

Endocardial left ventricle pacing for CRT

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Agenda

- Why we need LV endocardial pacing ?
- LV endocardial pacing approaches, results and limitations
- Leadless LV endocardial pacing

Agenda

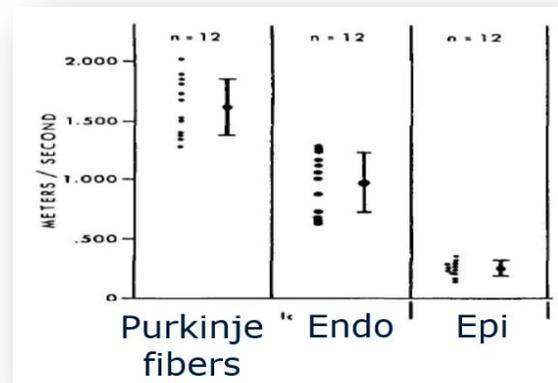
- Why we need LV endocardial pacing ?
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Why we need LV endocardial pacing ?

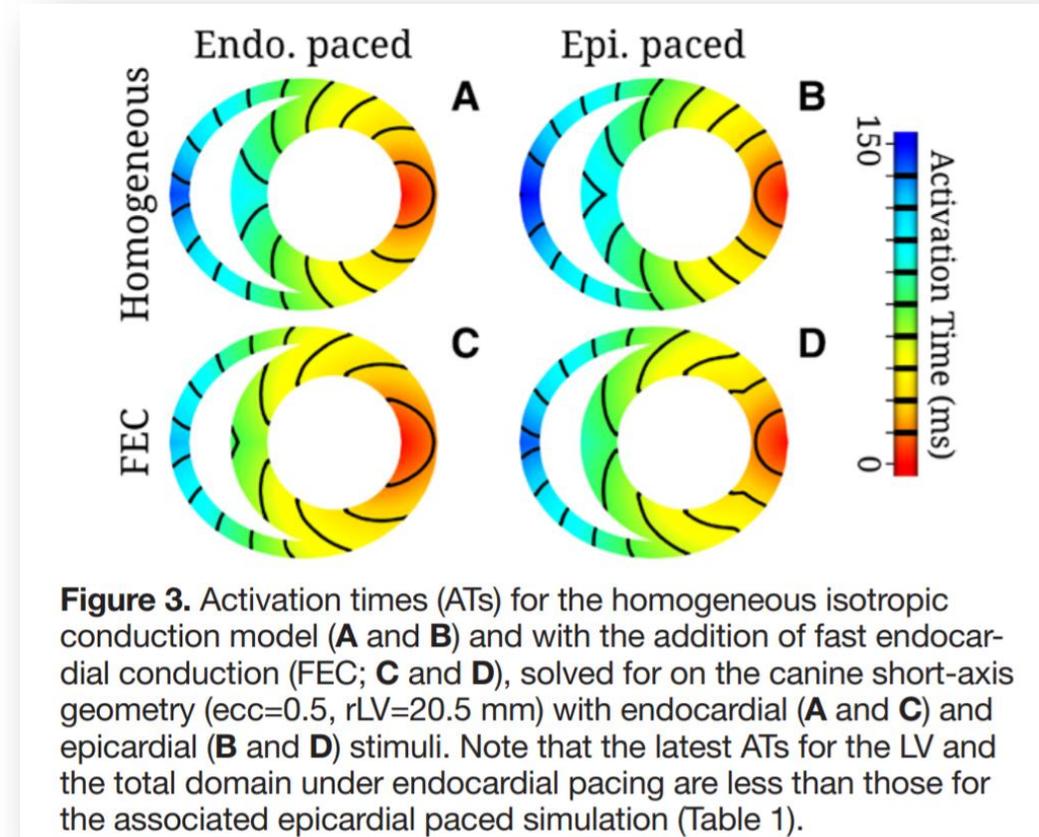
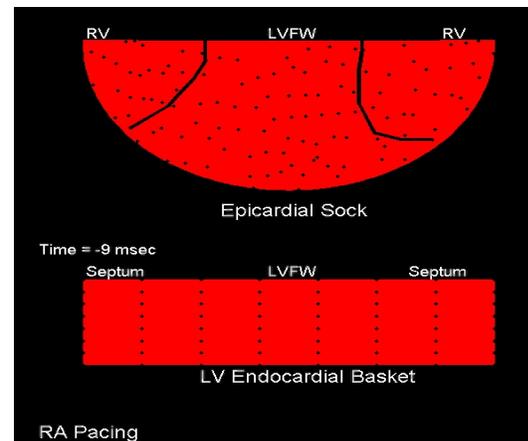
- **90-98% success rate with CS epicardial LV pacing**
but there are still implantation failures despite major improvements in the technology (Failure of LV lead implantation (7%)¹)
- **Limitation due to the CS anatomy** (small veins, tortuous veins, valves....)
- **Limitation due to LV lead implantation complications**
 - CS dissection (1.3%)¹ coronary vein perforation (1.3%)¹
 - High pacing threshold (acute and chronic)
 - Phrenic nerve stimulation (short and long terms)
 - LV lead dislodgement (short and long terms) (5.7%)¹
 - Epicardial or non optimal pacing site → non response to CRT
 - X-rays exposure (patient, physician and staff)
 - In hospital-Death (0.3%)¹, 30-days mortality (0.7%)¹

Benefits of LV Endocardial Pacing

- **Alternative to standard CRT pacing**
- **Anatomical:** Access to all regions of LV
- **Physiological:**
 - Faster impulse propagation in the endocardial than in the epicardial layers providing in theory a faster LV depolarization
 - More physiologic LV stimulation preserving the transmural activation and repolarization sequence



Myerburg et al., *Circ. Res.* 1978



Hyde et al. : *Circ Arrhythm Electrophysiol* 2015 Oct:1167

Evidence of Endocardial LV Pacing

Acute Hemodynamic Effect of Left Ventricular Endocardial Pacing in Cardiac Resynchronization Therapy Assessment by Pressure–Volume Loops

Luigi Padeletti, MD; Paolo Pieragnoli, MD; Giuseppe Ricciardi, MD; Laura Perrotta, MD; Gino Grifoni, MD; Maria Cristina Porciani, MD; Vincenzo Lionetti, MD, PhD; Sergio Valsecchi, PhD

Background—During cardiac resynchronization therapy (CRT) device implantation, the pacing lead is usually positioned in the coronary sinus (CS) to stimulate the left ventricular (LV) epicardium. Transvenous LV endocardial pacing via transeptal puncture has been proposed as an alternative method. In the present study, we evaluated the acute hemodynamic effects of CRT through LV endocardial pacing in heart failure patients by analyzing LV pressure–volume relationships.

Methods and Results—LV pressure and volume data were determined via conductance catheter during CRT device implantation in 10 patients. In addition to the standard epicardial CS pacing, the following endocardial LV sites were systematically assessed: the site transmural to the CS lead, the LV apex, the septal midwall, the basal lateral free wall, and the midlateral free wall. Four atrioventricular delays were tested. There was a significant improvement of systolic function with CRT in all LV pacing configurations, whereas no differences in systolic or diastolic function were detected between LV epicardial and endocardial transmural sites. The optimal pacing site varied among patients but was rarely related to relatively longer activation delays, as assessed by analyzing endocardial electric activation maps. Nonetheless, positioning the pacing lead at the optimal endocardial LV site in each patient significantly improved LV performance in comparison with conventional CS site stimulation (stroke volume: 83 [79–112] mL versus 73 [62–89] mL; $P=0.034$).

Conclusions—Pacing at the optimal individual LV endocardial site significantly improved LV performance compared with conventional CS site stimulation. Endocardial LV pacing may be a viable alternative to CS site stimulation.

Key Words: cardiac resynchronization therapy ■ endocardial

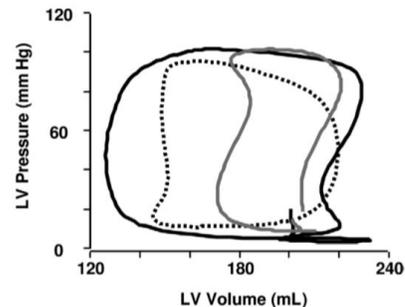


Figure 4. Example of left ventricular (LV) pressure–volume loops during atrial overdrive (gray line), cardiac resynchronization therapy (CRT) with standard epicardial LV pacing (epicardial coronary sinus; dotted line), and CRT with optimal endocardial LV pacing (black line).



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doi:10.1093/europace/eut420

CLINICAL RESEARCH

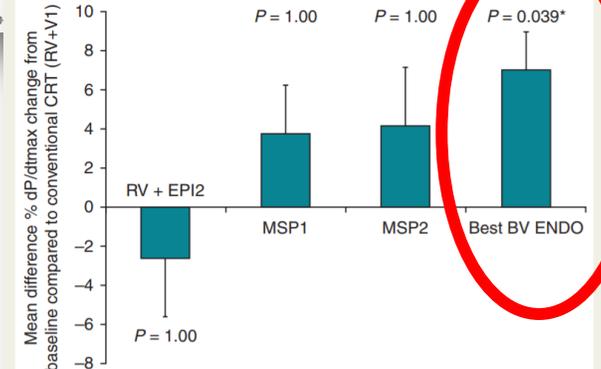
Pacing and cardiac resynchronization therapy

A comparison of left ventricular endocardial, multisite, and multipolar epicardial cardiac resynchronization: an acute haemodynamic and electroanatomical study

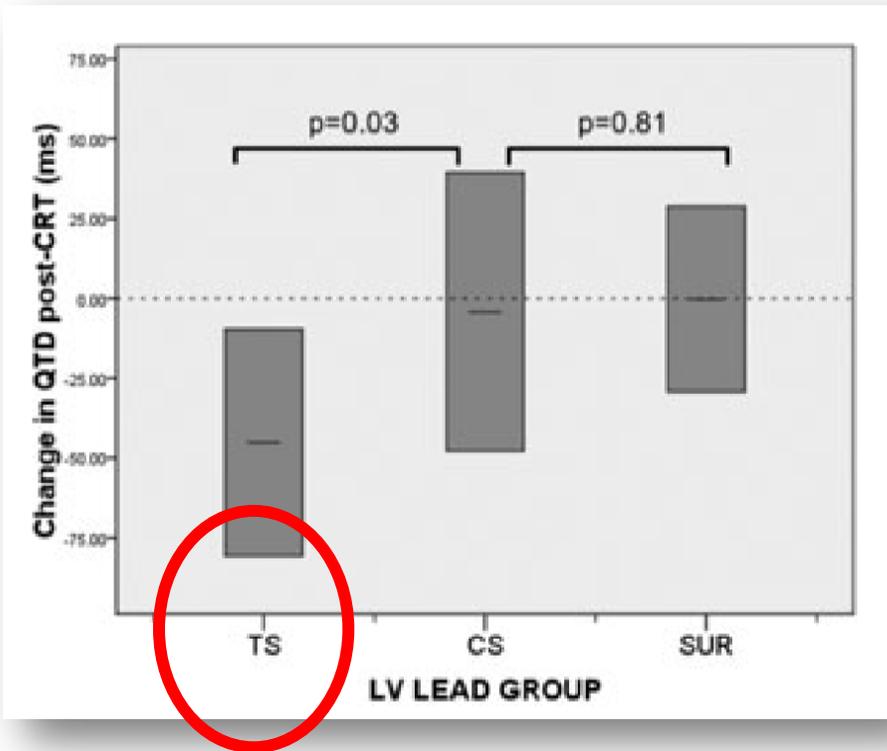
Anoop K Shetty^{1,2*}, Manav Sohal^{1,2}, Zhong Chen^{1,2}, Matthew R Ginks^{1,2}, Julian Bostock², Sana Amraoui^{1,2}, Kyungmoo Ryu³, Stuart P Rosenberg³, Steven A Niederer¹, Jas Gill^{1,2}, Gerry Carr-White^{1,2}, Reza Razavi¹, and C Aldo Rinaldi^{1,2}

¹Department of Imaging Sciences, Rayne Institute, Kings College London, London SE1 7FH UK; ²Cardiothoracic Department, Guy's and St Thomas' NHS Foundation Trust, 11th Floor, East Wing, St Thomas' Hospital, SE1 7EH London, UK; and ³Cardiac Rhythm Management

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Less proarrhythmogenic ventricular activation



Transseptal Left Ventricular Endocardial Pacing Reduces Dispersion of Ventricular Repolarization

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MEHMOOD ZEB, M.B.B.S.,*,† PAUL R. ROBERTS, M.D.,*,†
and JOHN M. MORGAN, M.D.,*,†

From the *Wessex Cardiothoracic Unit, Southampton University Hospitals NHS Trust, Southampton, UK; and †School of Medicine, University of Southampton, Southampton, UK

Background: Cardiac resynchronization therapy (CRT) may be proarrhythmic in some patients. This may be due to the effect of left ventricular (LV) epicardial pacing on ventricular repolarization. The purpose of this study was to evaluate the effect of endocardial versus epicardial LV biventricular pacing on surface electrocardiogram (ECG) parameters that are known markers of arrhythmogenic repolarization.

Methods: ECG markers of repolarization (QT dispersion, QTD; T peak to end, $T_{peak-end}$; $T_{peak-end}$ dispersion, $T_{peak-end}D$; QTc) were retrospectively measured before and after CRT in seven patients with transseptal LV endocardial leads (TS group), 28 matched patients with coronary sinus (CS) LV leads (CS group), and eight patients with surgical LV epicardial leads (SUR group). All ECGs were scanned and analyzed using digital callipers.

Results: Compared to the CS group, the TS group CRT was associated with a significant postpacing reduction in QTD (-45.2 ± 35.6 vs -4.3 ± 43.6 ms, $P = 0.03$) and $T_{peak-end}$ (-24.2 ± 22.1 vs 3.4 ± 26.7 ms, $P = 0.02$). There was a nonsignificant post-CRT reduction in both $T_{peak-end}D$ (-11.3 ± 31.0 vs 2.4 ± 28.9 ms, $P = 0.27$) and QTc (-50.0 ± 46.4 vs 4.4 ± 70.2 ms, $P = 0.06$) in the TS versus the CS group. In contrast, there were no differences between the SUR and CS groups in terms of the effect of CRT on these repolarization parameters.

Conclusions: CRT with (atrial transseptal) endocardial LV lead placement is associated with repolarization characteristics that are considered to be less arrhythmogenic than those generated by CS (epicardial) LV lead placement. Further work is needed to determine whether these changes translate to a reduction in proarrhythmia. (PACE 2011; 34:1258–1266)

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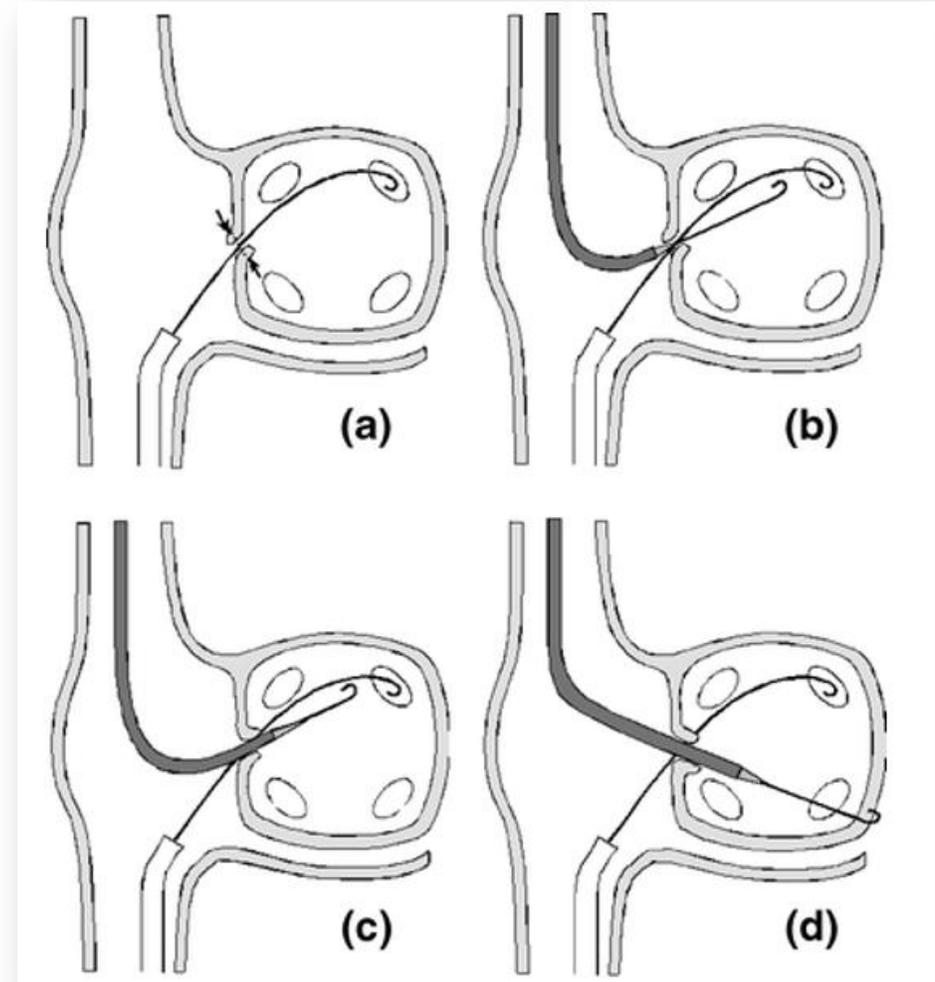
LV endocardial pacing approaches

