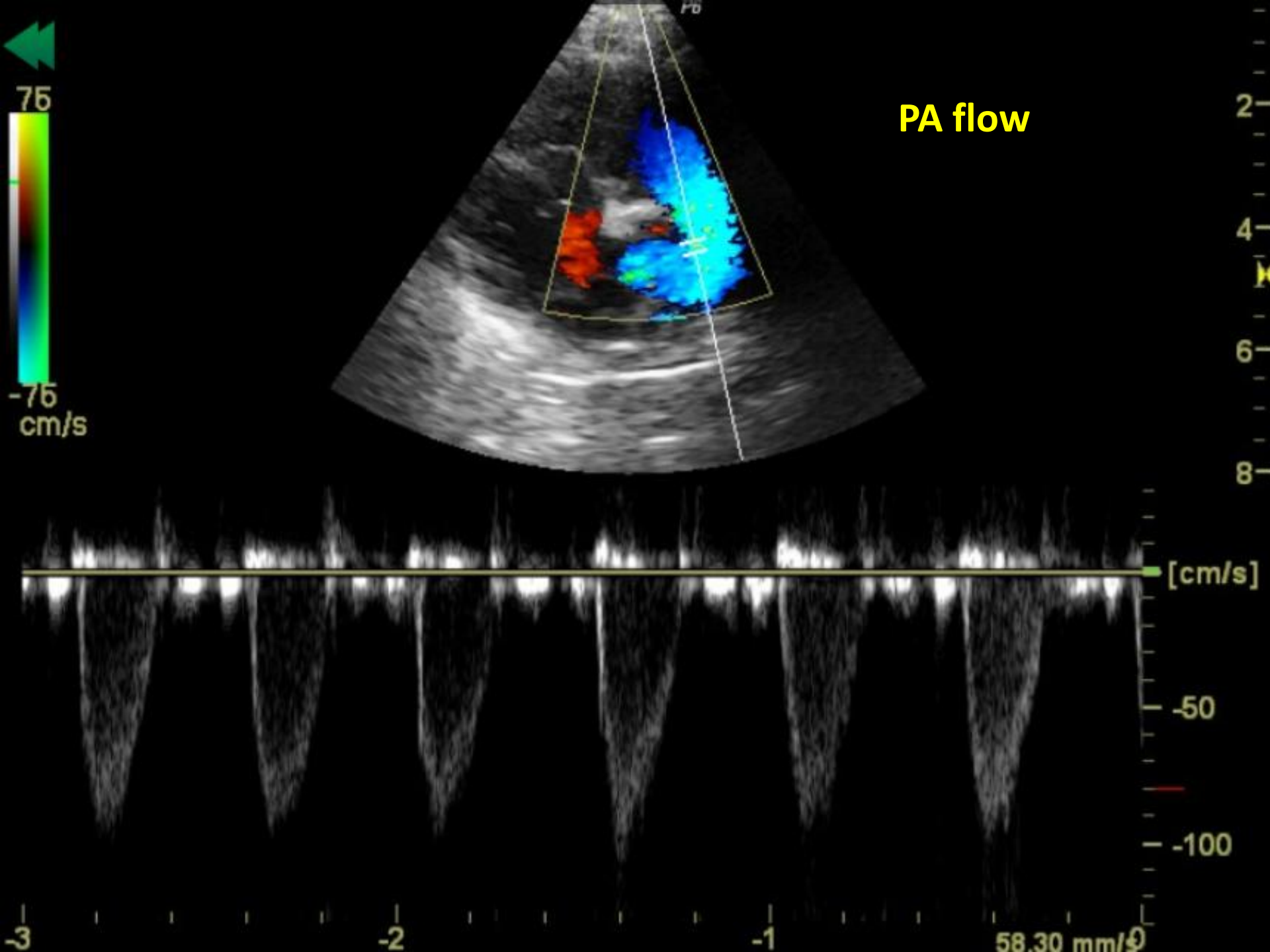
- komplexní intenzivní péče, operace UPV s aplikací NO (oxid dusnatý)
- sildenafil zaveden 49. den života
- maximální dávka 3 mg/kg/d
- za 28 dnů vymizení plicní hypertenze
- nezaznamenány klinicky významné či pozorovatelné nežádoucí účinky



●	1 L	0.38 cm
	2 L	2.47 cm
	3 L	0.43 cm









levé plicní křídlo hypoplastické,  
vzdušný plicní parenchym jen ve středním a částečně horním plicním poli

# Updated Clinical Classification of Pulmonary Hypertension

**Table 1** Updated Classification of Pulmonary Hypertension\*

<p>1. Pulmonary arterial hypertension</p> <ul style="list-style-type: none"><li>1.1 Idiopathic PAH</li><li>1.2 Heritable PAH<ul style="list-style-type: none"><li>1.2.1 BMPR2</li><li>1.2.2 ALK-1, ENG, <b>SMAD9, CAV1, KCNK3</b></li><li>1.2.3 Unknown</li></ul></li><li>1.3 Drug and toxin induced</li><li>1.4 Associated with:<ul style="list-style-type: none"><li>1.4.1 Connective tissue disease</li><li>1.4.2 HIV infection</li><li>1.4.3 Portal hypertension</li><li>1.4.4 Congenital heart diseases</li><li>1.4.5 Schistosomiasis</li></ul></li></ul> <p>1' Pulmonary veno-occlusive disease and/or pulmonary capillary hemangiomatosis</p> <p>1''. <b>Persistent pulmonary hypertension of the newborn (PPHN)</b></p> <p>2. Pulmonary hypertension due to left heart disease</p> <ul style="list-style-type: none"><li>2.1 Left ventricular systolic dysfunction</li><li>2.2 Left ventricular diastolic dysfunction</li><li>2.3 Valvular disease</li><li>2.4 <b>Congenital/acquired left heart inflow/outflow tract obstruction and congenital cardiomyopathies</b></li></ul>	<p>3. Pulmonary hypertension due to lung diseases and/or hypoxia</p> <ul style="list-style-type: none"><li>3.1 Chronic obstructive pulmonary disease</li><li>3.2 Interstitial lung disease</li><li>3.3 Other pulmonary diseases with mixed restrictive and obstructive pattern</li><li>3.4 Sleep-disordered breathing</li><li>3.5 Alveolar hypoventilation disorders</li><li>3.6 Chronic exposure to high altitude</li><li>3.7 Developmental lung diseases</li></ul> <p>4. Chronic thromboembolic pulmonary hypertension (CTEPH)</p> <p>5. Pulmonary hypertension with unclear multifactorial mechanisms</p> <ul style="list-style-type: none"><li>5.1 Hematologic disorders: <b>chronic hemolytic anemia</b>, myeloproliferative disorders, splenectomy</li><li>5.2 Systemic disorders: sarcoidosis, pulmonary histiocytosis, lymphangioleiomyomatosis</li><li>5.3 Metabolic disorders: glycogen storage disease, Gaucher disease, thyroid disorders</li><li>5.4 Others: tumoral obstruction, fibrosing mediastinitis, chronic renal failure, <b>segmental PH</b></li></ul>
---	--

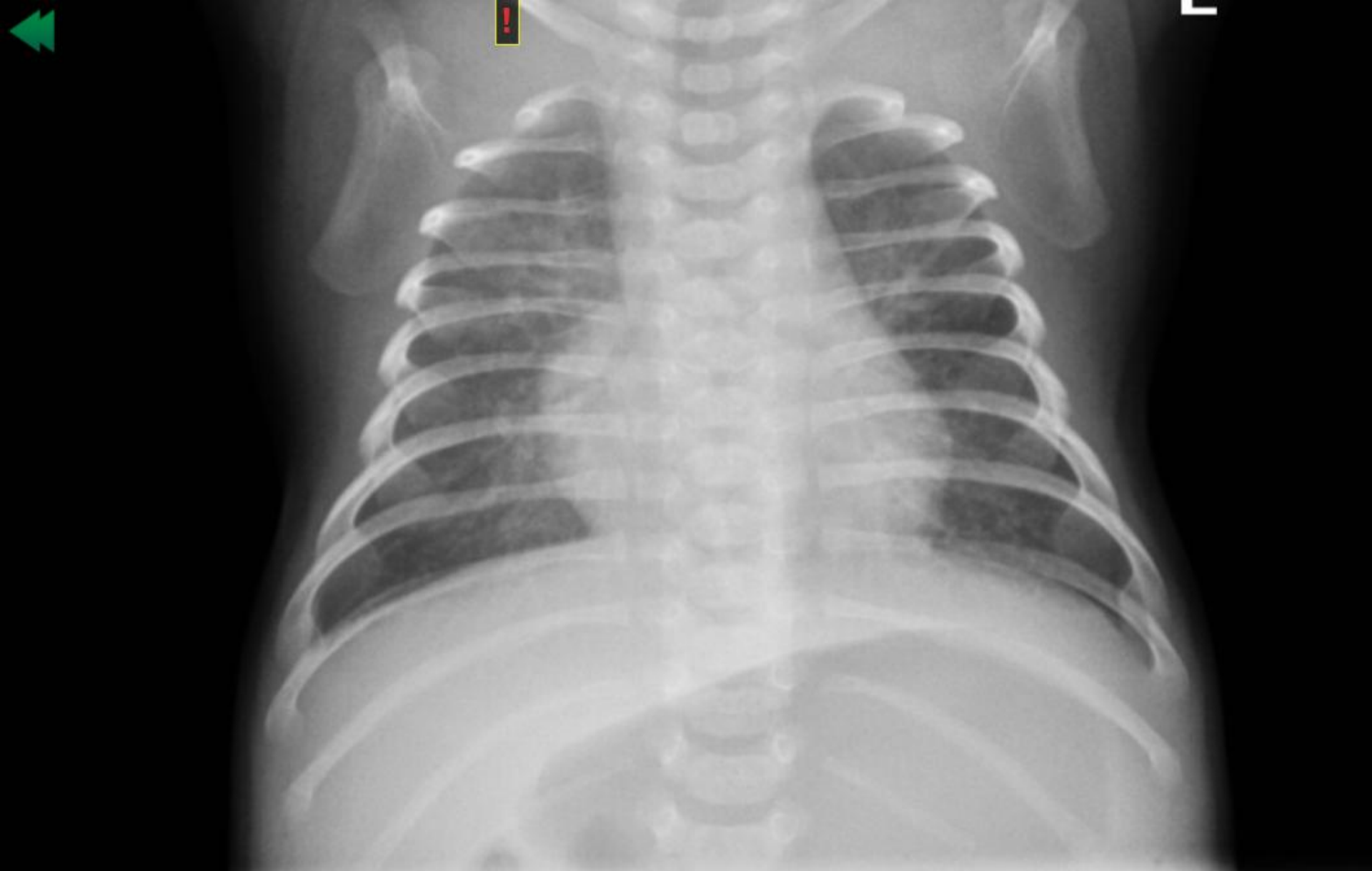
\*5th WSPH Nice 2013. Main modifications to the previous Dana Point classification are in **bold**.  
BMPR = bone morphogenic protein receptor type II; CAV1 = caveolin-1; ENG = endoglin;  
HIV = human immunodeficiency virus; PAH = pulmonary arterial hypertension.