- Transseptal technique
 - **Atrial septum** (several modifications)



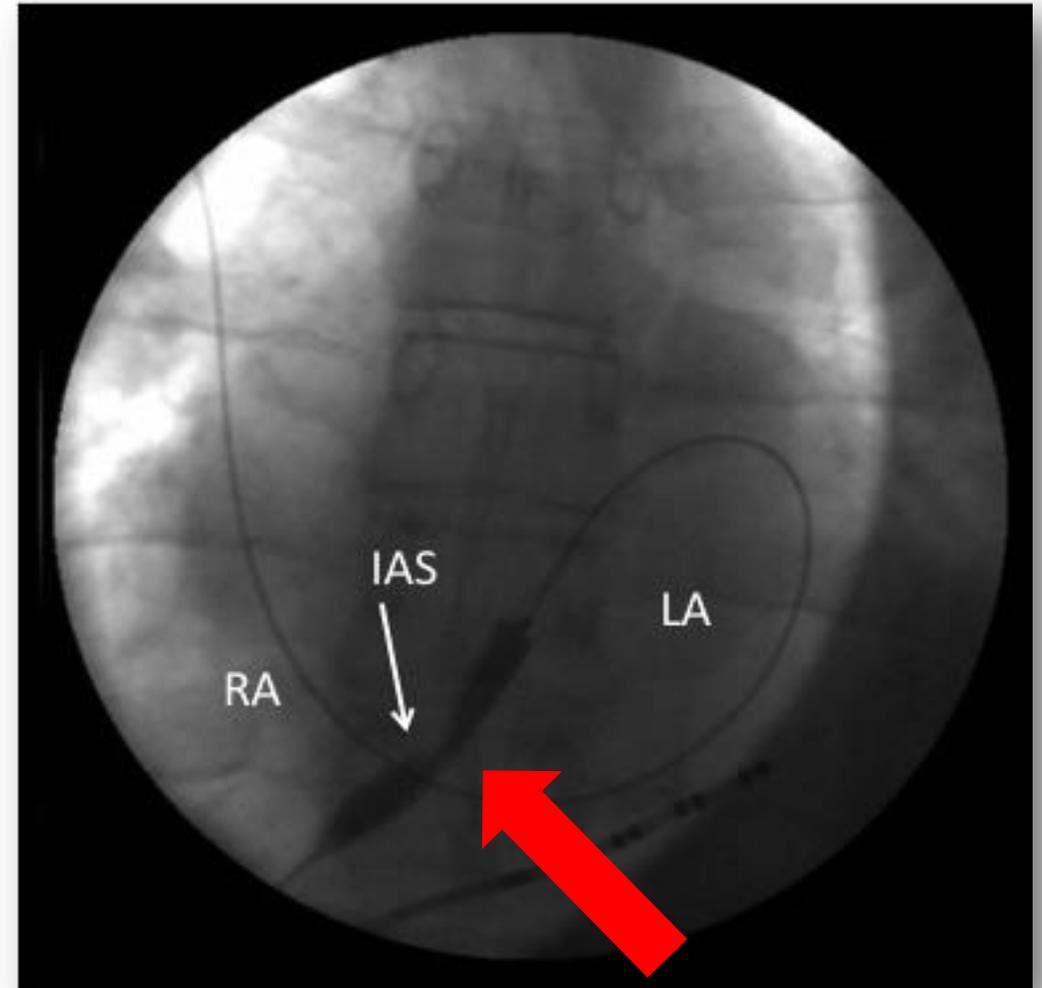
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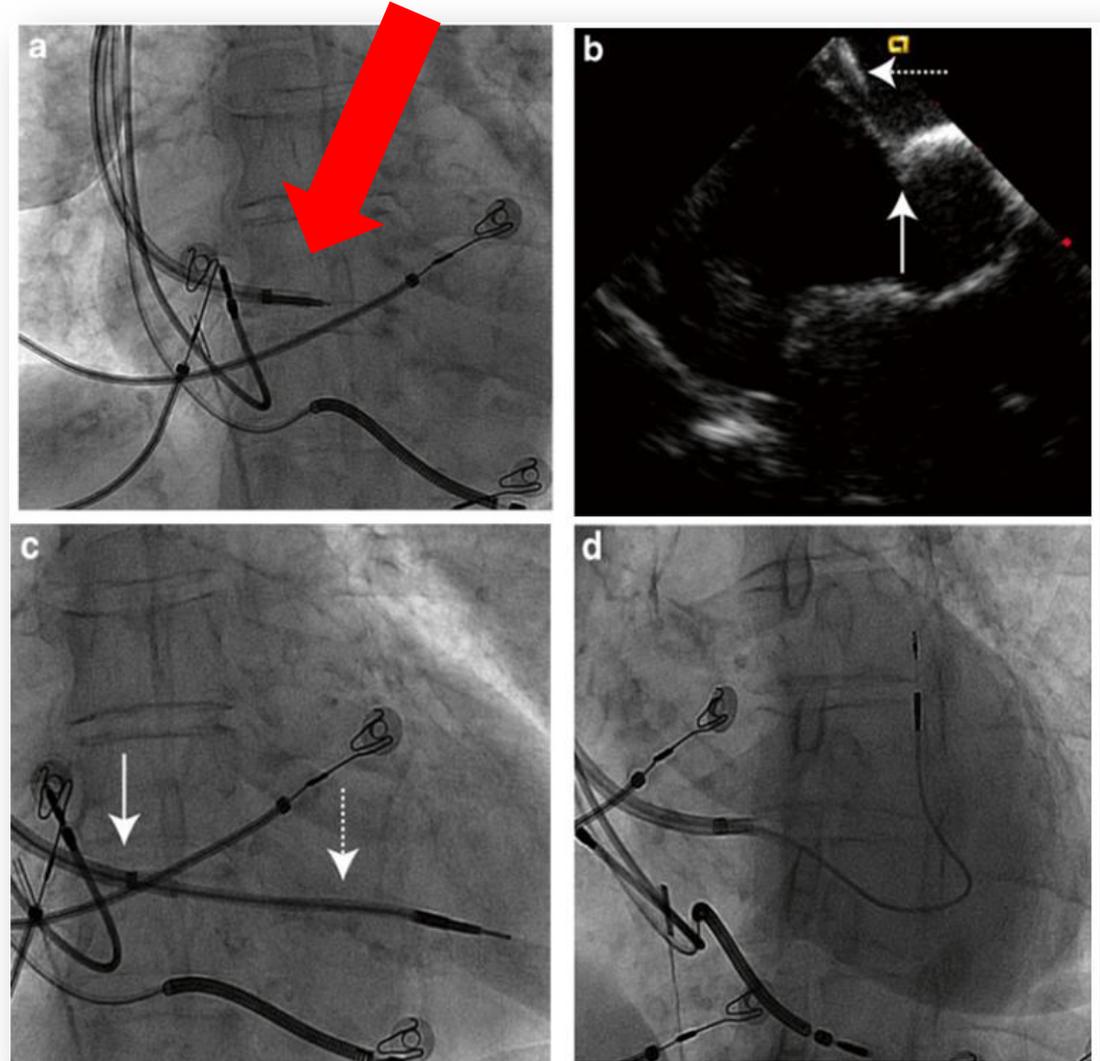
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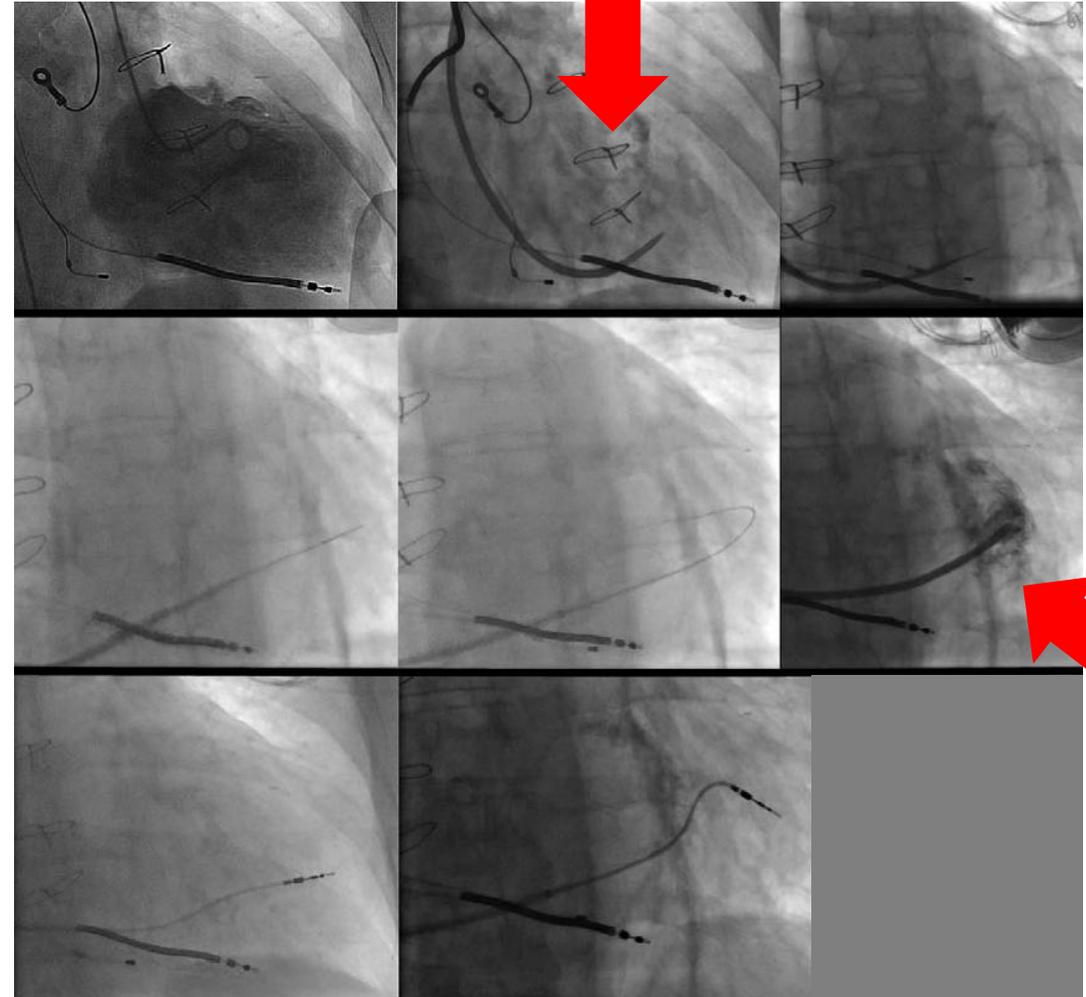
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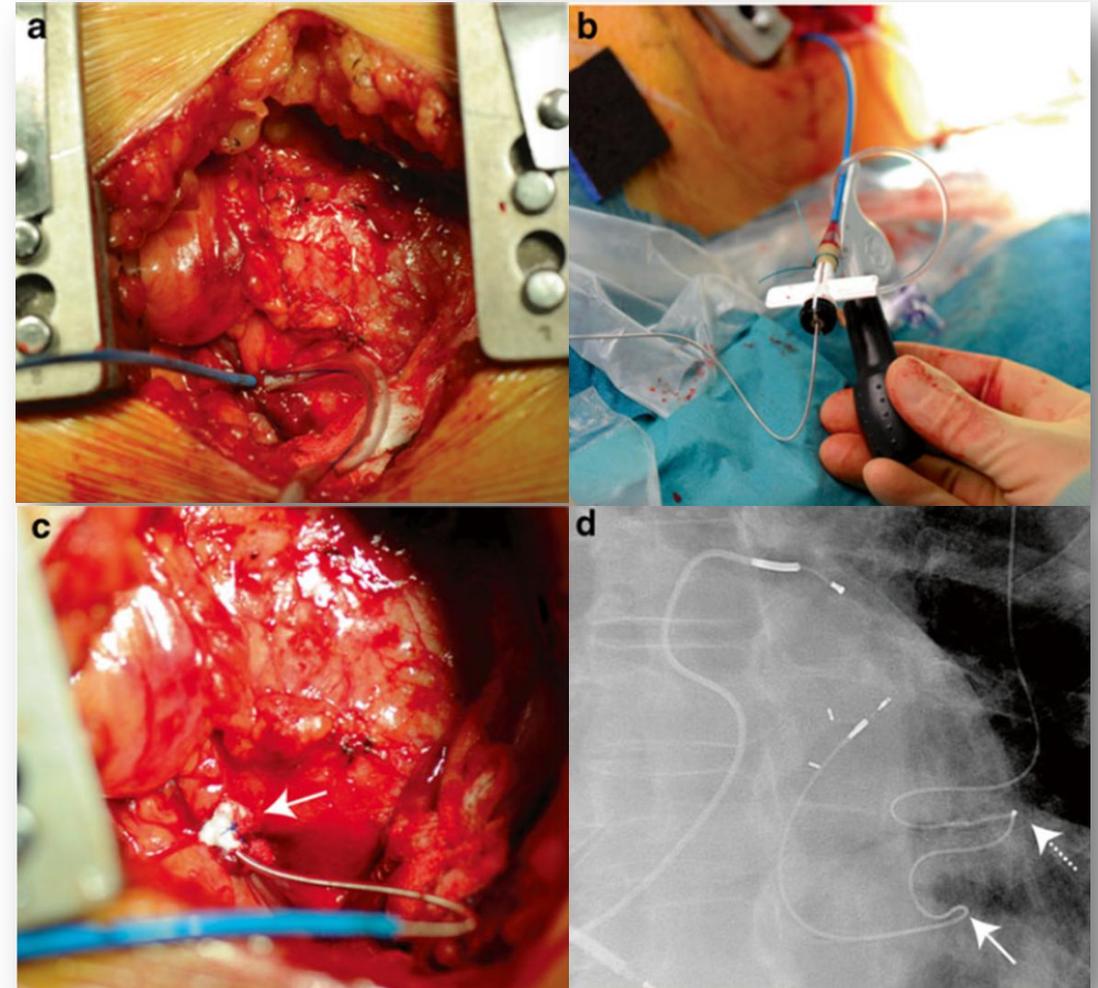
LV endocardial pacing approaches

- Transseptal technique
 - Atrial septum (several modifications)
 - **Ventricular septum**



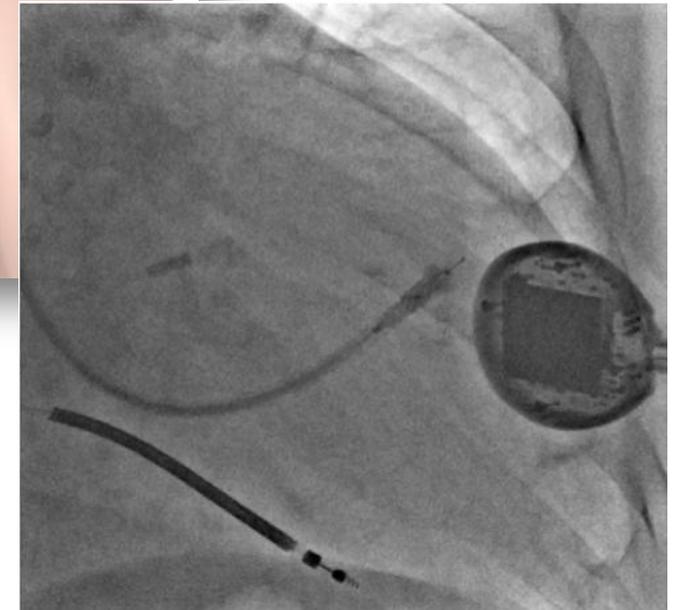
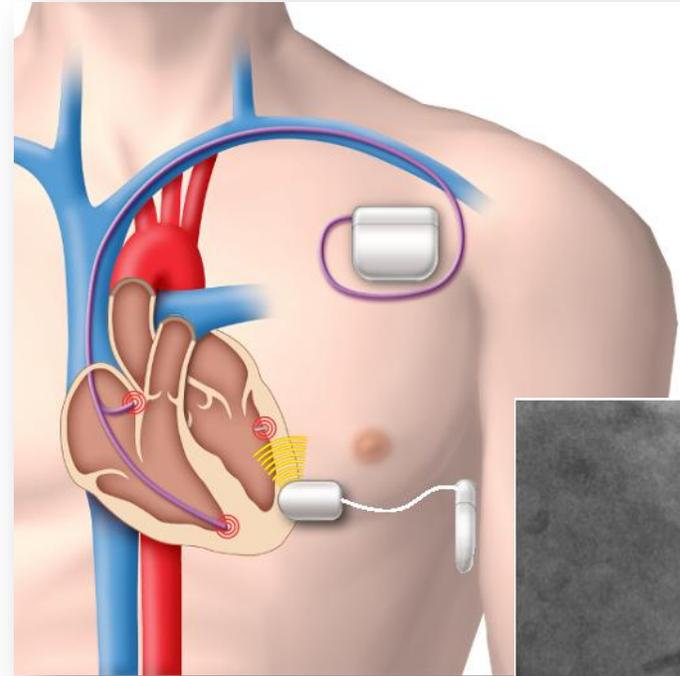
LV endocardial pacing approaches

- Transseptal technique
 - Atrial septum (several modifications)
 - Ventricular septum
- **Transapical technique**

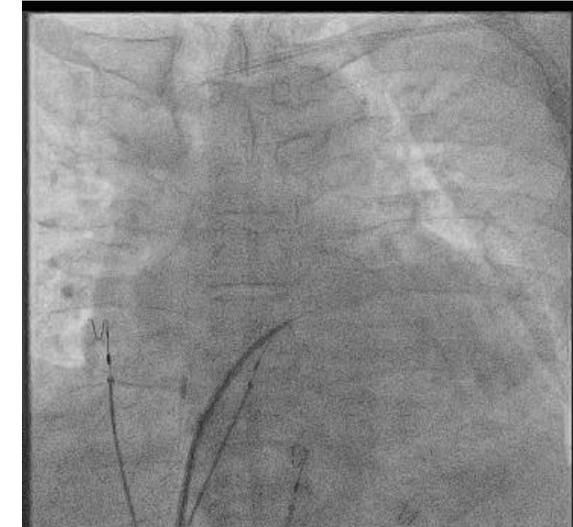
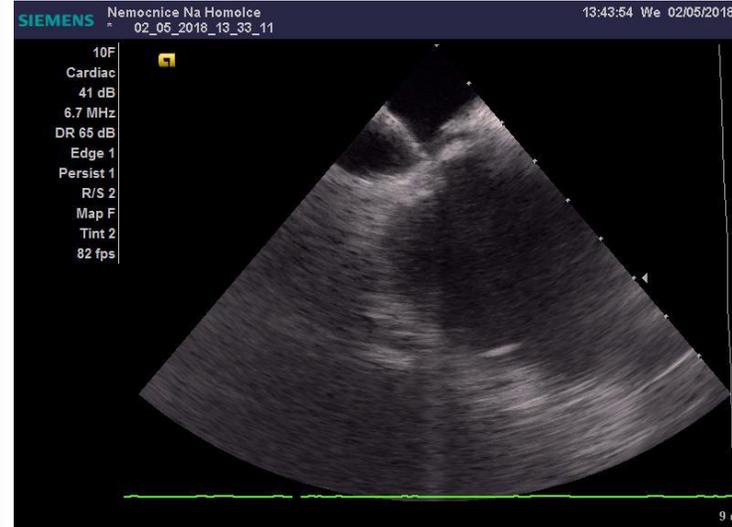
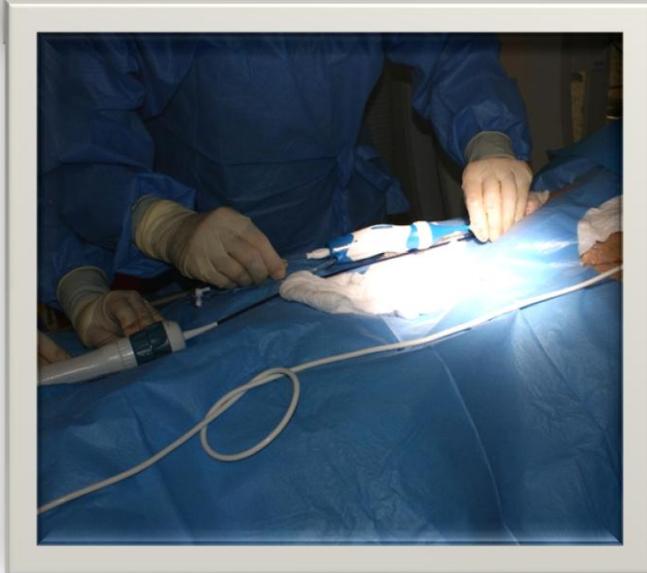
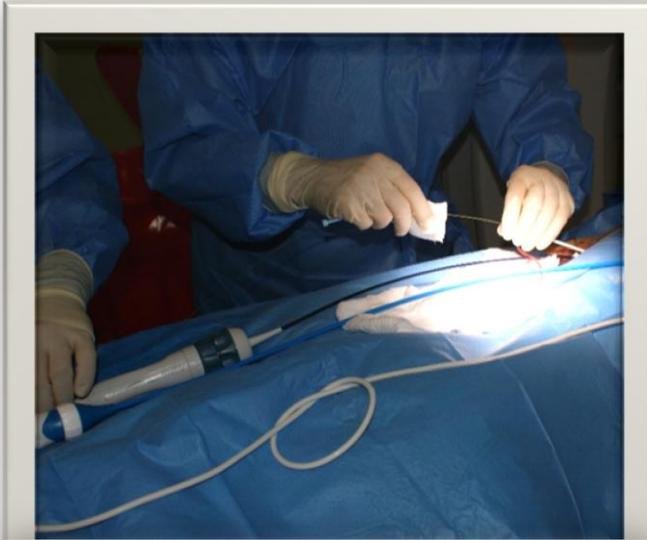


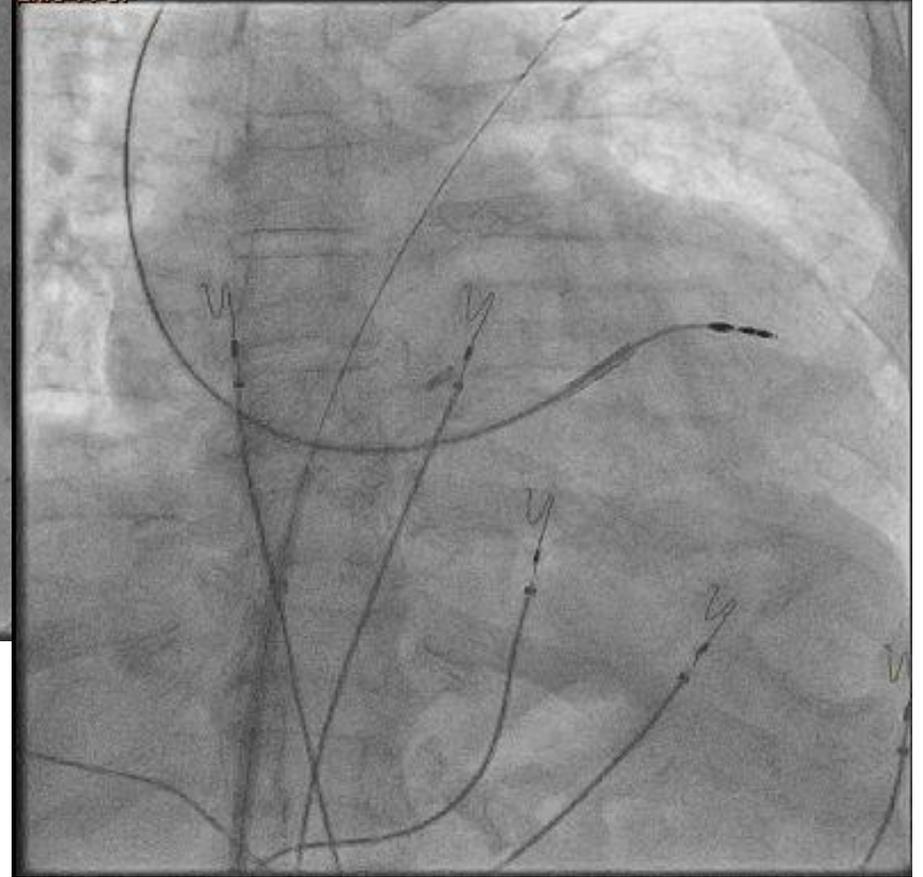
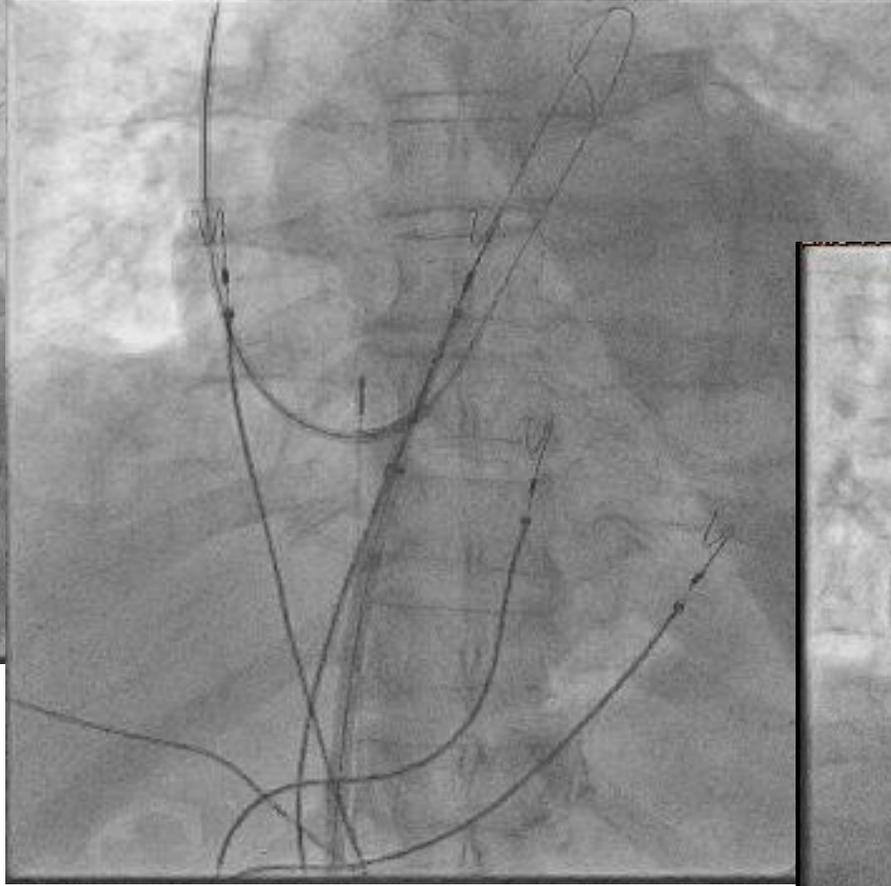
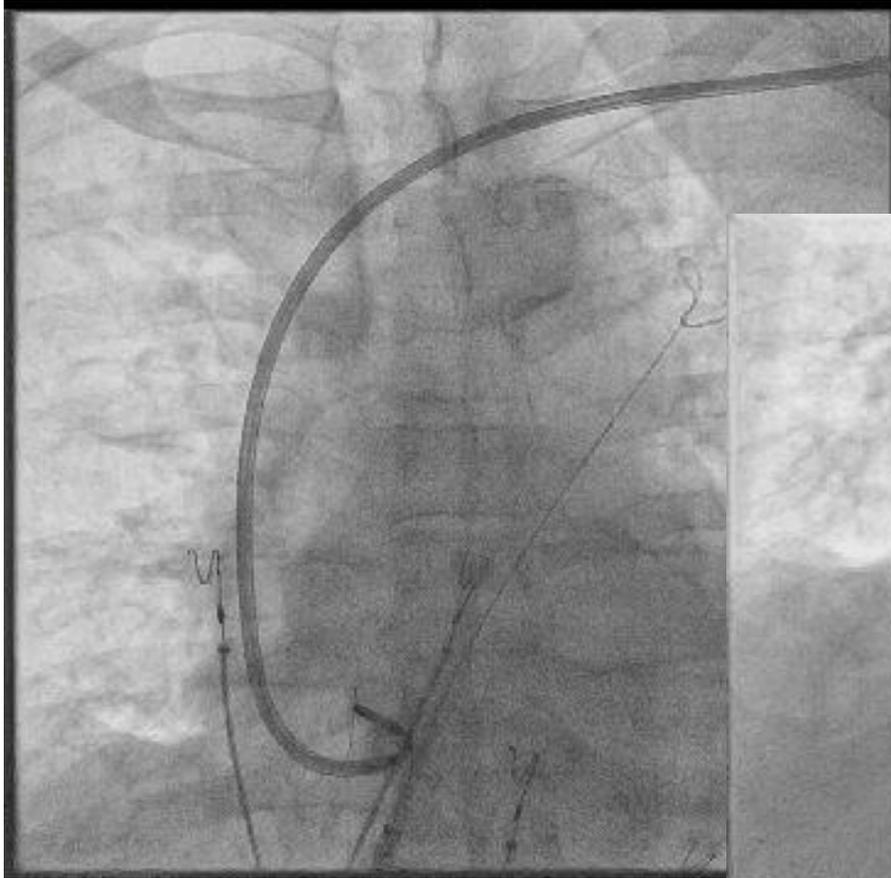
LV endocardial pacing approaches

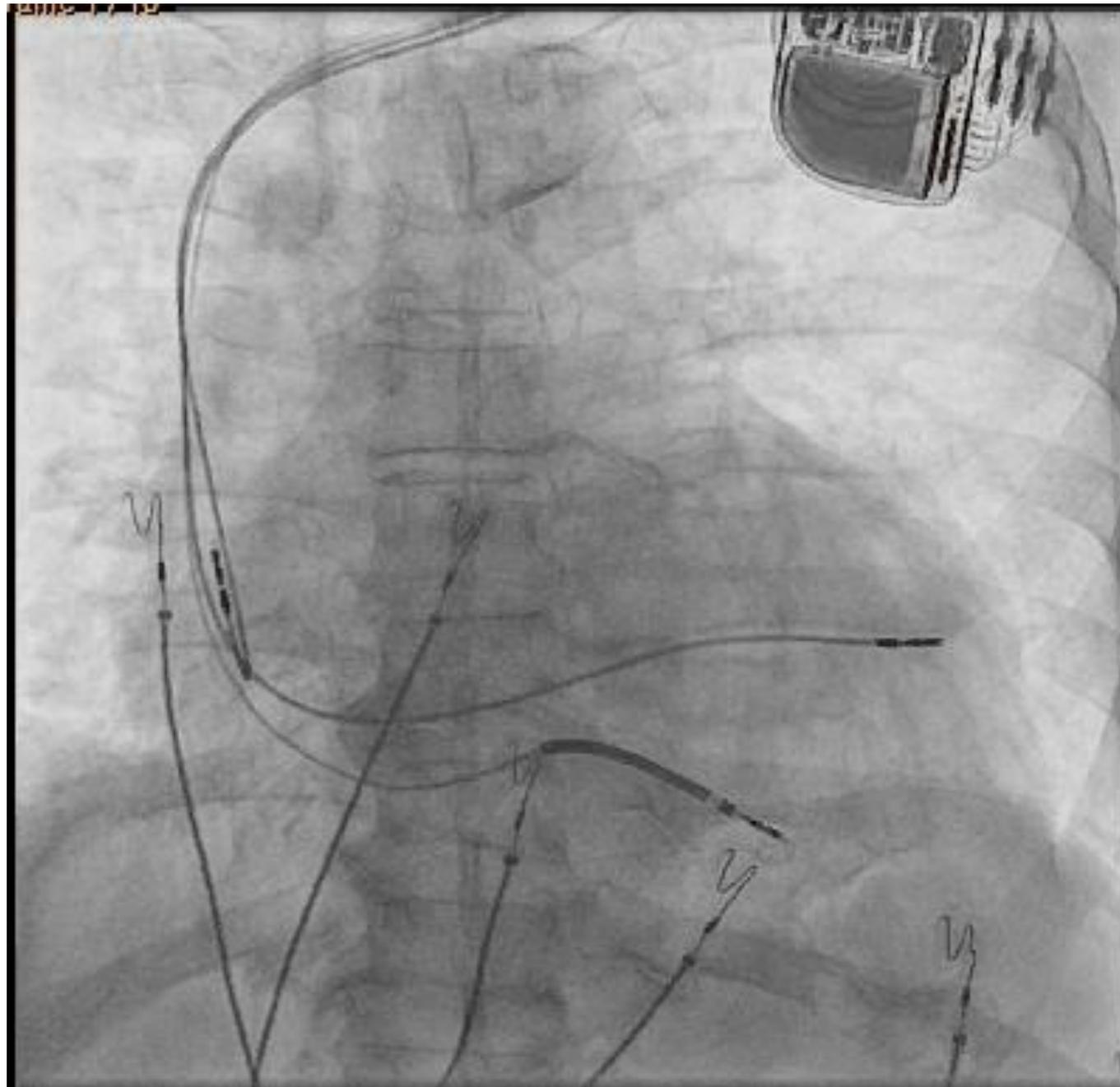
- Transseptal technique
 - Atrial septum (several modifications)
 - Ventricular septum
- Transapical technique
- **Retrograde approach (leadless)**
..... WiSE Technology