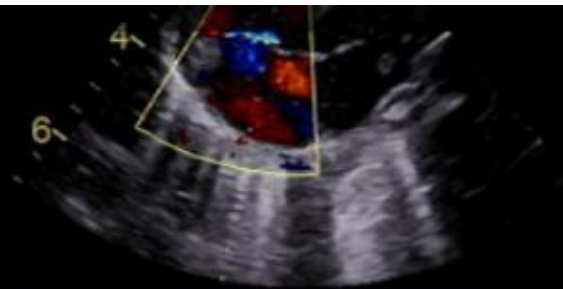
## 3.5 Alveolar hypoventilation disorders

### Plicní hypertenze u pacienta s Downovým syndromem

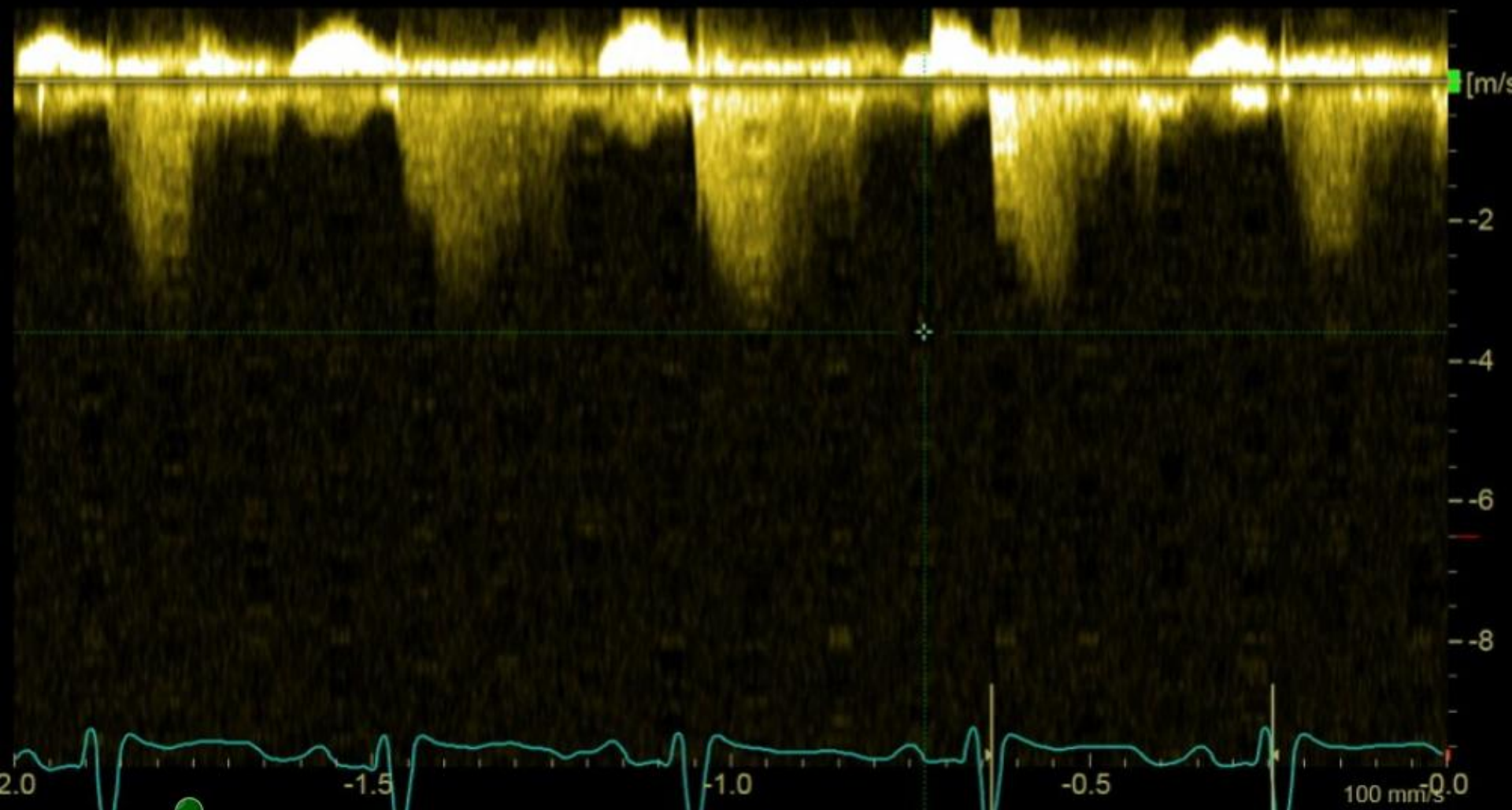
- lehká prematurita, 34. t.g.,
- hypotrofie pod 3. perc.,
- porodní míry 1050 g, 40 cm
- morbus Down – chronická hypoventilace následkem obstrukce horních cest dýchacích



oboustranně centrálně zmnožená bronchovaskulární kresba  
plicní parenchym bez jednoznačných infiltrací, bez ložisek  
hyperplazie thymu