Na Homolce Hospital technique







Endocardial left ventricular pacing for cardiac resynchronization: systematic review and meta-analysis

James Hugo Phillimore Gamble*, Neil Herring, Matthew Ginks, Kim Rajappan, Yaver Bashir, and Timothy Rider Betts

- to assess the relative benefits and risks of LV endocardial pacing
 - Long-term thromboembolic (TE) events
 - Rate of response to endocardial CRT
- 23 studies published 1999-2016
- no randomised, single centre
- Procedural success rate > 95%

Trans-atrial septal technique	20
Trans-ventricular septal technique	2
Transapical technique	1

Table 2 Summary features of included studies and patients

Parameter	Result	Proportion of patients with data available
Studies	23	
Patients included	384	
Median patients per study (range)	8 (1–136)	
Proportion of male patients	66%	93%
Age (years)	66.2 (61.9–70.5)	97%
EF (%)	26.4 (13.8–29.0)	91%
NYHA class	3.0 (1.8–3.2)	98%
CHADS-VASc score	3.4 (2.9–4.0)	47%

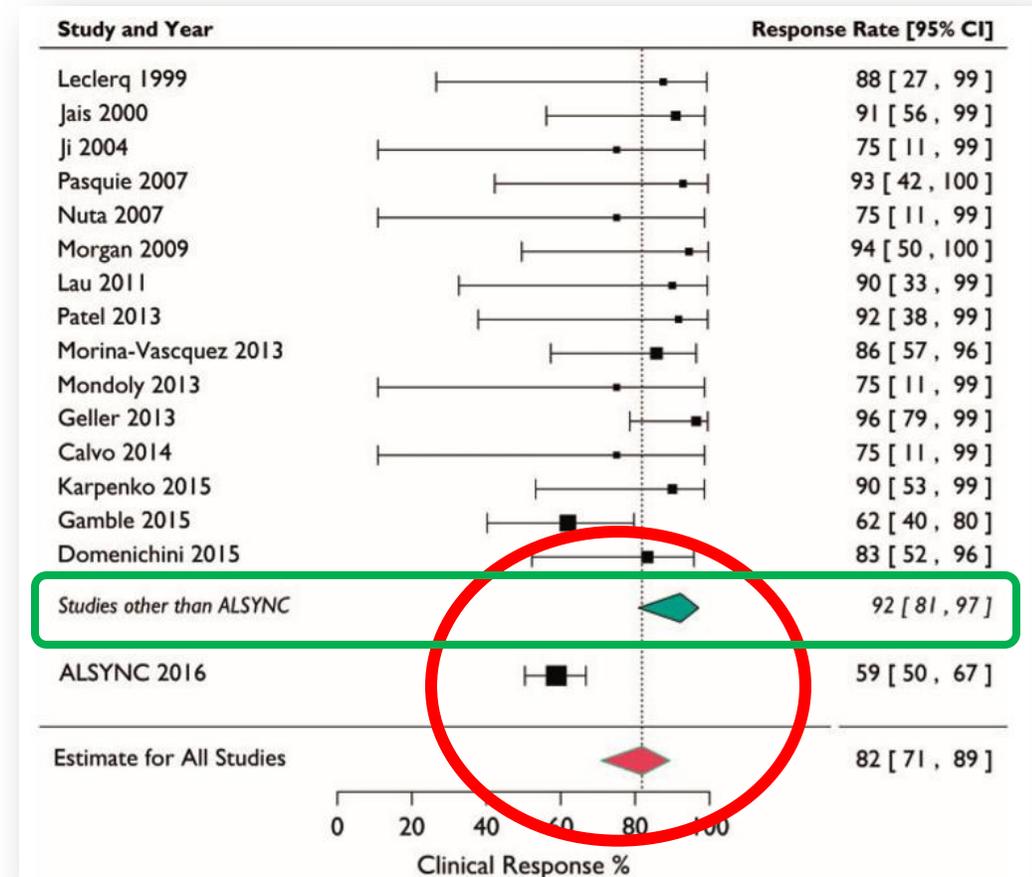
Table 1 Studies included in the meta-analysis

First author, year	Journal	Technique	Design	Centres	Patients	Follow up (months)	Follow up	Reports clinical response	Reports echo response
Leclercq ²²	PACE	TAS	Case series	1	3	6	Unclear	Yes	No
Jais ¹⁷	PACE	TAS	Case series	1	11	15 ±12	Systematic	Yes	No
Garrigue ²¹	Am J Cardiol	TAS	Case series	1	8	10	Unclear	No	No
Ji ²³	J CV EP	TAS	Case report	1	1	3	N/A	Yes	No
Pasquie ²⁰	PACE	TAS	Retrospective case series	1	6	85 ±5	Systematic	Yes	No
Nuta ¹⁹	Europace	TAS	Case report	1	1	9	N/A	Yes	No
Morgan ¹⁸	Europace	TAS	Case series	1	8	1-32	Unclear	Yes	No
Lau ²⁴	J Int CV EP	TAS	Case report	1	1	6	N/A	No	No
Kassai ¹³	Europace	TVA	Case series	3	23	40 ±24.5	Unclear	No	Yes
Lau ²⁶	PACE	TAS	Case series	1	4	6 ±1.5	Systematic	Yes	No
Wright ²⁵	PACE	TAS	Case series	1	3	12	Unclear	No	No
Morina-Vasquez ⁴⁶	PACE	TAS	Case series	1	14	0-54	Systematic	Yes	Yes
Mondoly ²⁷	PACE	TAS	Case report	1	1	6	N/A	Yes	No
Patel ²⁸	J Int CV EP	TAS	Case series	1	5	150	Unclear	Yes	No
Geller ²⁹	ESC abstract	TAS	Case series	1	28	21 ±13	Unclear	Yes	Yes
Shalaby ³⁰	HRS abstract	TAS	Case series	1	5	10.72	Unclear	No	Yes
Elencwajg ⁴⁷	EHRA-EP abstract	TAS	Case series	1	31	24.1 ±16.2	Unclear	No	No
Rademakers ¹²	Heart Rhythm	TAS	Retrospective case series	2	51	24	Systematic	No	No
Calvo ³²	Europace	TAS	Case report	1	1	6	N/A	Yes	No
Domenichini ³¹	Heart Rhythm	TAS	Case series	1	12	5.7	Unclear	Yes	No
Gamble ³⁴	Europace	TVS	Case series	1	21	11 ±8	Systematic	Yes	Yes
Karpenko ³⁵	EHRA-EP abstract	TVS	Case series	1	10	7 ±2	Unclear	Yes	No
ALSYNC ¹¹	EHJ	TAS	Prospective clinical trial	18	136	17 ±6	Systematic	Yes	Yes

TAS, trans-atrial septal; TVS, trans-ventricular septal; TVA, trans-apical. Follow up given as mean with standard deviation where available. When range is given this is minimum to maximum.

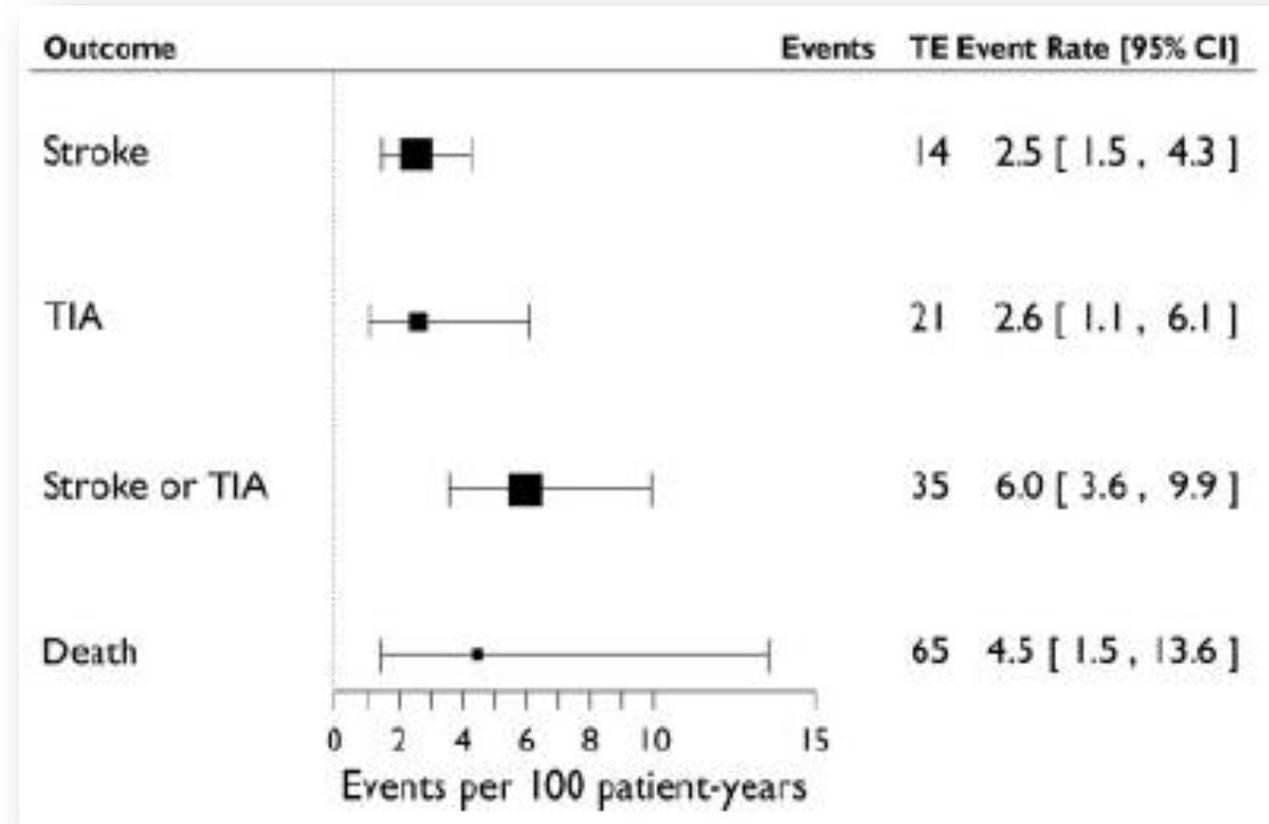
Response to endocardial CRT

- **Clinical response**
- 262 patients
- 191 (73%) ≥ 1 decrease in NYHA
- **82%** (95% CI 71-89%)
- **Echocardiographic response** > 5% in EF
- 171 patients
- **64,3%** (56,8-71,2)



TE complications of endocardial CRT

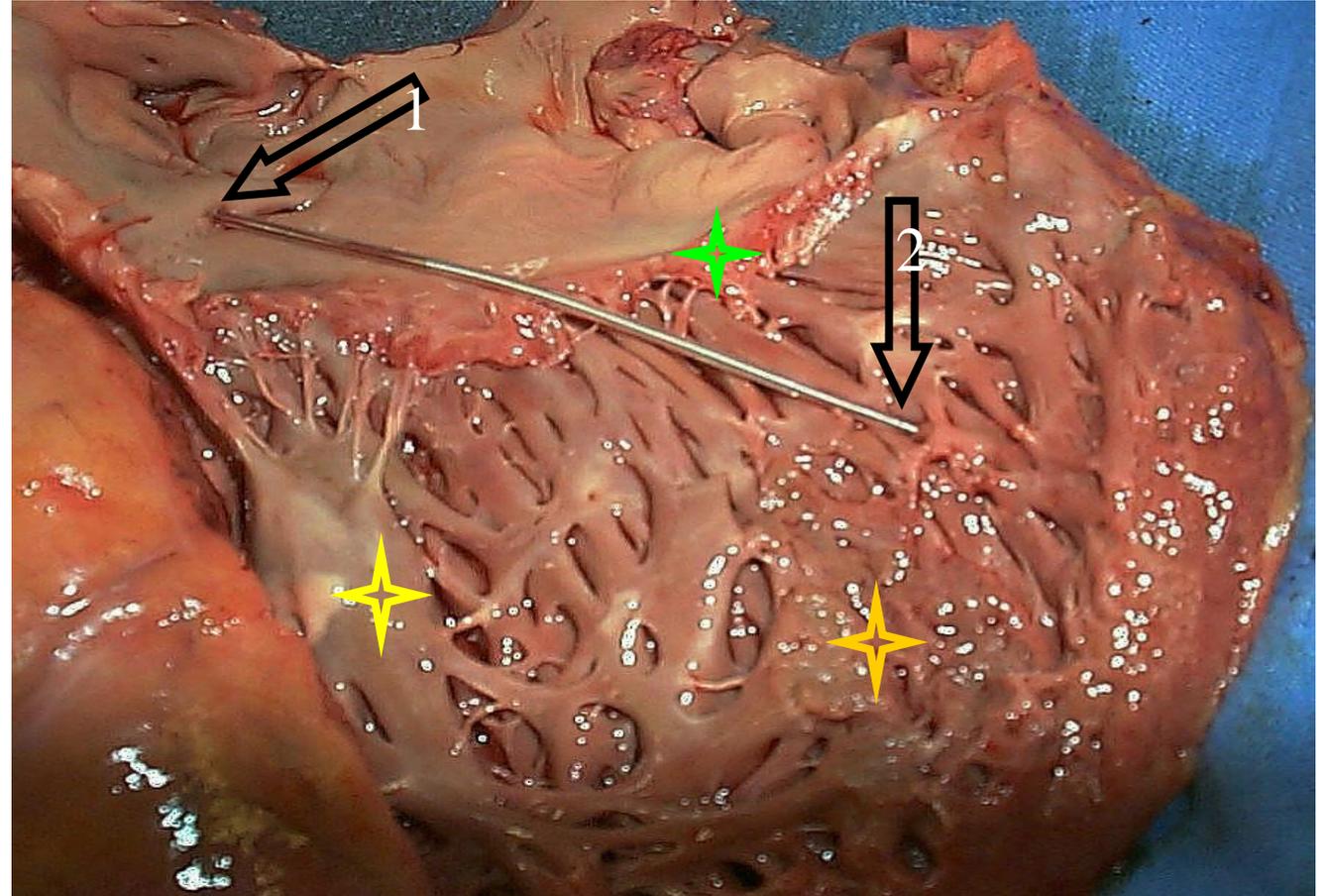
- Relatively small numbers of events
- 13/23 (57%) reporting no events
- **Event rates:**
 - TIA, stroke **6%/year**
 - Death **4,5%/year**
- Related to level of INR
- No significant differences between techniques



Transseptal LV Lead Placement

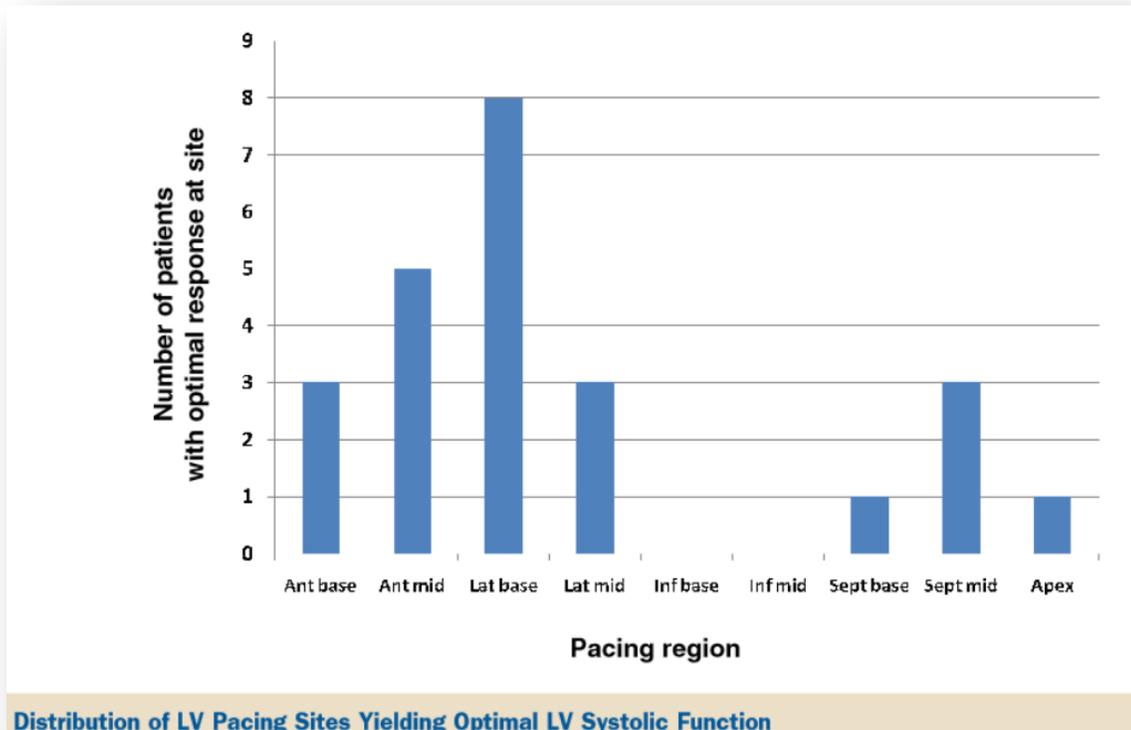
- Risk of infection exists !
- ALSYNC study: 2/118

- Risk of mitral regurgitation ?

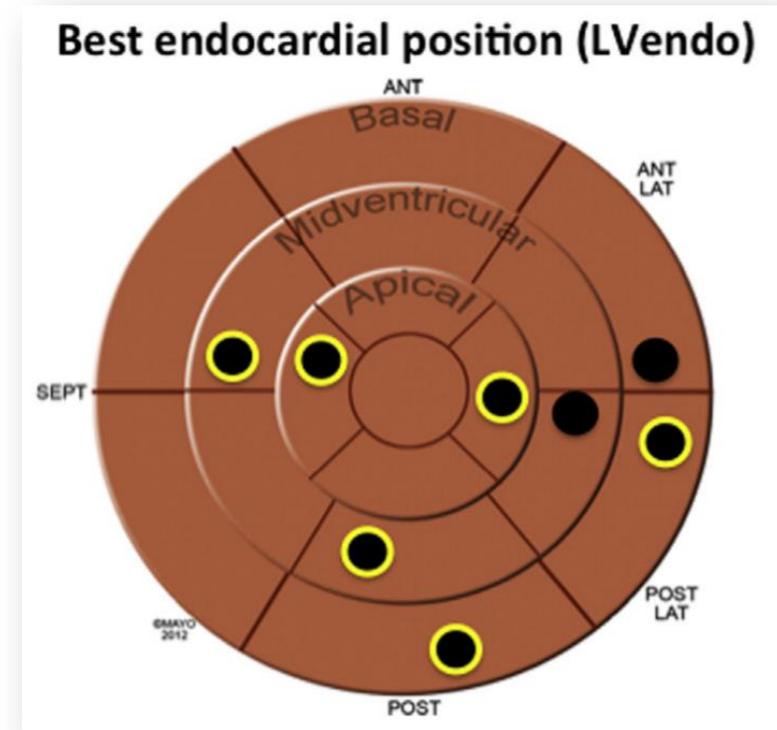


Not just about the delivery, but where to pace

- very, very individual scar related ?! CMR benefit ??



D.D. Spragg, J Am Coll Cardiol 2010;56, 774-81

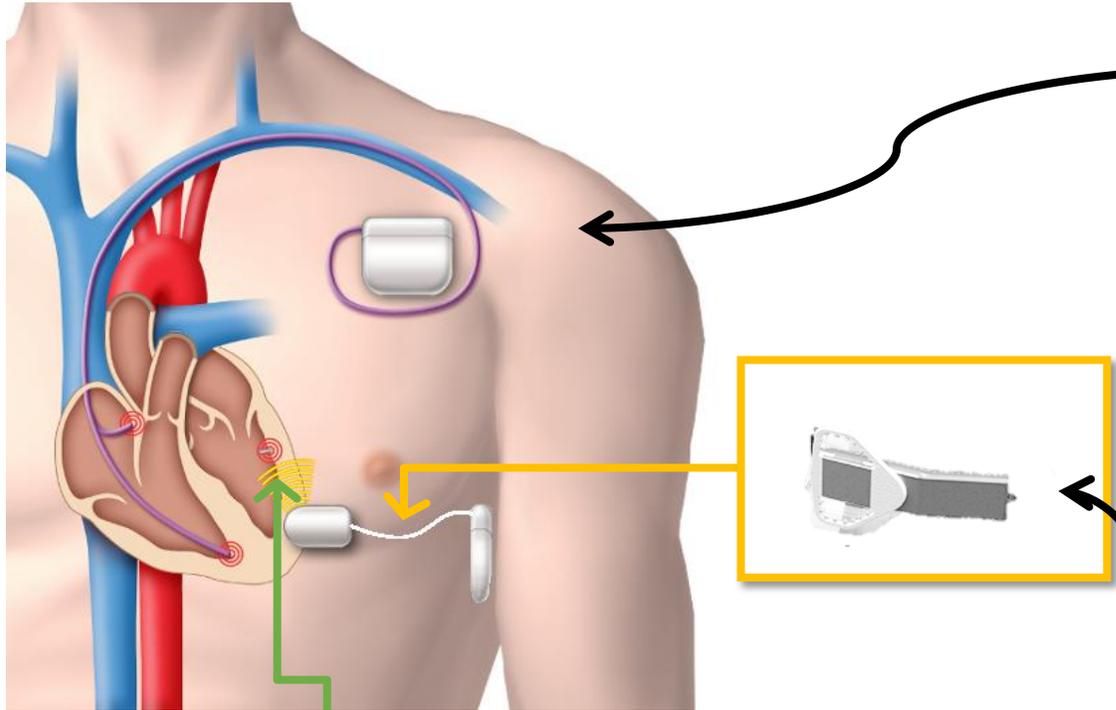


J.M. Behar, J Am Coll Cardiol EP 2016;2:799–809

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Leadless LV endocardial pacing - **WiSE** Technology



Conventional Device (“Co-Implant”)
Provides RA and RV Pacing
(Pacemaker, ICD, CRT-p, CRT-D)

EBR’s System Provides Synchronized Left Ventricular Pacing

- Phased Array Ultrasound Transmitter is Implanted in Intercostal Space
- Receiver Electrode (RE) is Implanted in LV Endocardially. Converts ultrasound energy to electrical pulse.

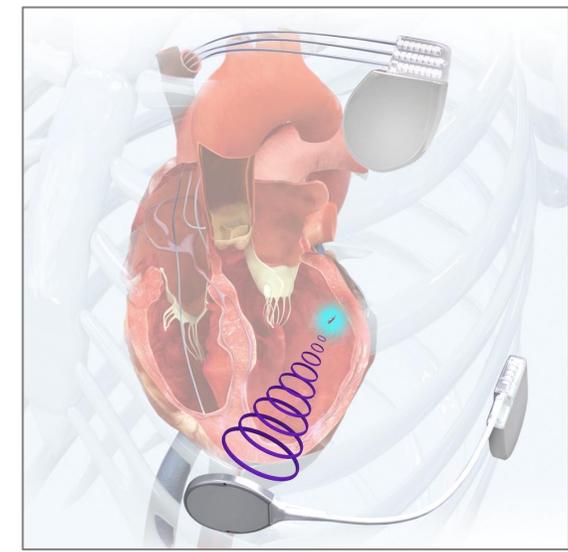


WiSE Technology

Small Size

Designed for LV placement while diminishing need for chronic anticoagulation

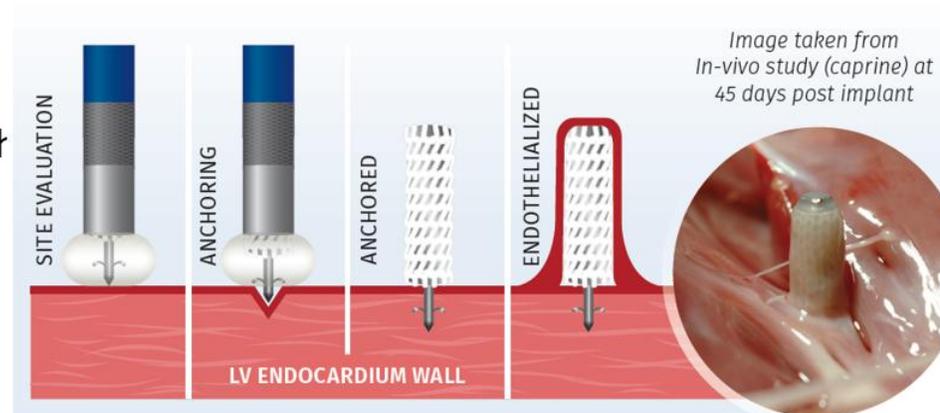
LENGTH OF BODY: 9.1mm
DIAMETER: 2.7mm
WEIGHT: 0.12 grams
VOLUME: 0.05 cc



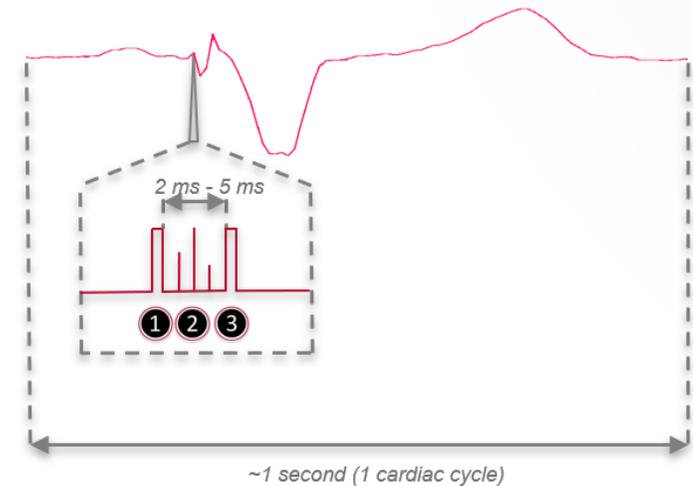
Secure Attachment

Endothelialises for a low risk of thromboembolic events

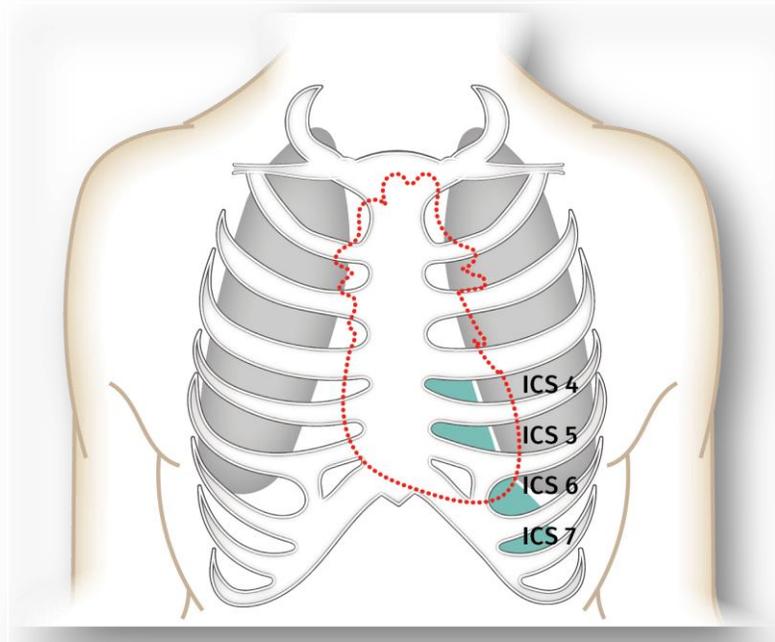
- Anchors onto endocardial wall with 5 nitinol tines
- Passive device with no need for replacement
- Full endothelialisation in animal testing at 30 to 45 days[^]



WiSE CRT System On BiV Pacing

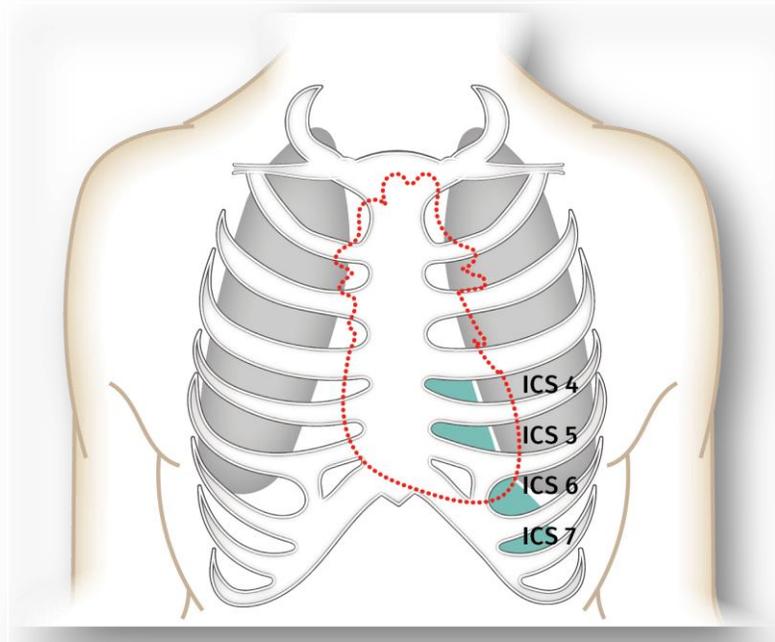


3 stage procedure

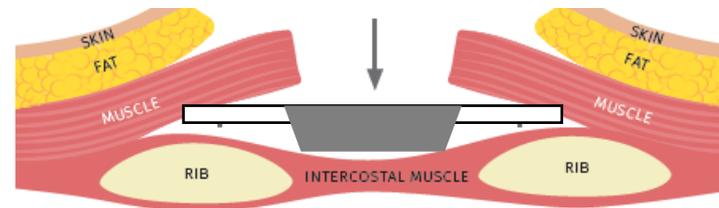
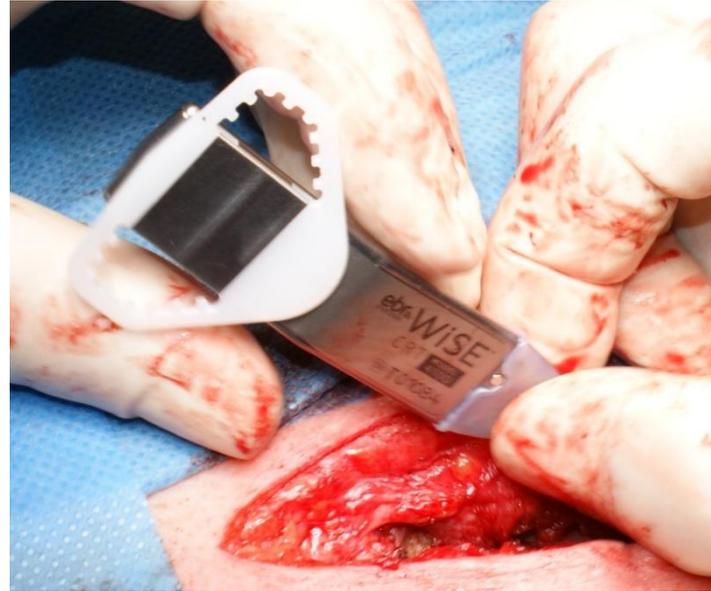