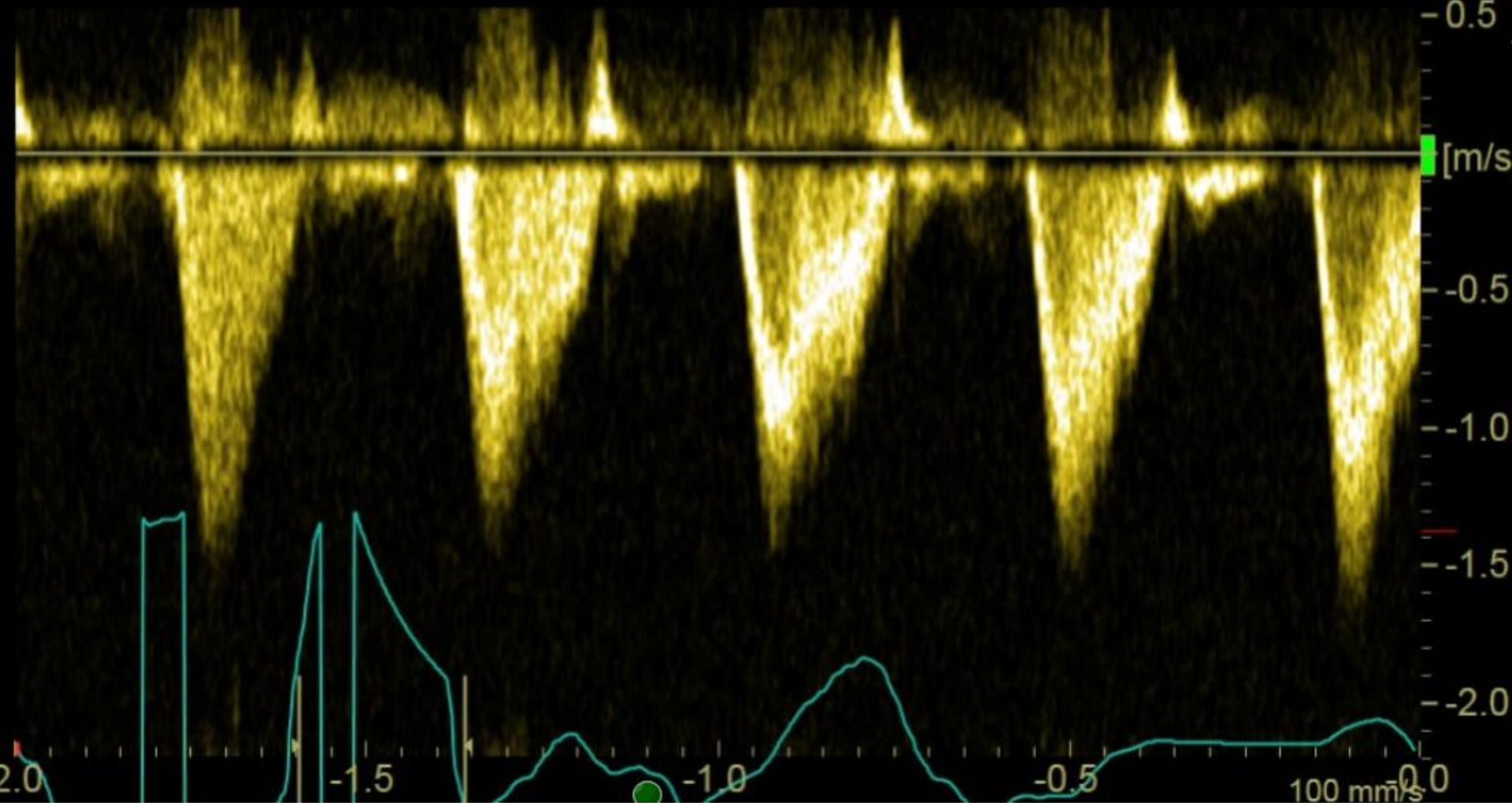


**PGmax 50 mmHg**





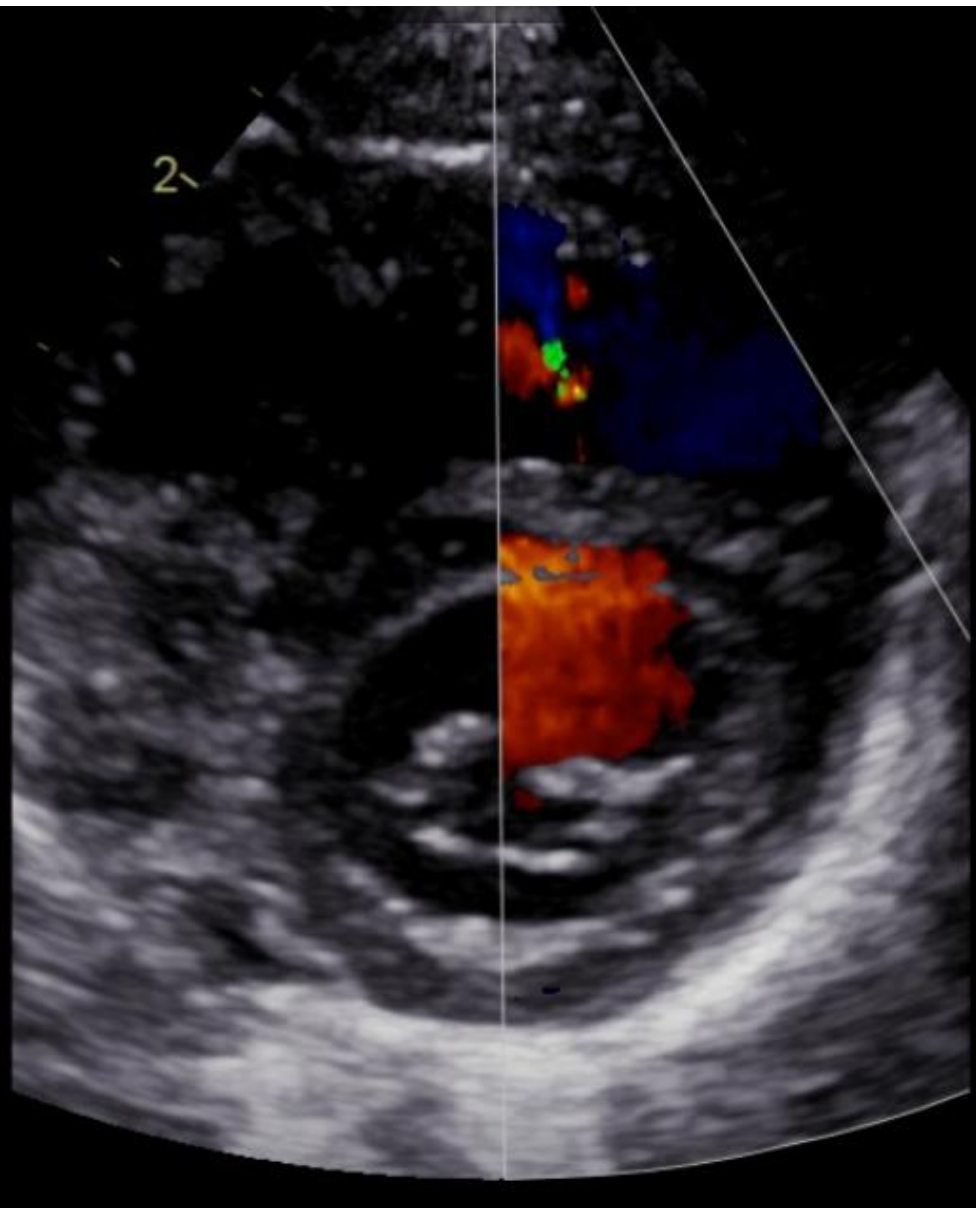
PA flow

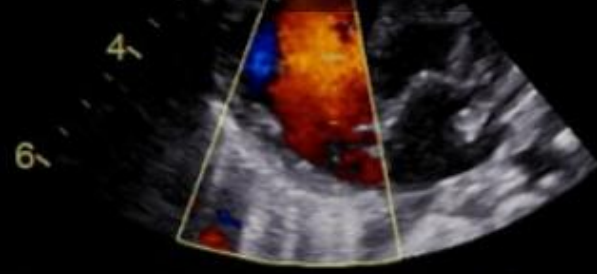


## 3.5 Alveolar hypoventilation disorders

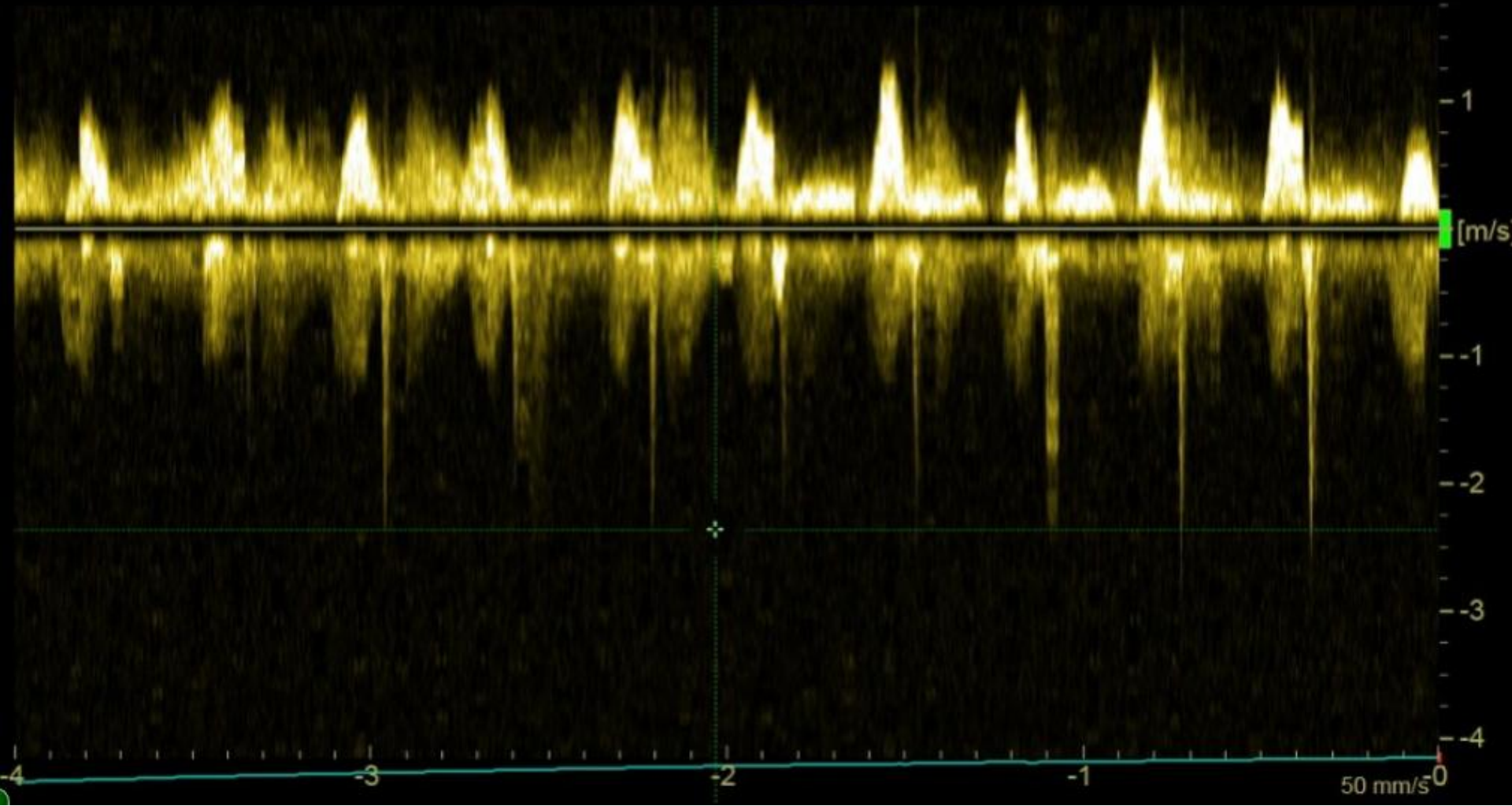
### Plicní hypertenze u pacienta s Downovým syndromem

- terapie zavedena v 6 týdnech věku
- oxygenoterapie kyslíkovými brýlemi
- sildenafil max. dávka 2,5 mg/kg/d
- za 16 dnů vymizení plicní hypertenze
- projevy respirační infekce jako možné nežádoucí účinky léčby