Acoustic window screening

3 stage procedure

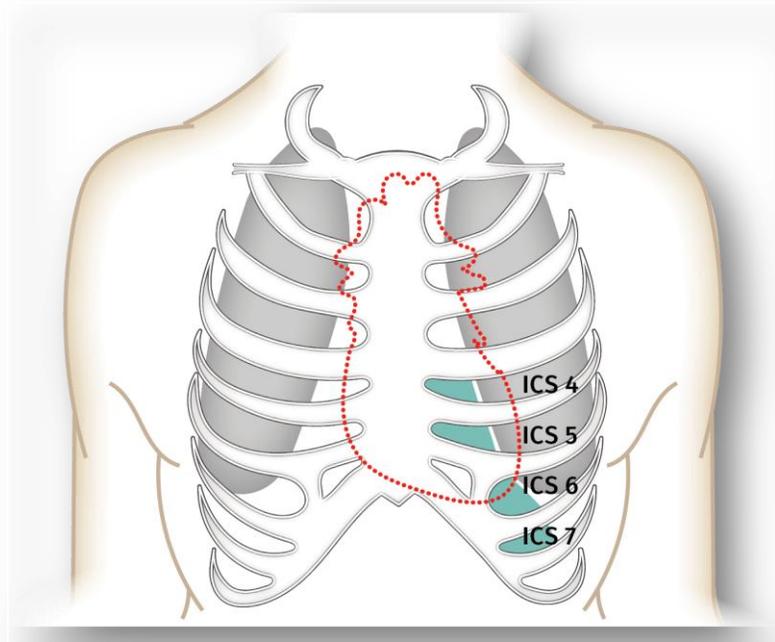


Acoustic window screening



Transmitter Implant

3 stage procedure

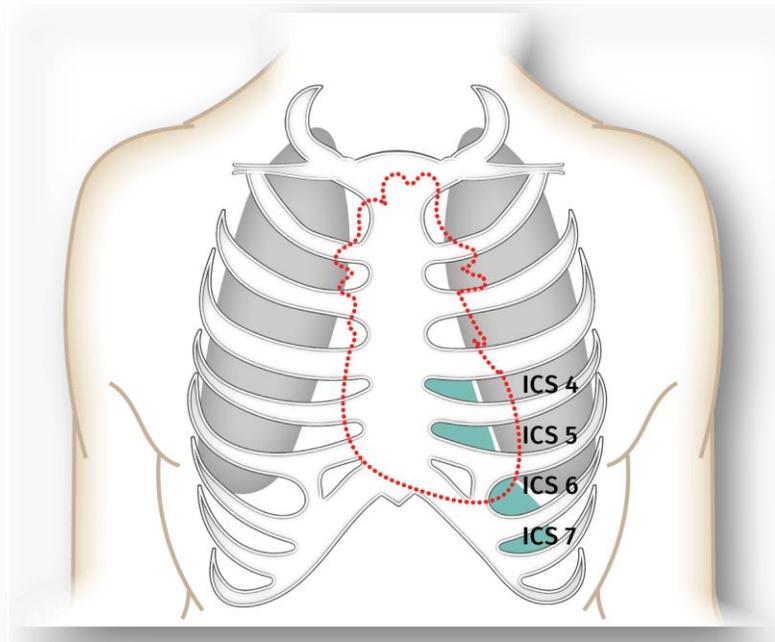


Acoustic window screening



Transmitter Implant

3 stage procedure

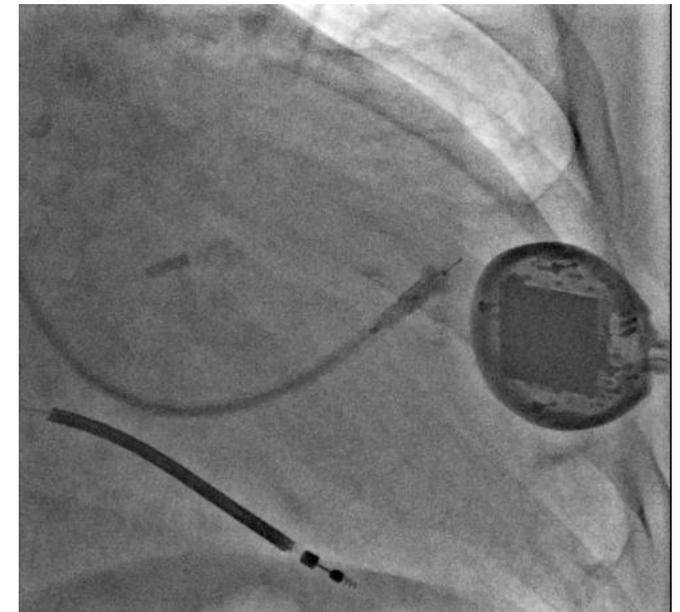


Acoustic window screening



Transmitter Implant

- 12 Fr steerable Sheath with a balloon “bumper” to minimize trauma to endocardium
- 8Fr delivery catheter for electrode
- Electrical connection to the RE cathode for site evaluation (local EGM, test capture threshold using lab stimulator)



Electrode delivery

*11.10.1940
05.10.2013
11:30:07
5976 Sn 1

Nemocnice Na Homolce *
Revolution XR/d

KV 120
mAs 3.0
RE 0
dGy*cm2 2.2055

W 2423
C 5357

*11.10.1940
05.10.2013
11:30:49
5976 Sn 3

Nemocnice Na Homolce *
Revolution XR/d

KV 120
mAs 4.0
RE 0
dGy*cm2 2.7145

W 2539
C 5359

*11.10.1940
05.10.2013
11:30:29
5976 Sn 2

Nemocnice Na Homolce *
Revolution XR/d

KV 120
mAs 3.0
RE 0
dGy*cm2 2.2914

W 2454
C 5452

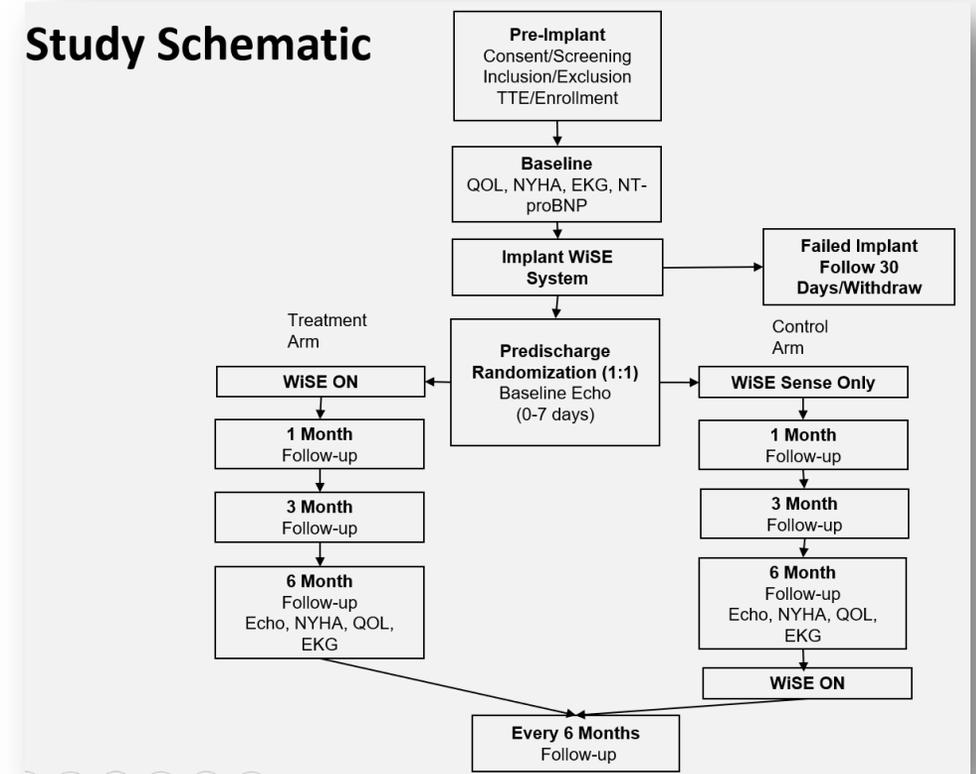


WiSE Technology

- First in Human: WiSE-CRT 13 pts
- CE Study: SELECT LV 34 pts (12 pts in NNH)
- Post-CE Mark Registry > 100 pts

- SOLVE CRT - ongoing
 - 350 non CRT responders, 45 Centers
 - Prospective, two-arm, randomized 1:1
 - double blind, multi-center trial

Study Schematic



Cardiac Resynchronization Therapy With Wireless Left Ventricular Endocardial Pacing



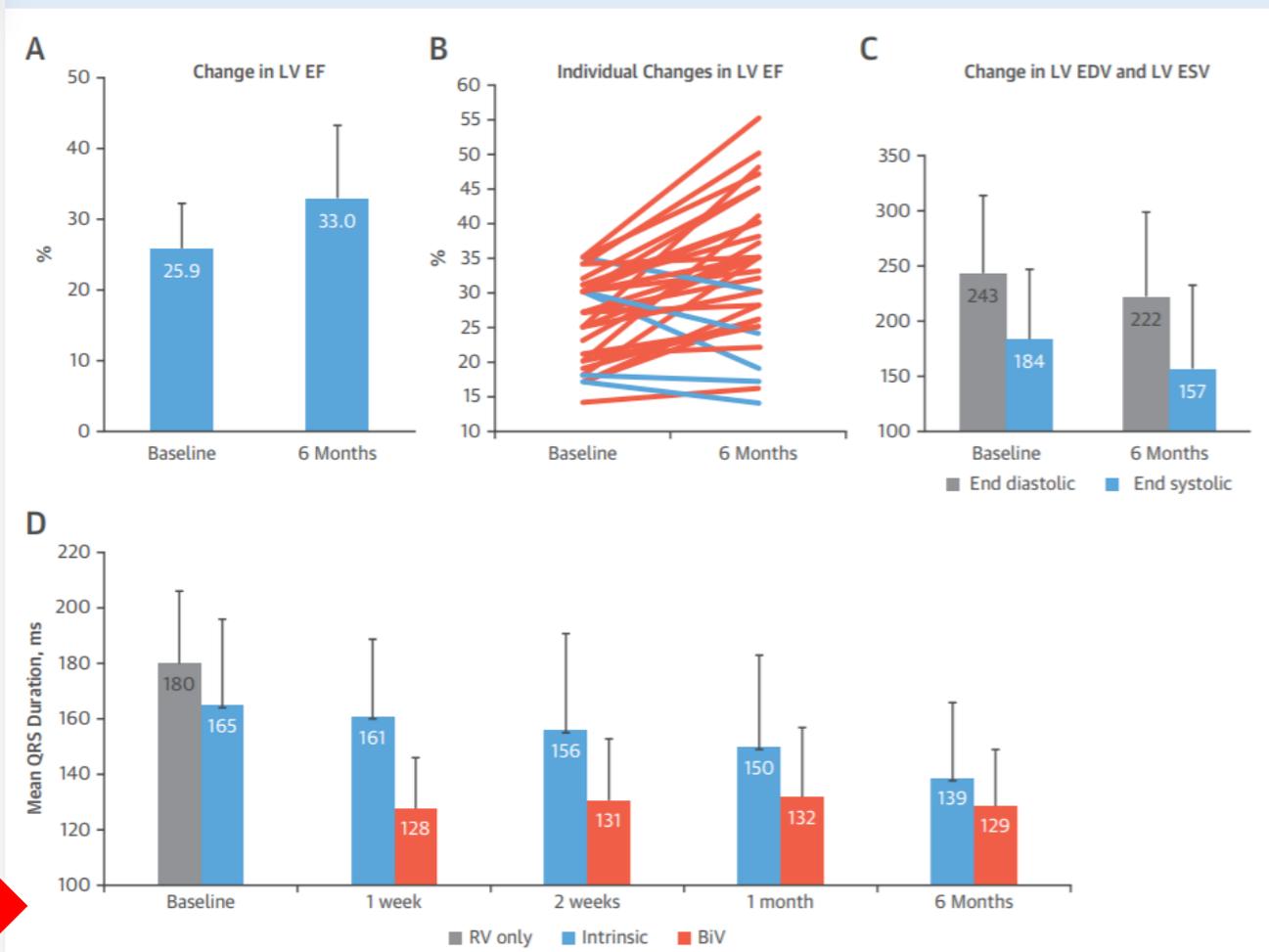
The SELECT-LV Study

Vivek Y. Reddy, MD,^a Marc A. Miller, MD,^a Petr Neuzil, MD,^b Peter Søgaard, MD,^c Christian Butter, MD,^d Martin Seifert, MD,^d Peter Paul Delnoy, MD,^e Lieselot van Erven, MD,^f Martin Schalji, MD,^f Lucas V.A. Boersma, MD,^g Sam Riahi, MD, PhD^c



- 34/35 (97%) implantation success
- **6M follow-up:**
- 94% of patients (who failed conventional CRT) achieved resynchronization
- 85% of pts with clinical response
- 66.7% pts ≥ 1 NYHA class
- 66% of pts with increase of EF $\geq 5\%$
- Signs of LV remodeling !! 

FIGURE 2 Change in Echocardiographic and Electrocardiographic Parameters From Baseline to 6 Months

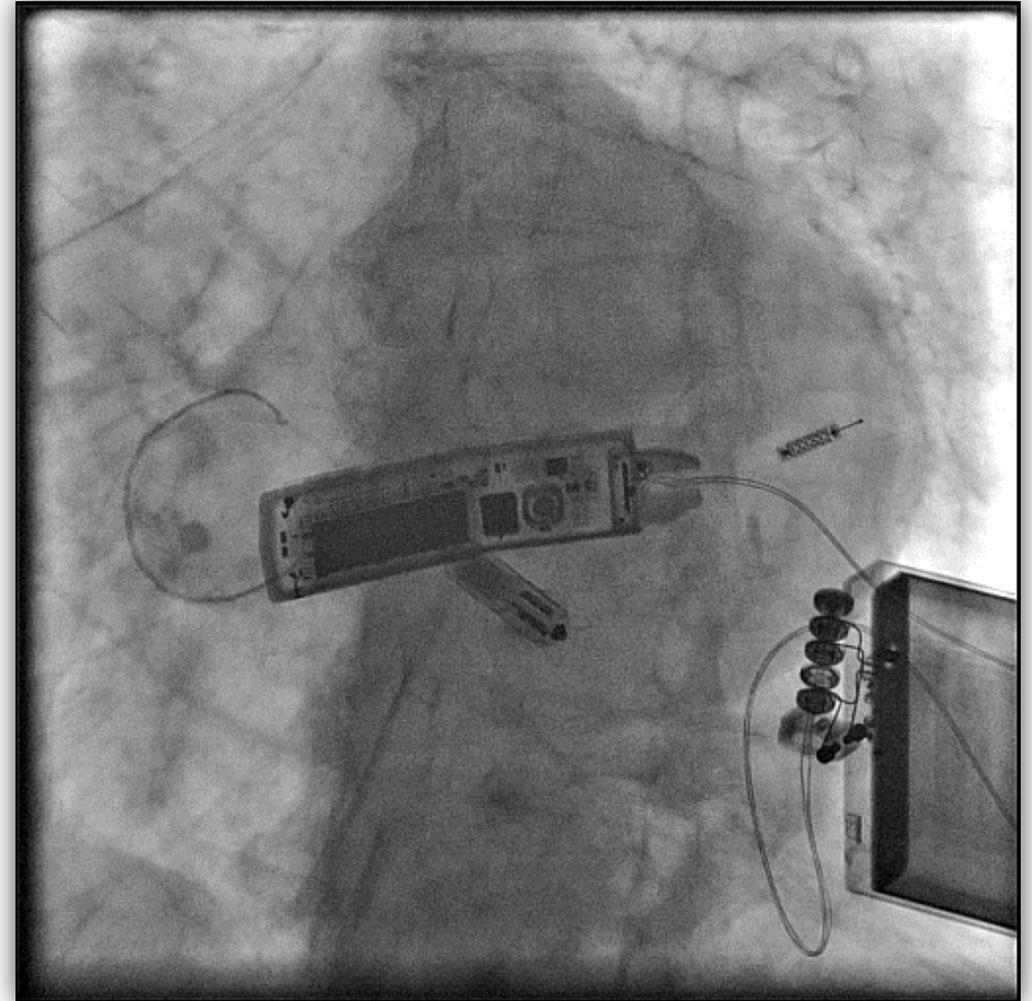


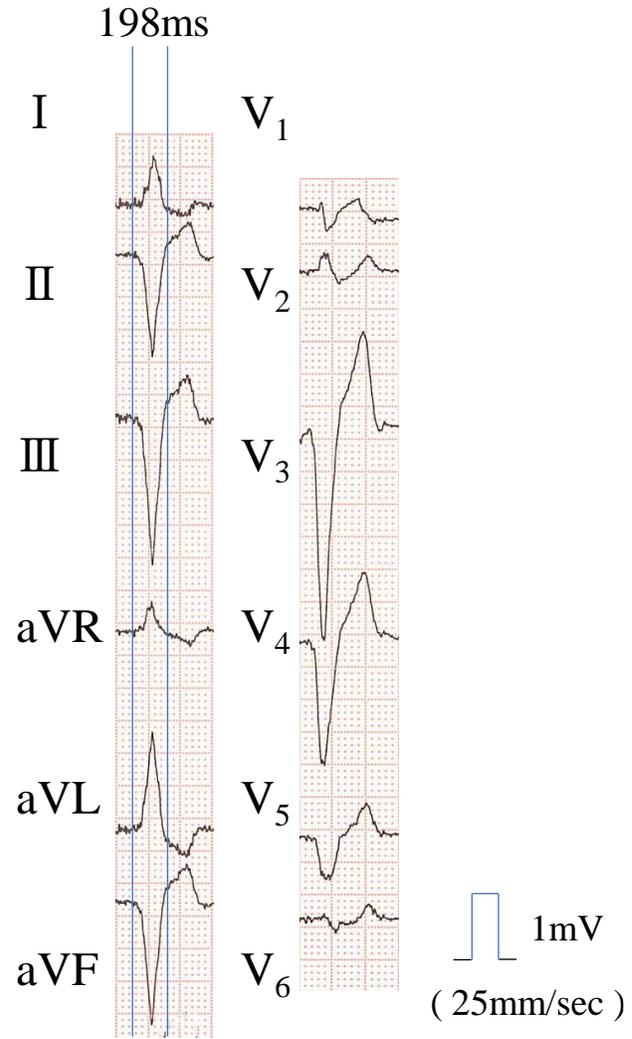
WiSE Technology – Concl.

- **Chronic anticoagulation is not required !!!**
- Improvement in battery longevity by
 - Programming
 - Transmitter development
 - Electrode development
 - Battery development

Completely leadless biventricular pacing

- 75-year old female, history of MVP, TVP, MAZE (2015)
- Persist Afib recurrence, extreme LA dilation, Afib considered to be permanent
- 2016 intermit. AV block episodes - MICRA implantation
- FU revealed high rate of pacing (71%) with LV dysfunction (EF 25%)
- 2018 WiSE implantation



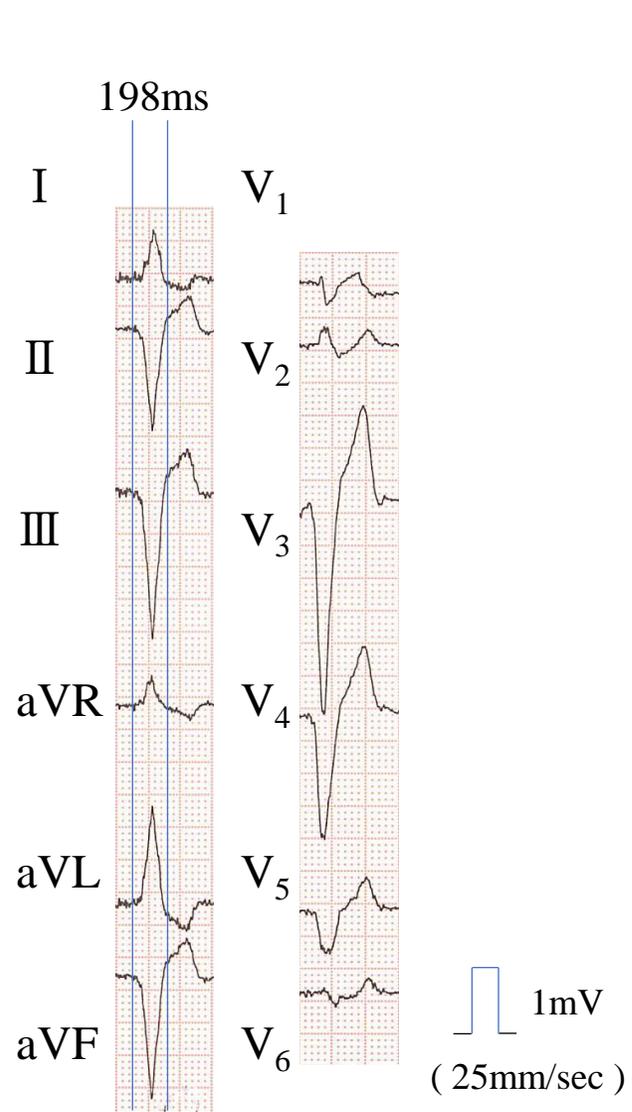


BL (RV pacing)

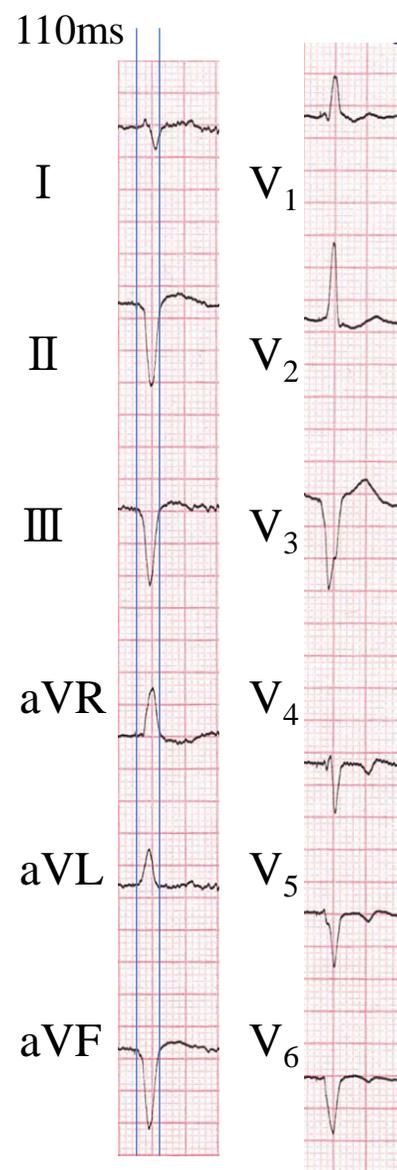
1W after

3M after

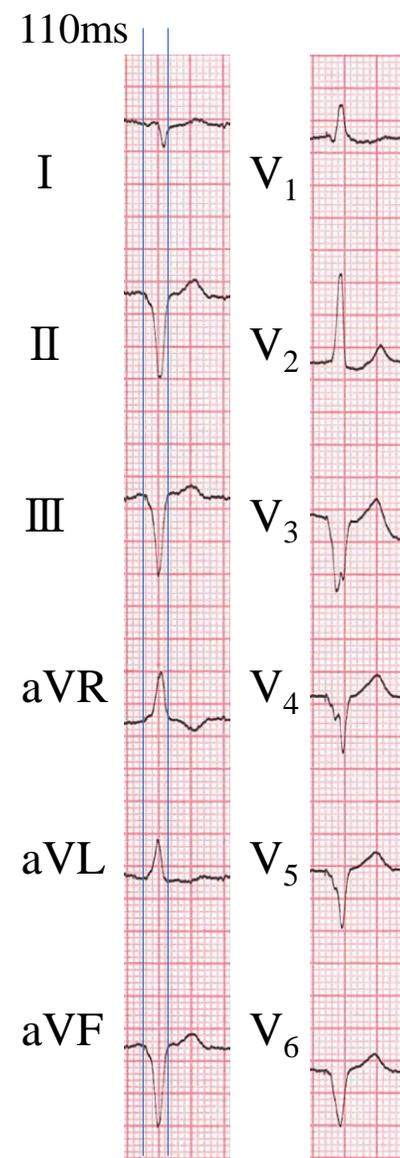
6M after



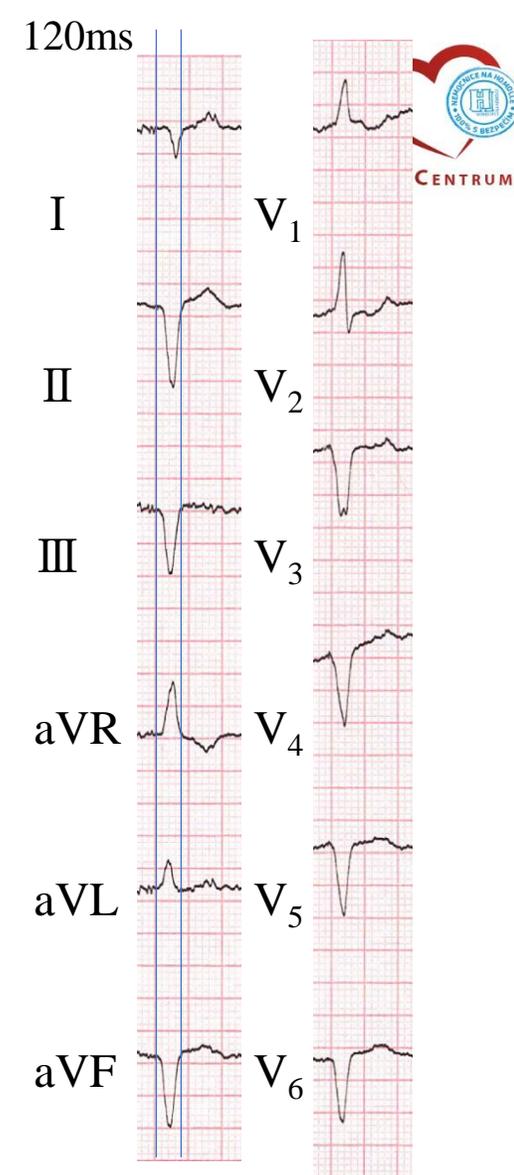
BL (RV pacing)



1W after



3M after



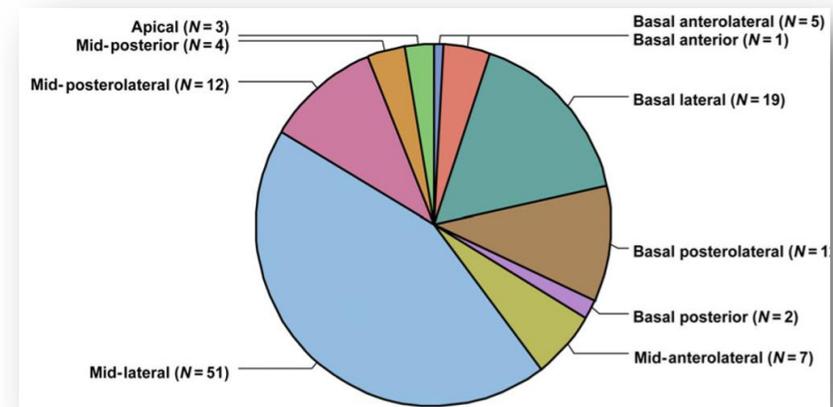
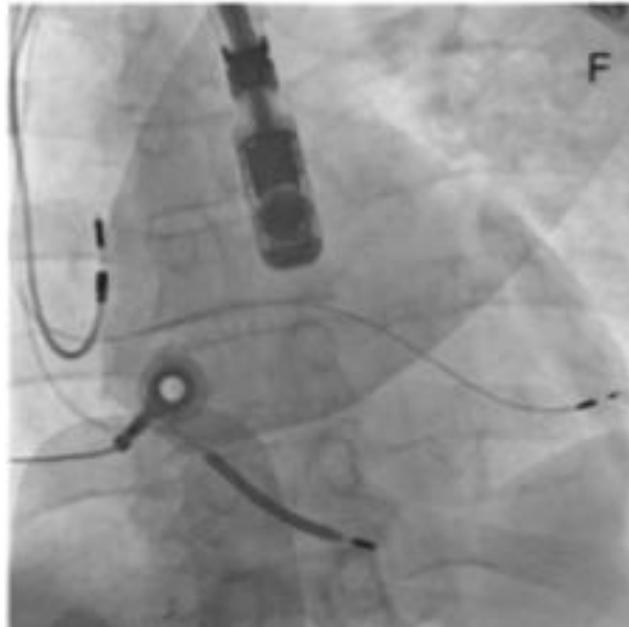
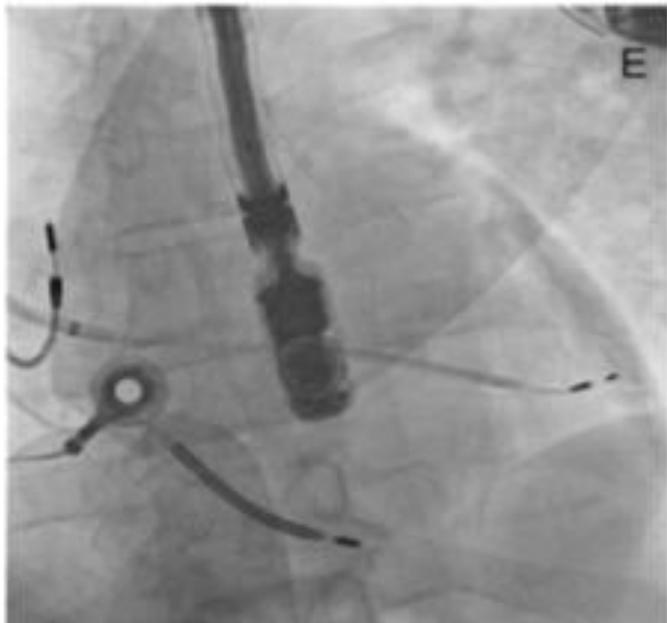
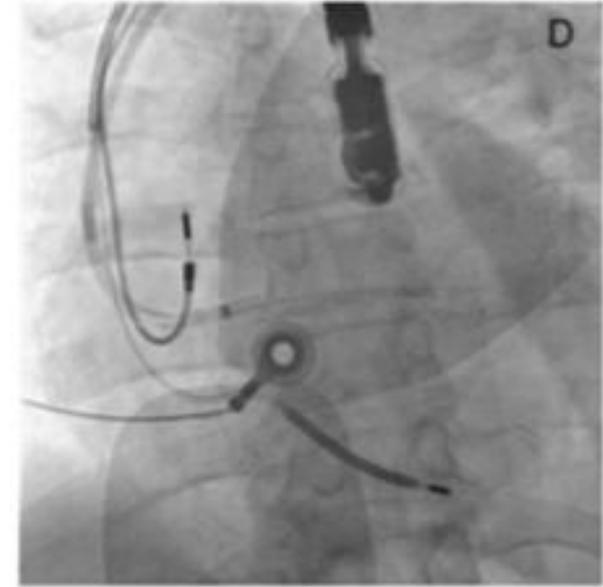
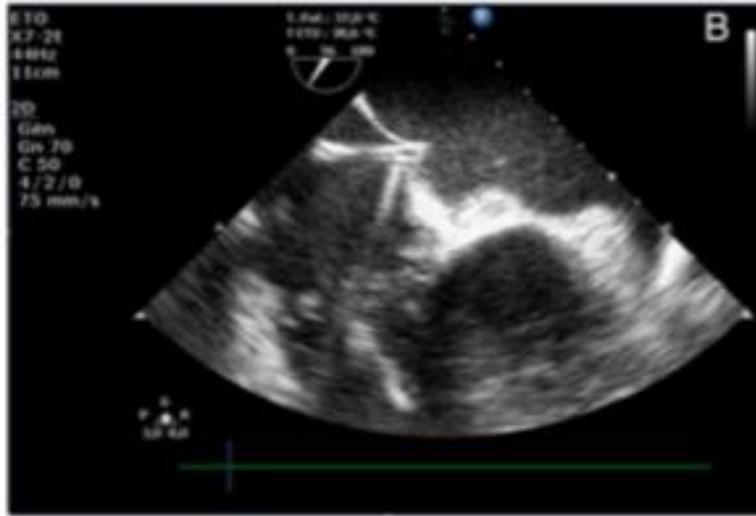
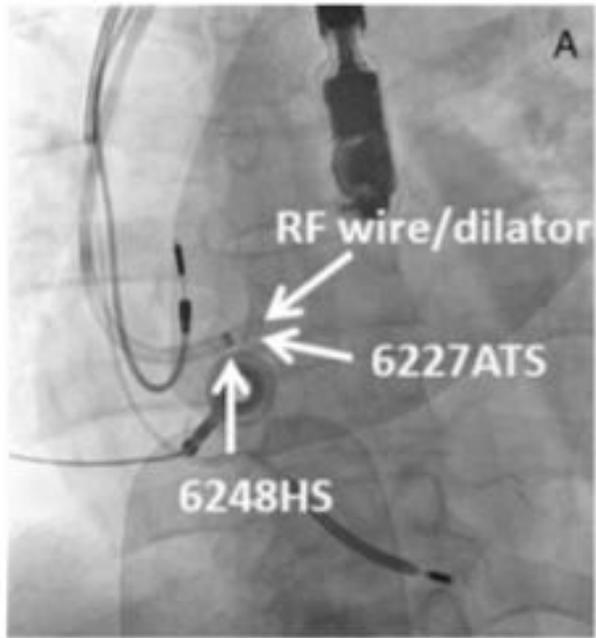
6M after

Conclusions

- Endocardial LV pacing is very attractive alternative for CRT, with advantage of more physiological electrical activation
- Limitations are mainly represented by the risk of TE events and level of anticoagulation remains a crucial challenge
- RCTs trial are needed for the evaluation of this technique to assess the feasibility, the safety and the clinical efficacy (increase in responders rate)
- Leadless LV endocardial (WiSE technology) development

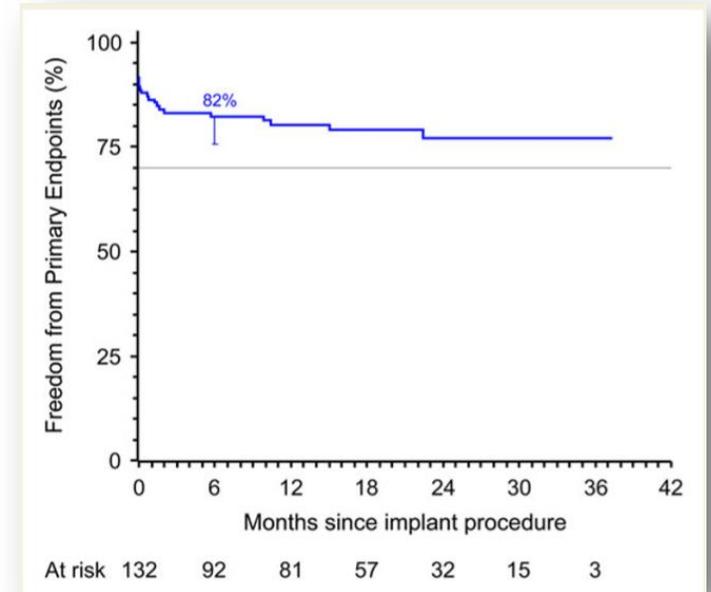
ALSYNC trial (Alternate Site Cardiac Resynchronization)

- Prospective, multicentre (18) investigation of CRT-indicated patients, who had failed or were unsuitable for conventional CRT
- Evaluate safety and performance of novel atrial transseptal left ventricular (LV) endocardial lead delivery system, implant procedure via superior access, RF puncture, SelectSecure[®] Model 3830 lead
- 138 patients
- Mean FU: 17 ± 10 months



ALSYNC trial – main results

- successful implantation in 118 patients (89,4%)
 - 90 pts failed CS implants
 - 28 pts ... prior CRT non-responders



- At 6-month **82.2%** of the patients remained free of complications related to implantation or presence of an LVEP lead
- 59% achieved an improvement of at least one NYHA class

ALSYNC trial – main results

Table 3 Echocardiographic indices and clinical outcomes

	Baseline (n = 118)	6 months (n = 105)	Change	P-value*	Response definition	Response rate for all patients (n = 118)
LVESV	149 ± 79 mL	121 ± 74 mL	29 ± 60 mL reduction	<0.0001	≥ 15% relative reduction ≥ 30% relative reduction	55% 33%
LVEF	29 ± 10%	36 ± 12%	7 ± 10% increase	<0.0001	≥ 5% absolute increase	64%
Mitral regurgitation	Moderate/ severe: 41%	Moderate/ severe: 30%		0.035	≥ 1 class improvement	33%
NYHA class	I/II/III/IV: 3%/ 20%/69%/7%	I/II/III/IV: 19%/ 51%/28%/2%		<0.0001	≥ 1 class improvement	59%
Six-minute walking test	332 ± 117 m	388 ± 135 m	47 ± 87 m increase	0.004	≥ 60 m increase	44%

LVESV: left ventricular end-systolic volume; LVEF: left ventricular ejection fraction; NYHA: New York Heart Association; CRT: cardiac resynchronization therapy.