**TV flow**  
**TI PGmax 21 torr**



# Updated Clinical Classification of Pulmonary Hypertension

**Table 1** Updated Classification of Pulmonary Hypertension\*

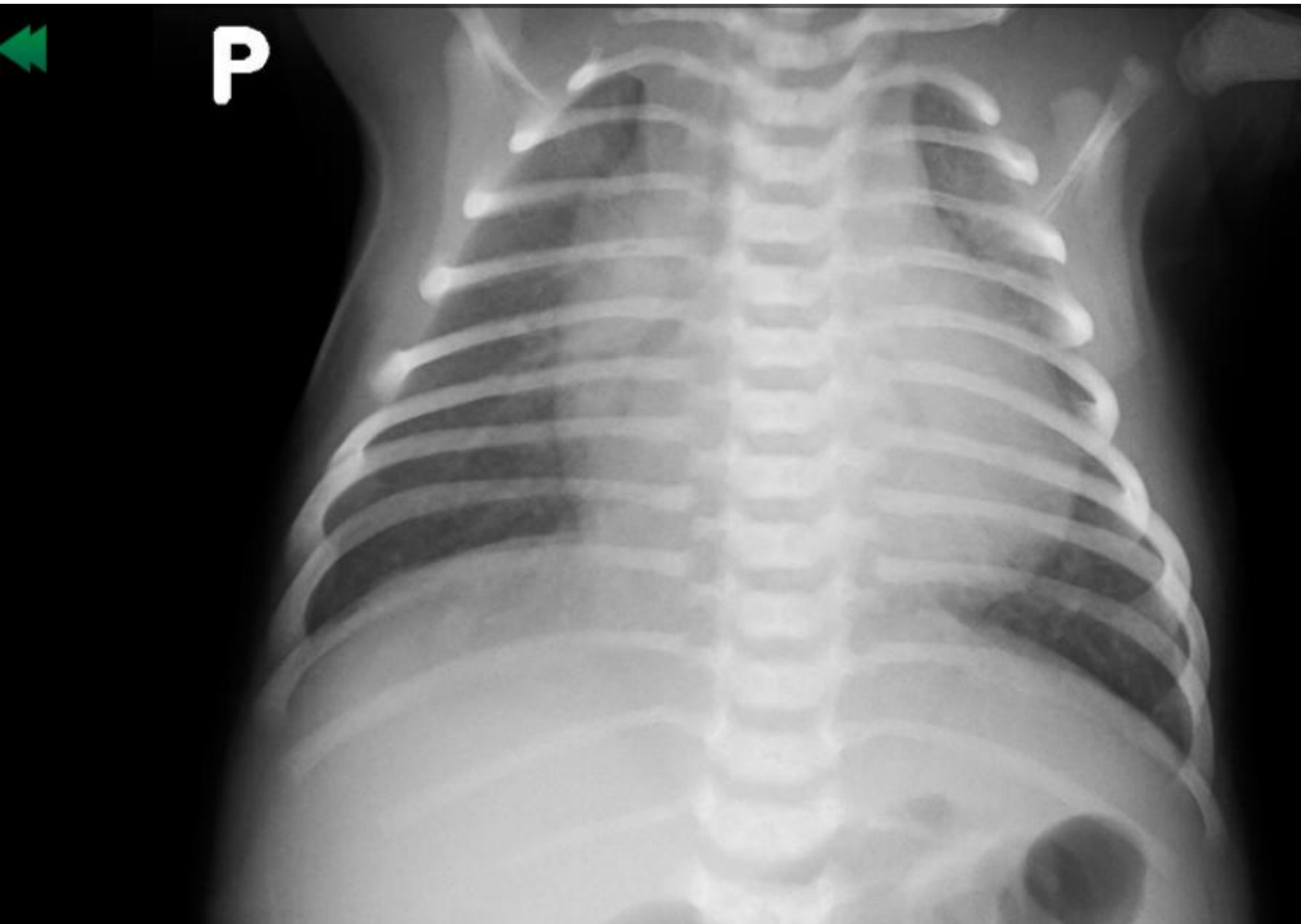
1. Pulmonary arterial hypertension	3. Pulmonary hypertension due to lung diseases and/or hypoxia
1.1 Idiopathic PAH	3.1 Chronic obstructive pulmonary disease
1.2 Heritable PAH	3.2 Interstitial lung disease
1.2.1 BMPR2	3.3 Other pulmonary diseases with mixed restrictive and obstructive pattern
1.2.2 ALK-1, ENG, <b>SMAD9, CAV1, KCNK3</b>	3.4 Sleep-disordered breathing
1.2.3 Unknown	3.5 Alveolar hypoventilation disorders
1.3 Drug and toxin induced	3.6 Chronic exposure to high altitude
1.4 Associated with:	3.7 Developmental lung diseases
1.4.1 Connective tissue disease	4. Chronic thromboembolic pulmonary hypertension (CTEPH)
1.4.2 HIV infection	5. Pulmonary hypertension with unclear multifactorial mechanisms
1.4.3 Portal hypertension	5.1 Hematologic disorders: <b>chronic hemolytic anemia</b> , myeloproliferative disorders, splenectomy
1.4.4 Congenital heart diseases	5.2 Systemic disorders: sarcoidosis, pulmonary histiocytosis, lymphangioleiomyomatosis
1.4.5 Schistosomiasis	5.3 Metabolic disorders: glycogen storage disease, Gaucher disease, thyroid disorders
1' Pulmonary veno-occlusive disease and/or pulmonary capillary hemangiomatosis	5.4 Others: tumoral obstruction, fibrosing mediastinitis, chronic renal failure, <b>segmental PH</b>
1''. <b>Persistent pulmonary hypertension of the newborn (PPHN)</b>	
2. Pulmonary hypertension due to left heart disease	
2.1 Left ventricular systolic dysfunction	
2.2 Left ventricular diastolic dysfunction	
2.3 Valvular disease	
2.4 <b>Congenital/acquired left heart inflow/outflow tract obstruction and congenital cardiomyopathies</b>	

\*5th WSPH Nice 2013. Main modifications to the previous Dana Point classification are in **bold**.  
BMPR = bone morphogenic protein receptor type II; CAV1 = caveolin-1; ENG = endoglin;  
HIV = human immunodeficiency virus; PAH = pulmonary arterial hypertension.

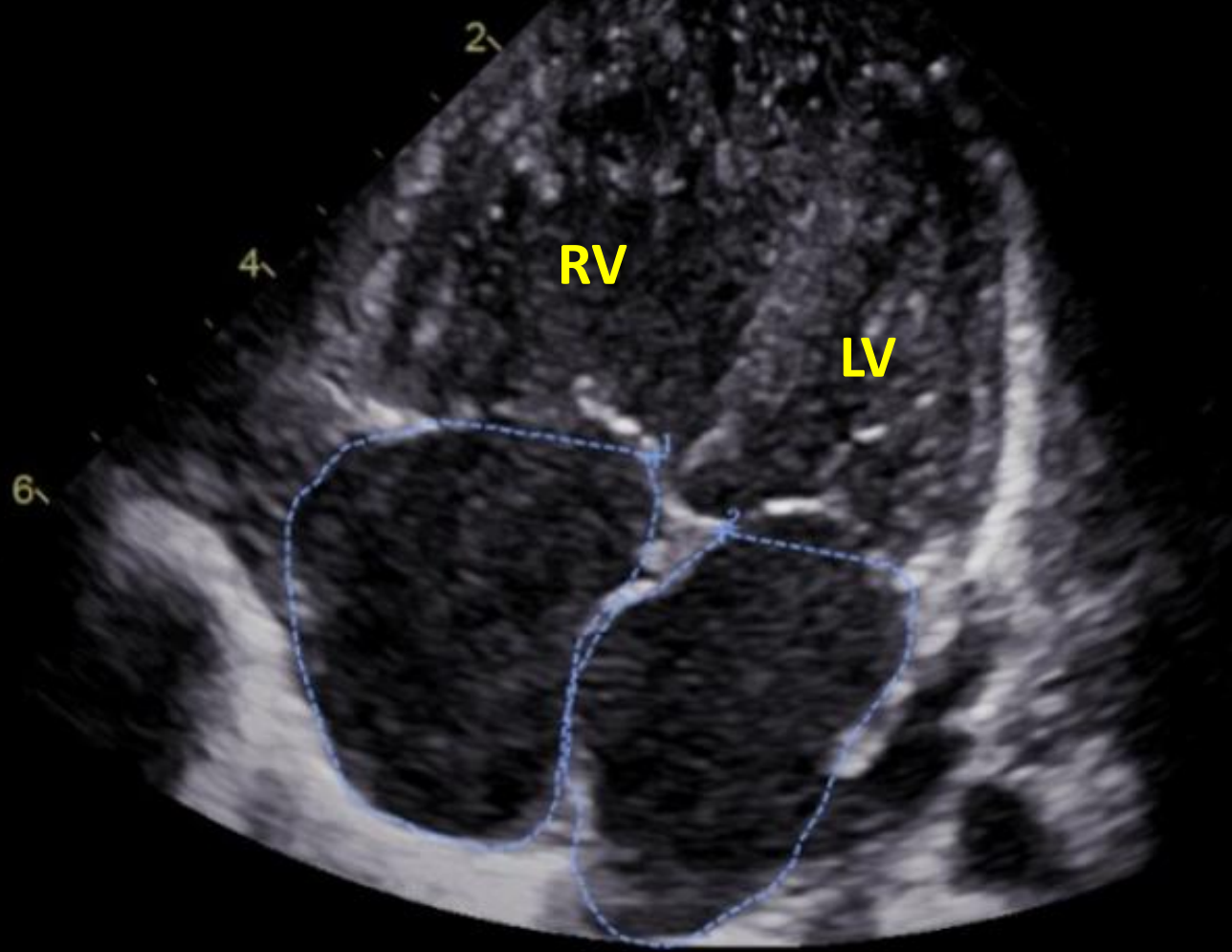


## Perzistující plicní hypertenze novorozence

- těhotenství fyziologické, porod v termínu
- 3740g, 53cm
- infekce matky během porodu
- následně infekce novorozence
- vznik PPHN

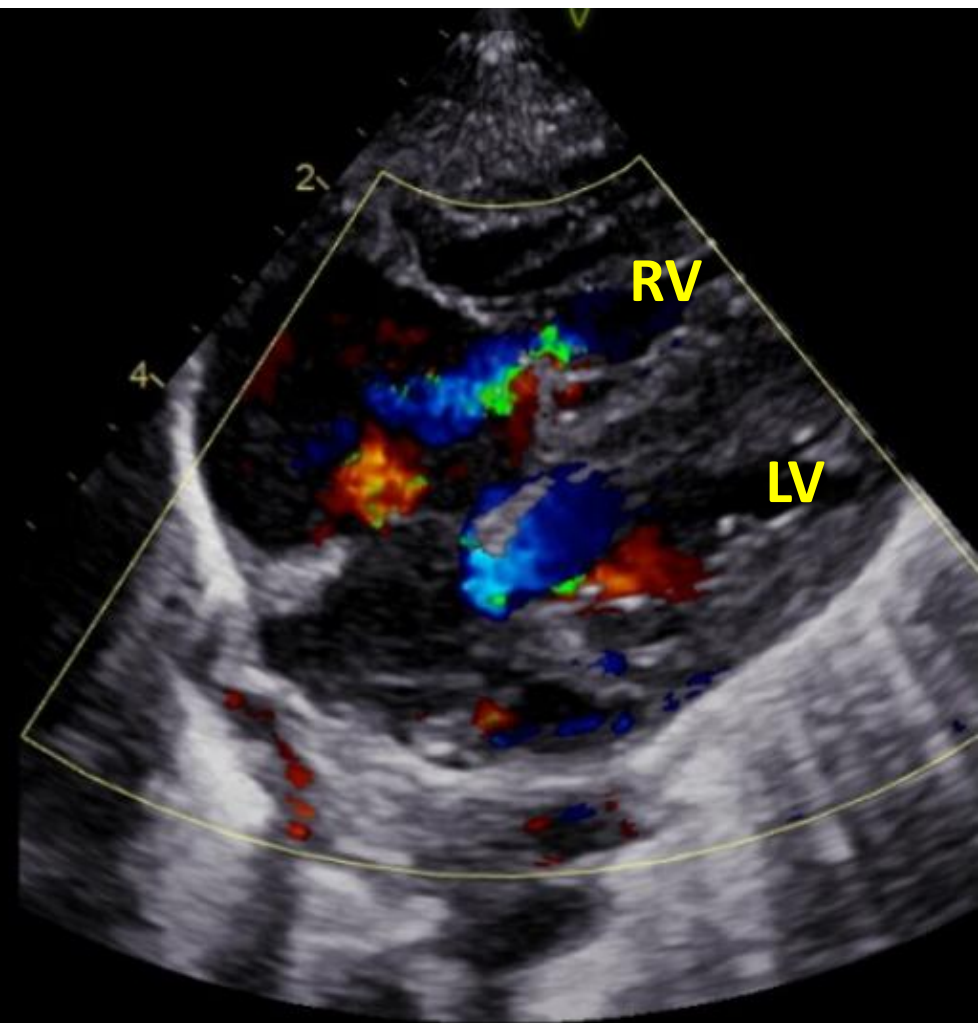
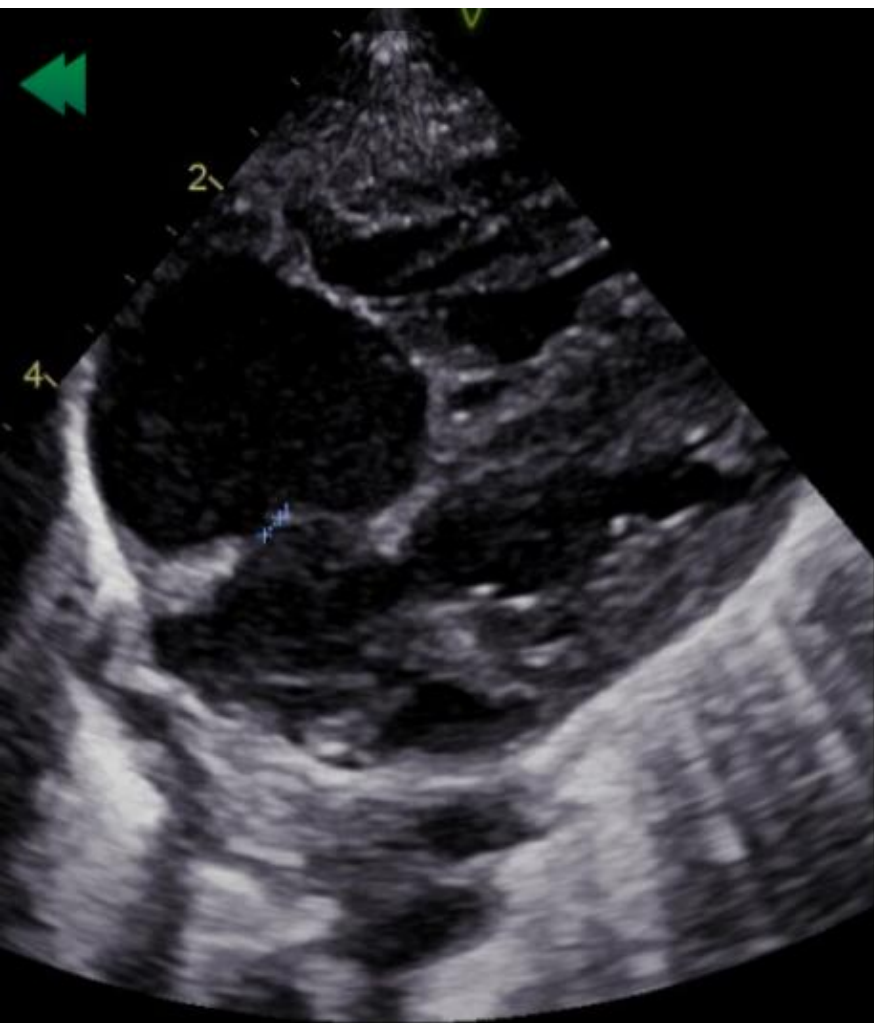


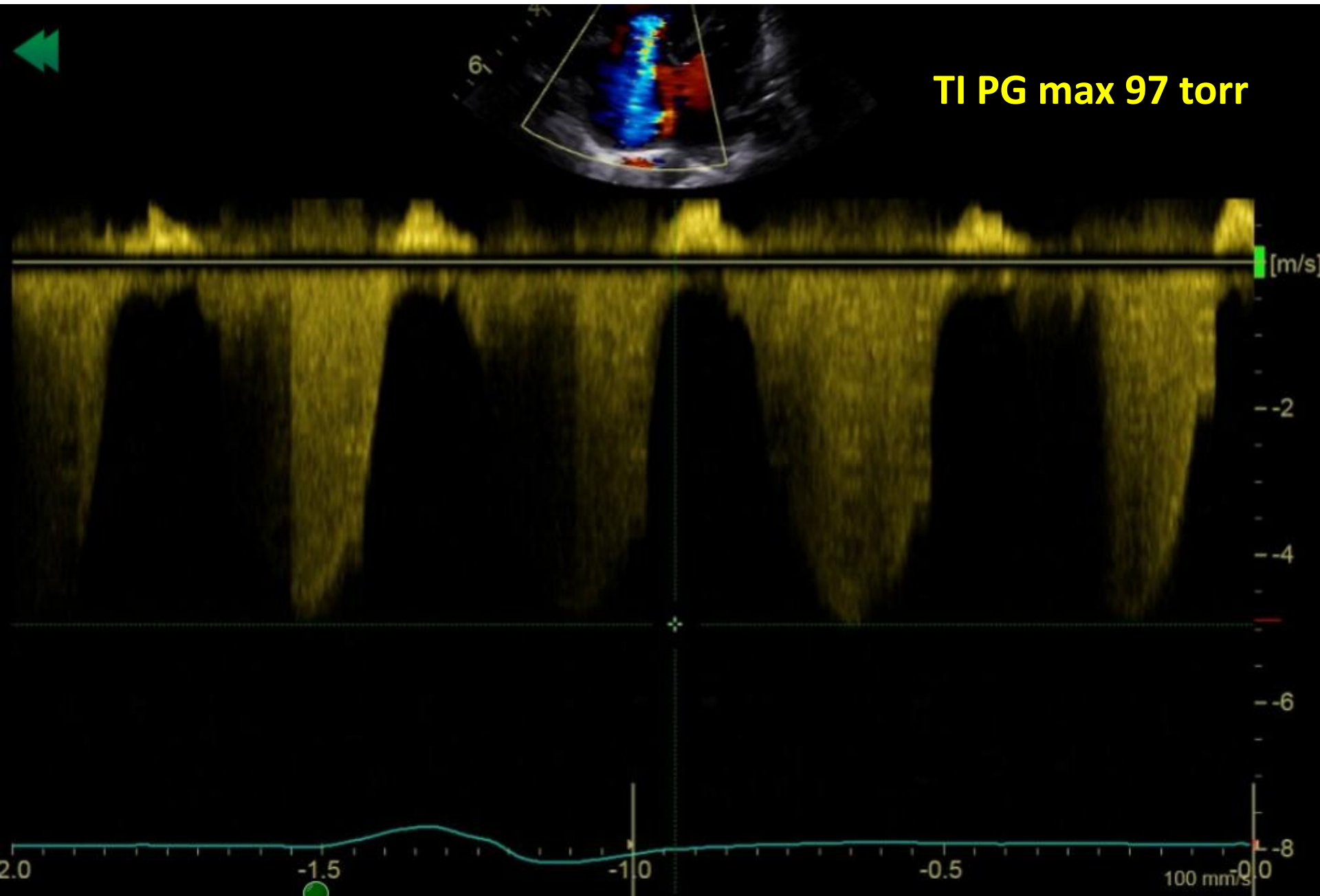
Rozšířený kulovitý srdeční stín s prominencí pravostranných srdečních oddílů.  
Susp. infiltrace plicního parenchymu vlevo ve středním plicním poli