*P-value from repeated-measures linear or multinomial regression model.

ALSYNC trial – main results

Table 3 Echocardiographic indices and clinical outcomes

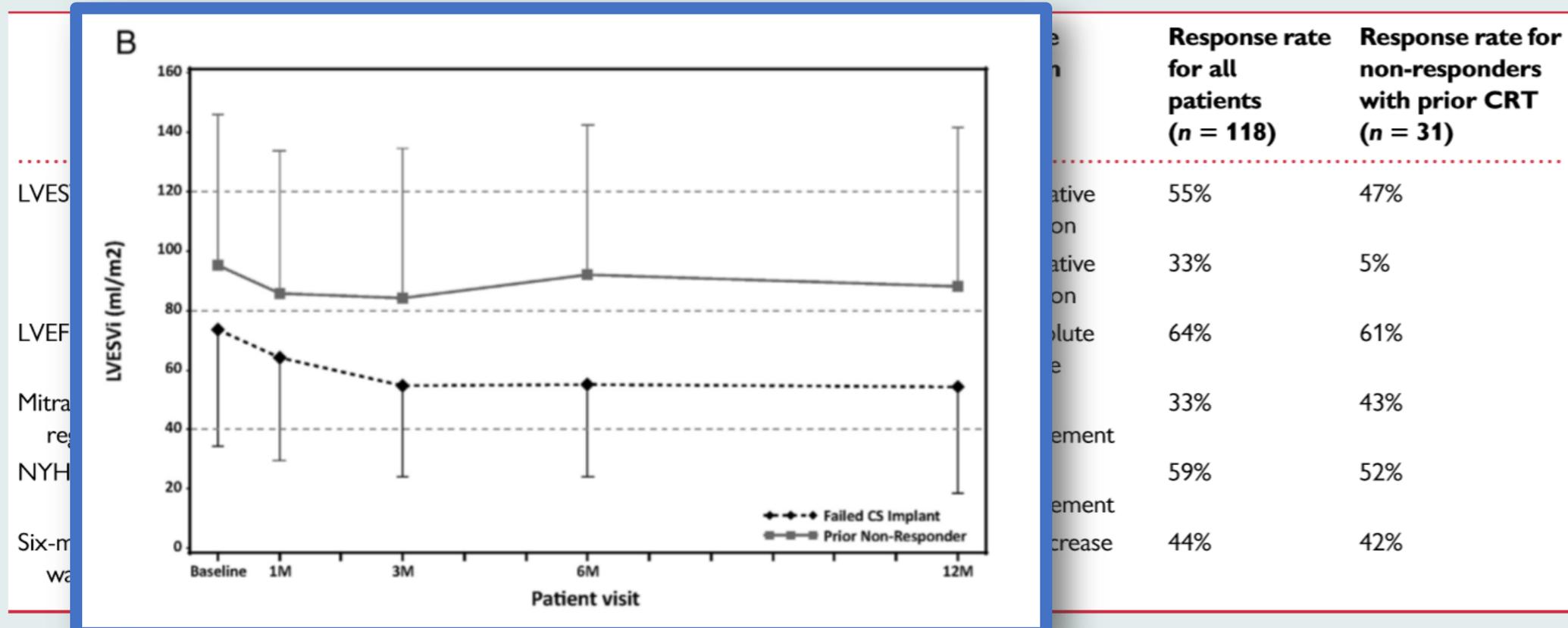
	Baseline (n = 118)	6 months (n = 105)	Change	P-value*	Response definition	Response rate for all patients (n = 118)	Response rate for non-responders with prior CRT (n = 31)
LVESV	149 ± 79 mL	121 ± 74 mL	29 ± 60 mL reduction	<0.0001	≥ 15% relative reduction ≥ 30% relative reduction	55% 33%	47% 5%
LVEF	29 ± 10%	36 ± 12%	7 ± 10% increase	<0.0001	≥ 5% absolute increase	64%	61%
Mitral regurgitation	Moderate/ severe: 41%	Moderate/ severe: 30%		0.035	≥ 1 class improvement	33%	43%
NYHA class	I/II/III/IV: 3%/ 20%/69%/7%	I/II/III/IV: 19%/ 51%/28%/2%		<0.0001	≥ 1 class improvement	59%	52%
Six-minute walking test	332 ± 117 m	388 ± 135 m	47 ± 87 m increase	0.004	≥ 60 m increase	44%	42%

LVESV: left ventricular end-systolic volume; LVEF: left ventricular ejection fraction; NYHA: New York Heart Association; CRT: cardiac resynchronization therapy.

*P-value from repeated-measures linear or multinomial regression model.

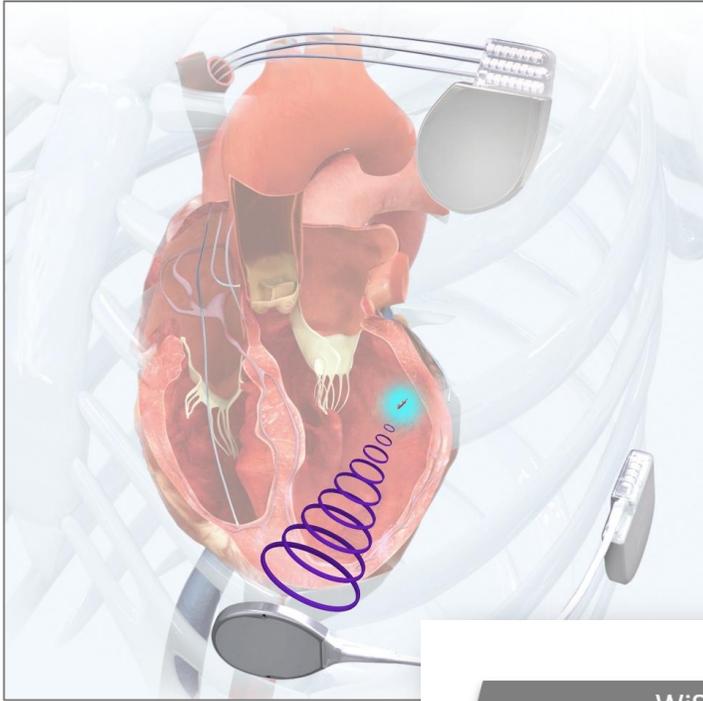
ALSYNC trial – main results

Table 3 Echocardiographic indices and clinical outcomes



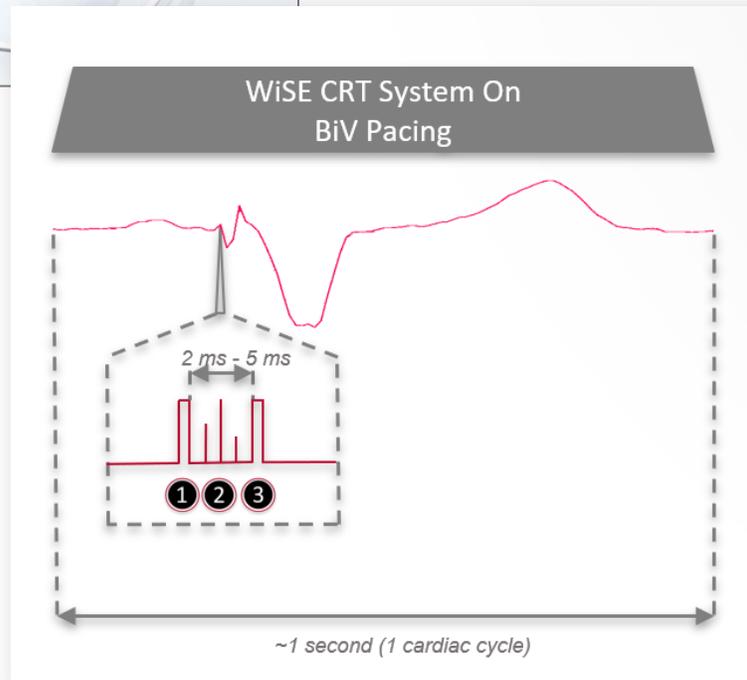
LVESV: left ventricular end-systolic volume; LVEF: left ventricular ejection fraction; NYHA: New York Heart Association; CRT: cardiac resynchronization therapy.

*P-value from repeated-measures linear or multinomial regression model.

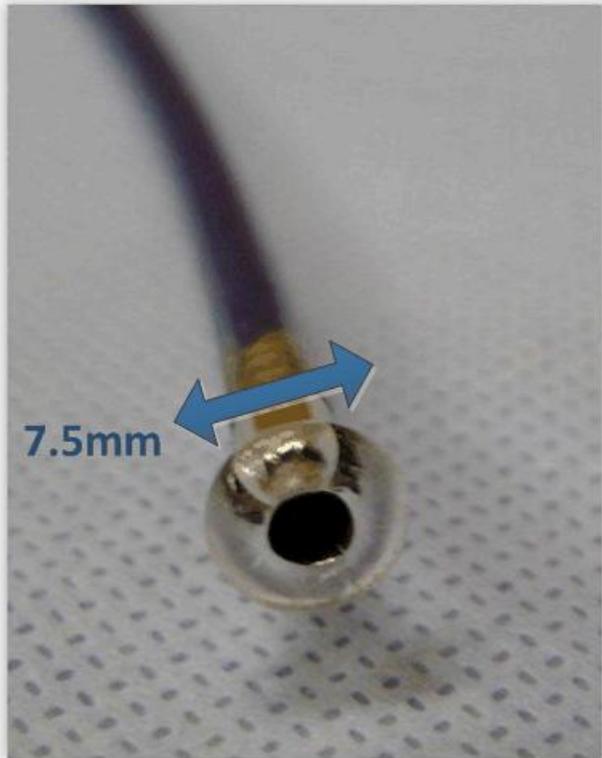


How it works

1. Detect Co-implant RV output
 - Pacemaker, ICD, or CRT
 - Pulse-width measured to discriminate RV vs. RA
2. Locate/Target *Electrode* – “search”
 - *16 μs ultrasound pulses*
 - *sensed amplitude* response discriminates position
3. Send pacing energy
 - Programmable PW 0.1-2.0ms and Transmit level
 - Typically 3ms after RV pulse, max ~12ms



Electrode delivery

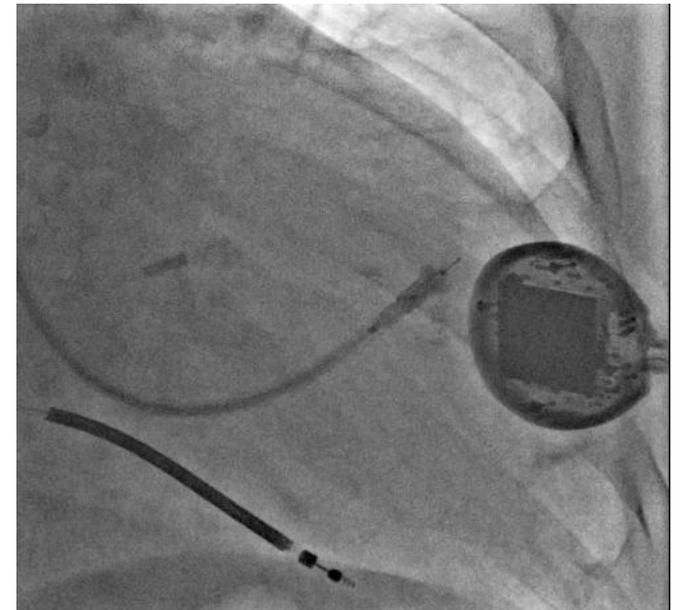
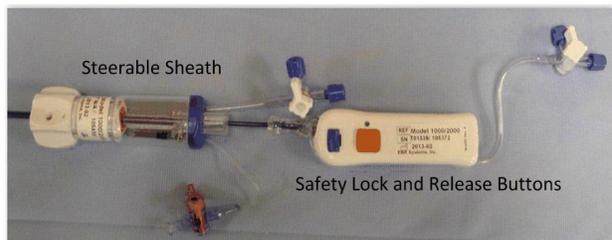


- 12 Fr steerable Sheath with a balloon “bumper” to minimize trauma to endocardium

- 8Fr delivery catheter for electrode

- Electrical connection to the RE cathode for site evaluation (local EGM, test capture threshold using lab stimulator)

- Safety/release buttons detach Electrode



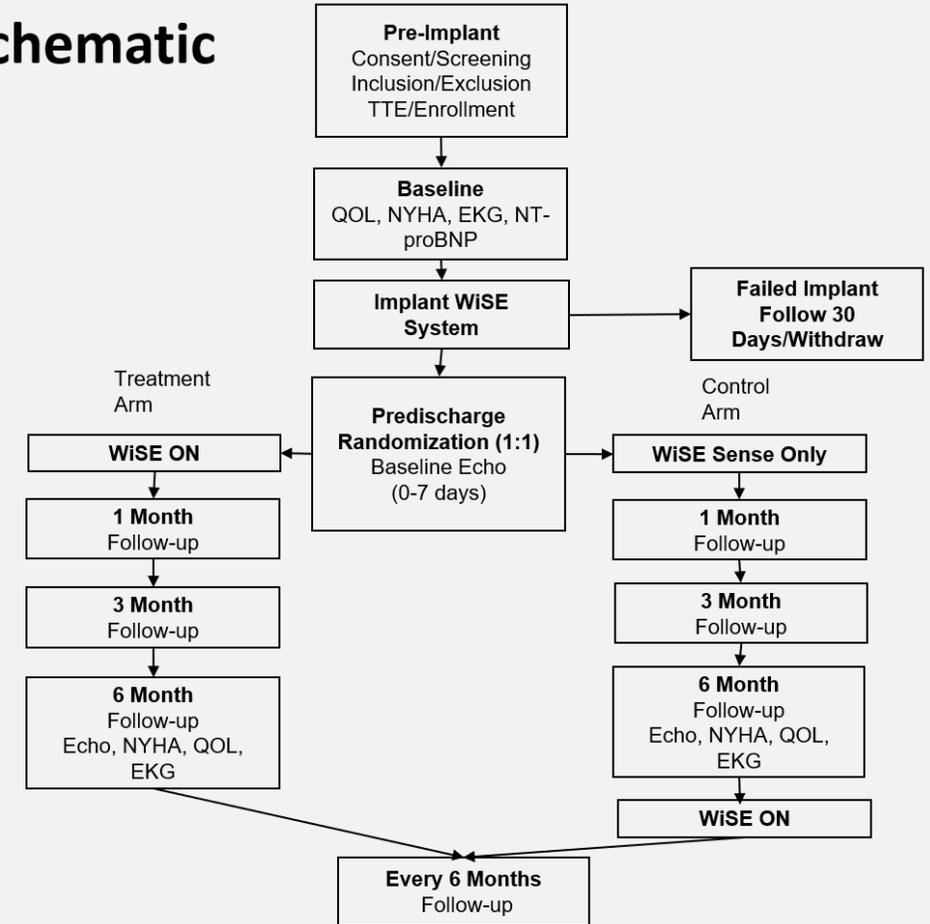
Disclosure

- nothing

SOLVE CRT Study

- **Randomized Control Trial**
 - Design, 350 patients, 45 Centers
 - Prospective, two-arm, randomized, double blind, multi-center trial
 - All patients get WiSE, Randomized 1:1 Sense Mode vs WiSE ON
 - Purpose
 - To demonstrate the safety and effectiveness of the WiSE system in Non-CRT Responders

Study Schematic



SELECT-LV pts reaching 12m: Clinical Composite Score