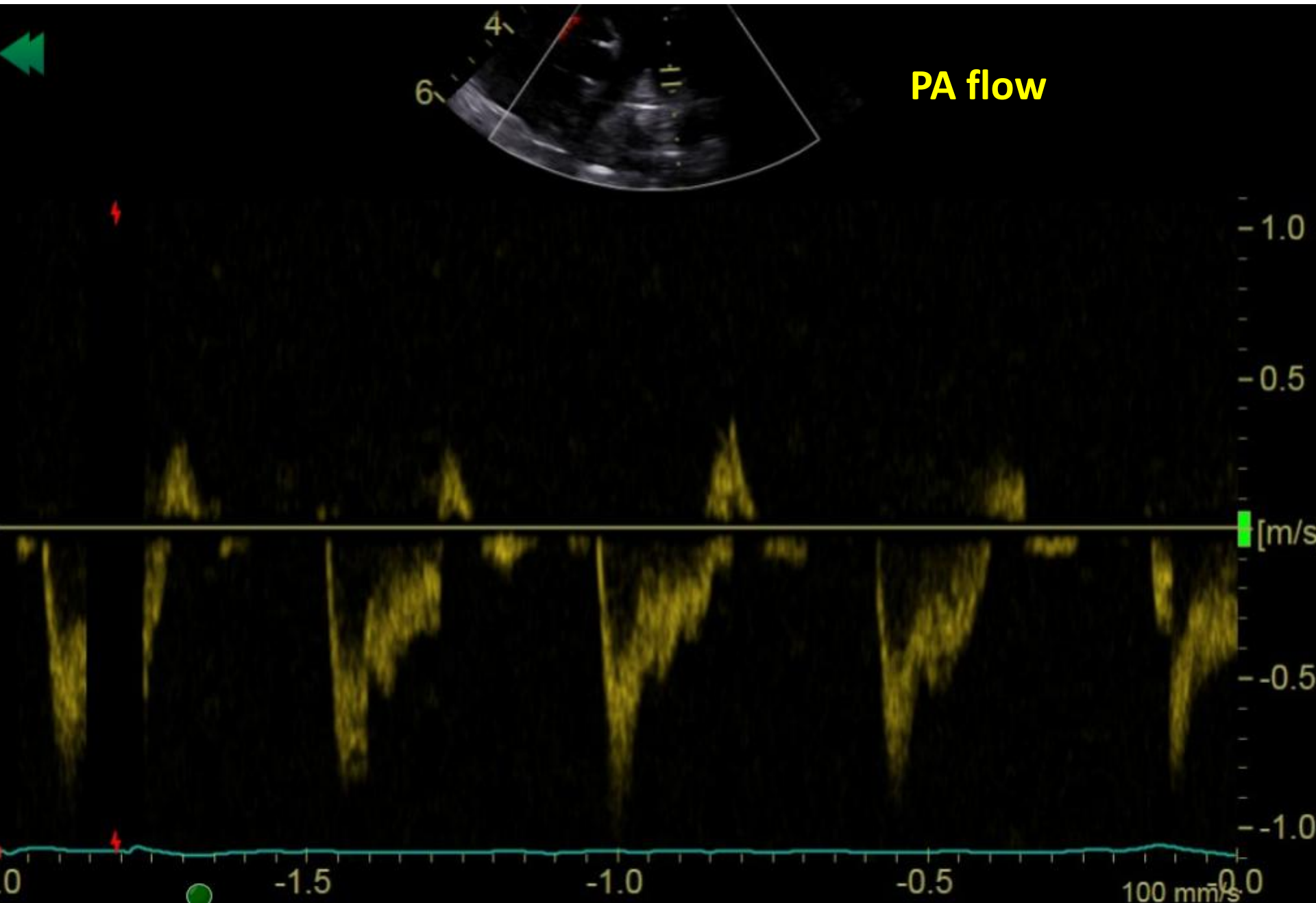


RV

LV

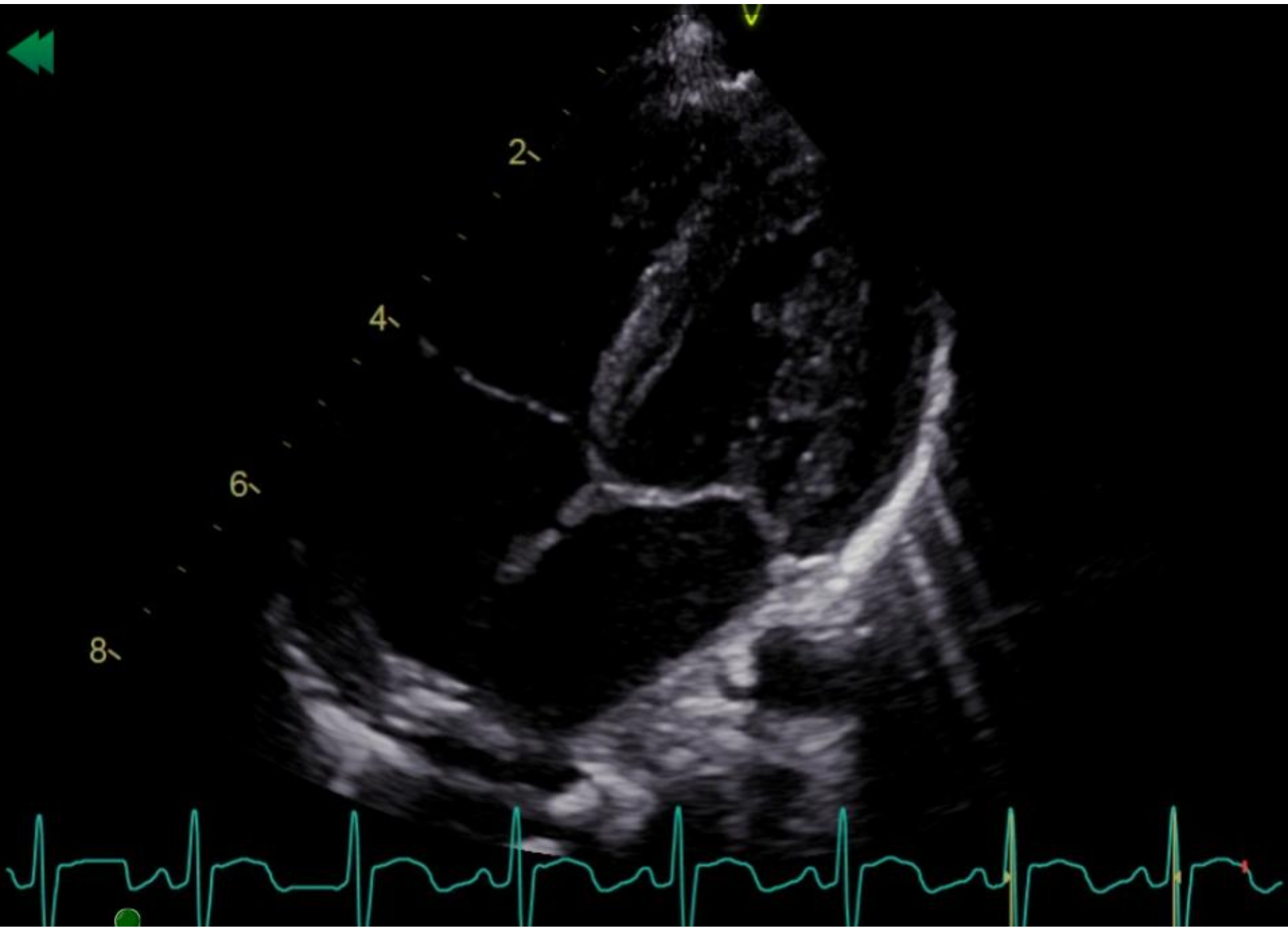




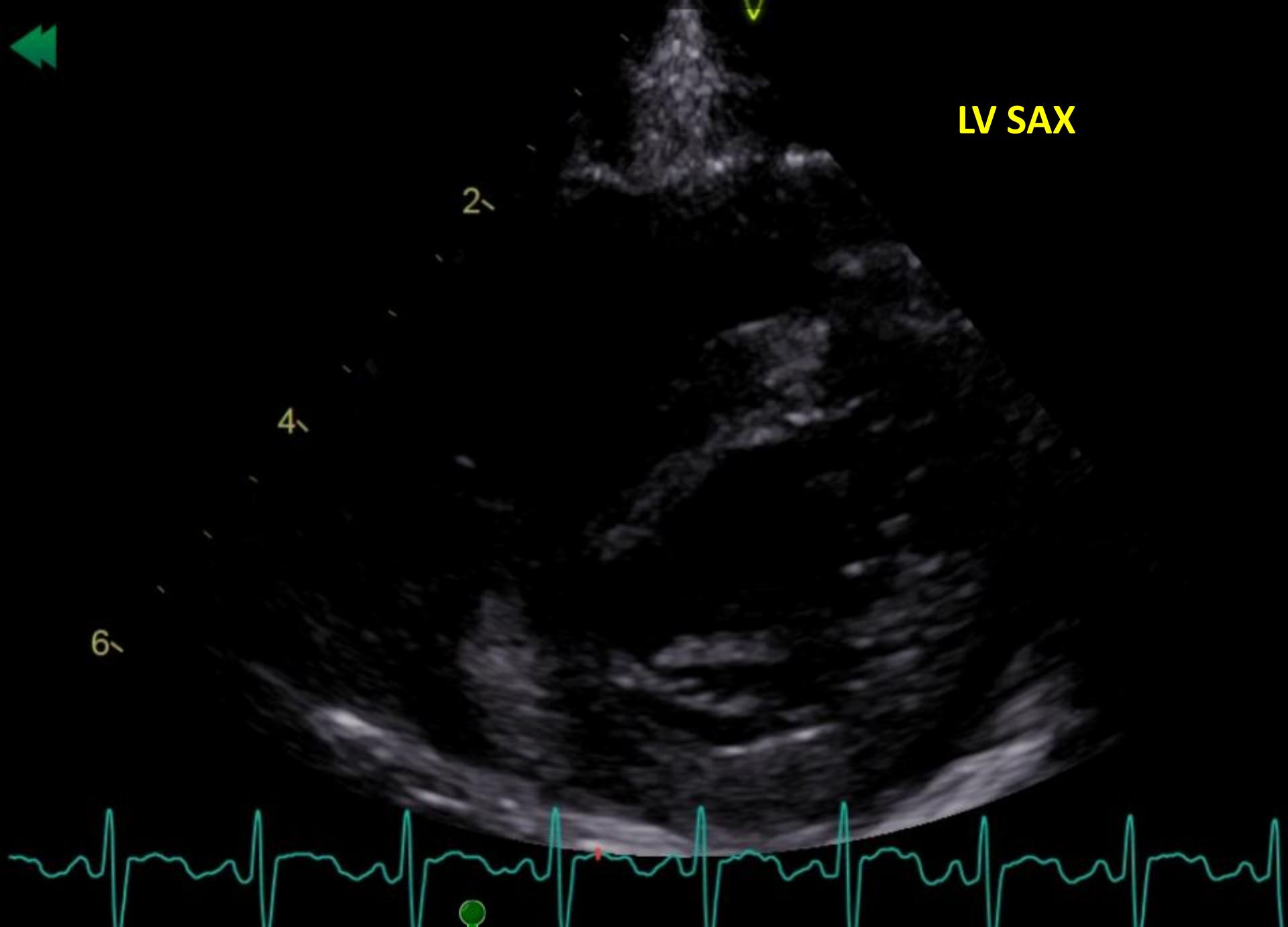


## Perzistující plicní hypertenze novorozence

- sildenafil nasazen 8. den života
- max. dávka 3 mg/kg/d
- oxygenoterapie
- za 14 dnů vymizení plicní hypertenze
- nezaznamenány klinicky významné či pozorovatelné nežádoucí účinky





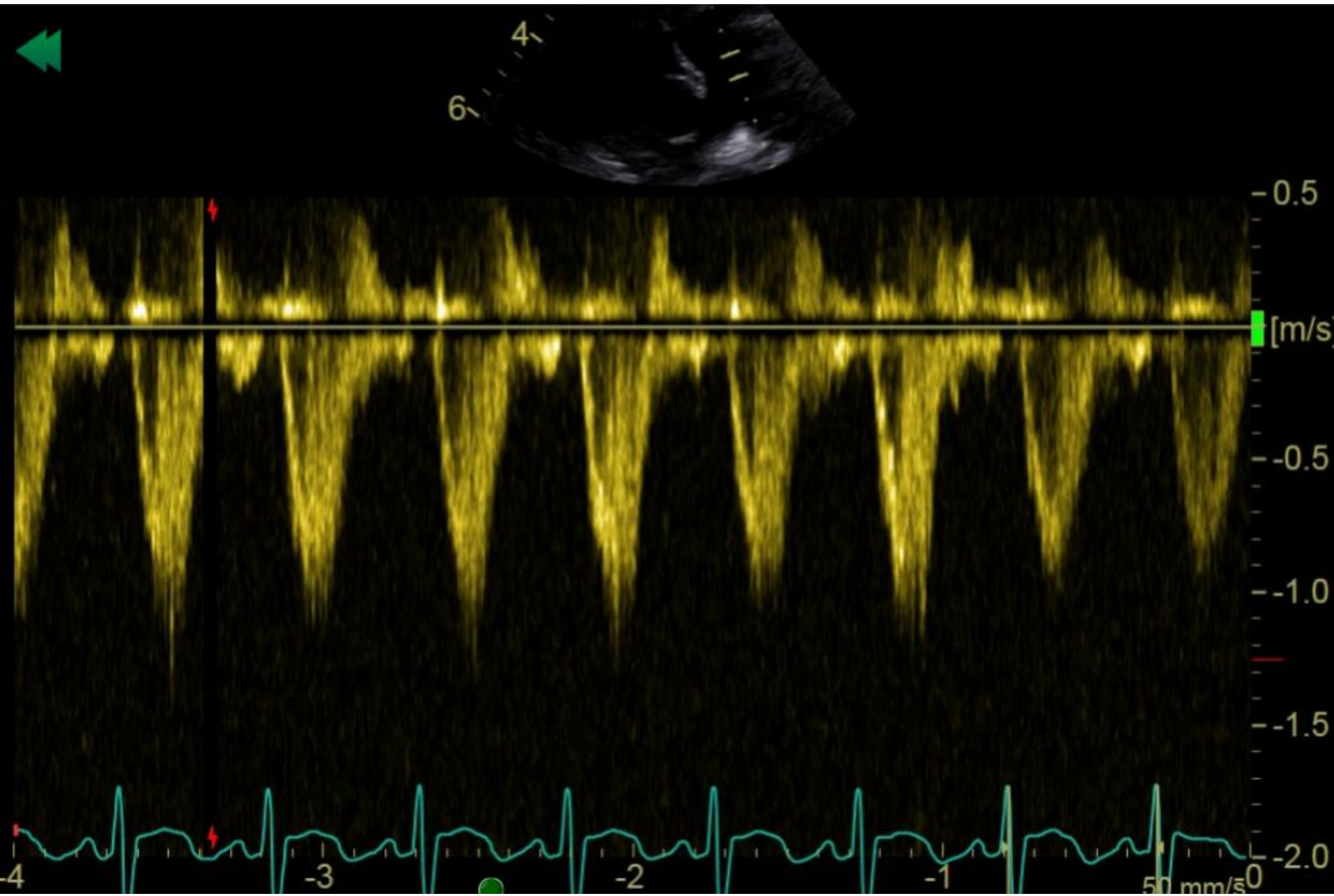


LV SAX

2、

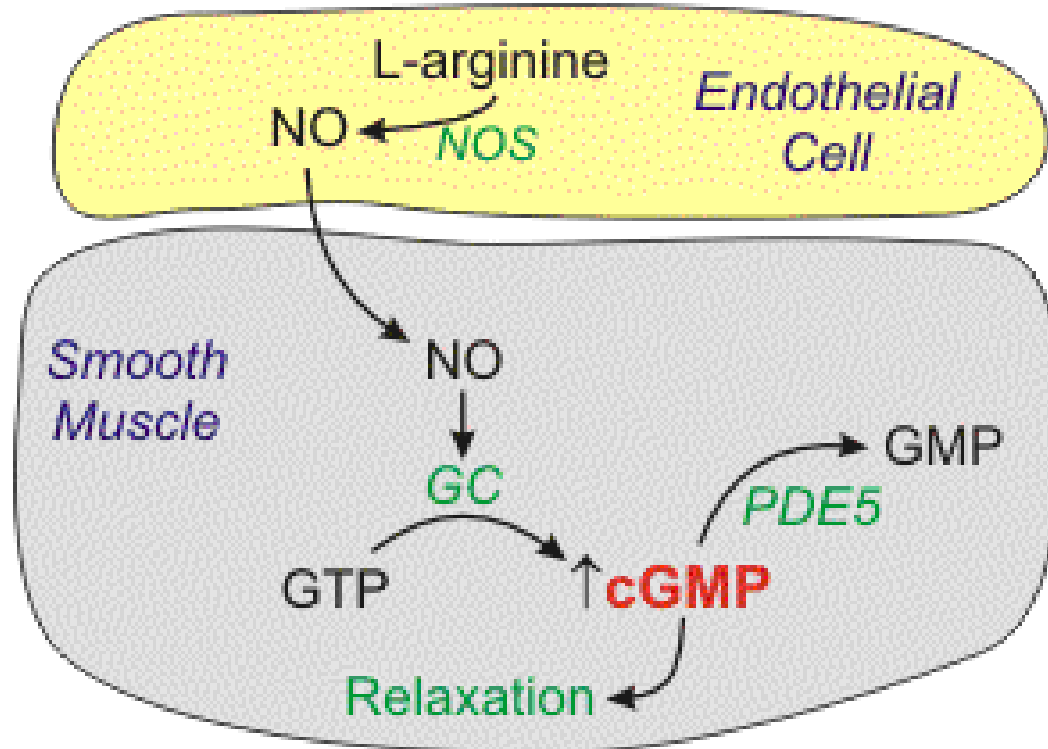
4、

6、



# Sildenafil

## inhibitor fosfodiesterázy typu 5



*Abbreviations: NO, nitric oxide; NOS, nitric oxide synthase; GC, guanylyl cyclase; PDE5, cGMP-dependent phosphodiesterase (type 5)*

# Sildenafil je účinný v léčbě plicní hypertenze u dospělých



The NEW ENGLAND  
JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Sildenafil Citrate Therapy for Pulmonary Arterial Hypertension

Nazzareno Galiè, M.D., Hossein A. Ghofrani, M.D., Adam Torbicki, M.D., Robyn J. Barst, M.D., Lewis J. Rubin, M.D., David Badesch, M.D., Thomas Fleming, Ph.D., Tamiza Parpia, Ph.D., Gary Burgess, M.D., Angelo Branzi, M.D., Friedrich Grimminger, M.D., Marcin Kurzyna, M.D., et al., for the Sildenafil Use in Pulmonary Arterial Hypertension (SUPER) Study Group

[Article](#) [Figures/Media](#)

November 17, 2005

N Engl J Med 2005; 353:2148-2157

DOI: 10.1056/NEJMoa050010

[40 References](#) [1220 Citing Articles](#) [Letters](#)

278 pac., sildenafil vs. placebo, signifikantní zlepšení 6-MWT, echo, WHO functional class, méně hospitalizací, bezpečný profil.

# Sildenafil je bezpečný v léčbě plicní hypertenze u dospělých

ORIGINAL ARTICLE

## Sildenafil Citrate Therapy for Pulmonary Arterial Hypertension

Nazzareno Galiè, M.D., Hossein A. Ghofrani, M.D., Adam Torbicki, M.D., Robyn J. Barst, M.D., Lewis J. Rubin, M.D., David Badesch, M.D., Thomas Fleming, Ph.D., Tamiza Parpia, Ph.D., Gary Burgess, M.D., Angelo Branzi, M.D., Friedrich Grimminger, M.D., Marcin Kurzyna, M.D., [et al.](#), for the Sildenafil Use in Pulmonary Arterial Hypertension (SUPER) Study Group

Article Figures/Media

November 17, 2005  
N Engl J Med 2005; 353:2148-2157  
DOI: 10.1056/NEJMoa050010

40 References 1220 Citing Articles Letters

**Table 3. Incidence of Clinical Worsening and of the Most Frequent Adverse Events in the Placebo and Sildenafil Groups.\***

Event	Placebo (N=70)	Sildenafil		
		20 mg (N=69)	40 mg (N=67)	80 mg (N=71)
number (percent)				
Clinical worsening	7 (10)	3 (4)	2 (3)	5 (7)
Death	1 (1)	1 (1)	0	2 (3)
Hospitalization for pulmonary arterial hypertension	7 (10)	2 (3)	2 (3)	2 (3)
Initiation of prostacyclin	1 (1)	0	0	0
Initiation of bosentan	0	0	1 (1)	2 (3)
Adverse event†				
Headache	27 (39)	32 (46)	28 (42)	35 (49)
Flushing	3 (4)	7 (10)	6 (9)	11 (15)
Dyspepsia	5 (7)	9 (13)	6 (9)	9 (13)
Back pain	8 (11)	9 (13)	9 (13)	6 (8)
Diarrhea	4 (6)	6 (9)	8 (12)	7 (10)
Limb pain	4 (6)	5 (7)	10 (15)	6 (8)
Myalgia	3 (4)	5 (7)	4 (6)	10 (14)
Cough	4 (6)	5 (7)	3 (4)	6 (8)
Epistaxis	1 (1)	6 (9)	5 (7)	3 (4)
Pyrexia	2 (3)	4 (6)	2 (3)	7 (10)
Insomnia	1 (1)	5 (7)	4 (6)	3 (4)
Influenza	2 (3)	4 (6)	4 (6)	3 (4)
Visual disturbance	0	0	3 (4)	5 (7)
Gastritis	0	2 (3)	2 (3)	3 (4)

- \* The analysis included all patients who received study medication. Some patients had more than one event.
- † Adverse events shown are those reported by 3 percent or more of patients and those reported more frequently with sildenafil than with placebo.

# Sildenafil je účinný v léčbě plicní hypertenze i u dětí

rok	periodikum	název práce	pacienti	Dávka (mg/kg/d)	FU (m)
2014	Circulation	STARTS-2: long-term survival with oral sildenafil monotherapy in treatment-naive pediatric pulmonary arterial hypertension.	220	0,7-6	36
2012	Circulation	A randomized, double-blind, placebo-controlled, dose-ranging study of oral sildenafil citrate in treatment-naive children with pulmonary arterial hypertension.	235	0,7-6	4

# Sildenafil je účinný v léčbě plicní hypertenze i u dětí

rok	periodikum	název práce	pacienti	Dávka (mg/kg/d)	FU (m)
2009	Journal of Pediatrics	Effects of Long-term Sildenafil Treatment for Pulmonary Hypertension in Infants with Chronic Lung Disease	25	1,5-8	8
2007	Neonatology	Cardiovascular effects of sildenafil in neonates and infants with congenital diaphragmatic hernia and pulmonary hypertension.	7	N/A	N/A
2005	Circulation	Beneficial effect of oral sildenafil therapy on childhood pulmonary arterial hypertension: twelve-month clinical trial of a single-drug, open-label, pilot study.	14	1-4	12
2003	Circulation	Intravenous sildenafil is a potent pulmonary vasodilator in children with congenital heart disease.	12	1	N/A

## **STARTS-2: long-term survival with oral sildenafil monotherapy in treatment-naive pediatric pulmonary arterial hypertension.**

Barst RJ<sup>1</sup>, Beghetti M, Pulido T, Layton G, Konourina I, Zhang M, Ivy DD; STARTS-2 Investigators.

<b>rok</b>	<b>periodikum</b>	<b>název práce</b>	<b>pacienti</b>	<b>Dávka (mg/kg/d)</b>	<b>FU (m)</b>
2014	Circulation	STARTS-2: long-term survival with oral sildenafil monotherapy in treatment-naive pediatric pulmonary arterial hypertension.	220	0,7-6	36

Higher mortality in high dose group  
37 deaths – all worse baseline characteristics



# Přechodný zákaz užívání sildenafilu u dětí byl přehodnocen

## Drugs

[Home](#) > [Drugs](#) > [Drug Safety and Availability](#)

### Drug Safety and Availability

[Drug Alerts and Statements](#)

[Medication Guides](#)

[Drug Safety Communications](#)

[Drug Shortages](#) 

[Postmarket Drug Safety Information for Patients and Providers](#) 

[Information by Drug Class](#)

## FDA Drug Safety Communication: FDA clarifies Warning about Pediatric Use of Revatio (sildenafil) for Pulmonary Arterial Hypertension

[f SHARE](#) [t TWEET](#) [in LINKEDIN](#) [p PIN IT](#) [e EMAIL](#) [p PRINT](#)

[En español](#)

This information is in follow-up to the [FDA Drug Safety Communication](#) issued on August 30, 2012.

[03-31-2014] The U.S. Food and Drug Administration (FDA) is clarifying its previous recommendation related to prescribing Revatio (sildenafil) for children with pulmonary arterial hypertension (PAH). Revatio is FDA-approved

# Nežádoucí účinky pozorované u dětí nejsou závažné

**Table 2.** Most frequent adverse effects to Sildenafil treatment, as seen in the STARTS 1 study.

Number	Adverse Effect	Patients Who Developed Adverse Reactions ( <i>n</i> = 234)	Percentage
1	Upper respiratory tract infection	53	22.64%
2	Vomiting	45	19.23%
3	Headache	44	18.80%
4	Bronchitis	37	15.81%
5	Pyrexia	36	15.38%
6	Pharyngitis	31	13.24%
7	Cough	30	12.82%
8	Diarrhoea	27	11.53%
9	Nasopharyngitis	25	10.68%

Barst et al., Circulation 2012



# Reported sildenafil side effects in pediatric pulmonary hypertension patients

**Stephanie L. Siehr, Elisa K. McCarthy, Michelle T. Ogawa and Jeffrey A. Feinstein\***

*Division of Pediatric Cardiology, Department of Pediatrics, Stanford University, Palo Alto, CA, USA*

**Table 2 | Incidence of reported side effects.**

Category	Side effect	Incidence %
Gastrointestinal	Diarrhea	40
	Dyspepsia	35
Vascular	Flushing	41
	Headache	38
	Epistaxis	25
Neurologic	Myalgia	30
	Hyperactivity	26
	Pyrexia	24
	Insomnia	24
	Abnormal vision	9

# 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

Sildenafil has shown efficacy  
approved in Europe for children 1–17 years of age  
high doses should not be used in children (no more  
than 3 mg/kg/d)

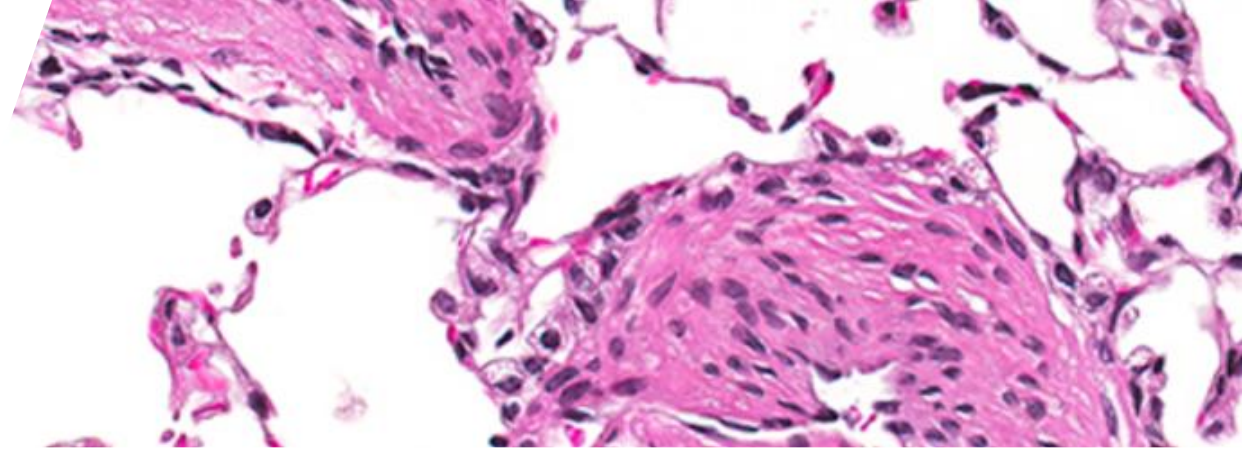
# Sildenafil a plicní hypertenze u dětí

- Plicní hypertenzi u dětí lze efektivně terapeuticky ovlivnit
- Při užívání po dobu 3 let a při užití dávek do 3 mg/kg/d je sildenafil účinný a bezpečný

Circulation. 2014 May 13;129(19):1914-23. doi: 10.1161/CIRCULATIONAHA.113.005698. Epub 2014 Mar 17.

**STARTS-2: long-term survival with oral sildenafil monotherapy in treatment-naive pediatric pulmonary arterial hypertension.**

Barst RJ<sup>1</sup>, Beghetti M, Pulido T, Layton G, Konourina I, Zhang M, Ivy DD; STARTS-2 Investigators.



# Děkuji za pozornost

Tomáš Juřenčák, Dětská kardiologie, Pediatrická klinika, FN Brno  
t.jurencak@gmail.com



**12.** SYMPOZIUM  
PRACOVNÍ SKUPINY

PLICNÍ CÍRKULACE

**2018**

Galant, Lednice | 12. - 13. října